

**thebestof**

# Body Composition Assessments - just £20 at META Physiotherapy and Performance

Offer Expiry Date  
**31/10/2020**

Can only be used at  
**META Physiotherapy and Performance**  
Calderfields Golf and Country Club,  
Aldridge, Walsall  
WS4 2JS.

**Tel: 07969 275776**



## **Description/Terms and Conditions**

Body Composition Assessments use non-invasive methods to assess the current composition of the body.

This is measured through using callipers and different tapes at various specific locations across the body. This is put into a clear concise report to take away from the appointment. This makes it easier to track change and see what effects training has on the composition of the body.

These assessments have been proven to be the most accurate, most cost-effective and the one of the least invasive.

Body Composition Assessments are available for just £20.

To book an appointment or express an interest please contact META Physiotherapy and Performance on 07967 275776.

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