

thebestof

Pelvic Floor Pilates

Offer Expiry Date
20/05/2026

Can only be used at
Pilates in Bridgwater
Bridgwater
TA6 5DD.

Tel: 07931756554



Description/Terms and Conditions

❓❓ Exclusive Offer: Pelvic Floor Pilates in Bridgwater ❓❓

Ready to build real core strength and feel more confident in your body? Join this supportive 6-week Pelvic Floor Pilates course designed to help you move beyond quick fixes and create lasting strength from within.

❓❓ Victoria Park Community Centre, Bridgwater

❓❓ Starts Wednesday 15th April at 6pm

❓❓ Special Offer for members of thebestof Taunton & Bridgwater

Get £5 OFF the full course fee of £45 — pay just £40 when you mention this offer!

❓ Improve core strength

❓ Support pelvic health

❓ Feel stronger, more resilient, and in control

Spaces are limited, so don't miss out!

❓❓ Book now www.pilatesinbridgwater.co.uk

#Bridgwater #Pilates #PelvicFloor #Wellbeing #LocalOffer

This voucher has no cash alternative and is not transferable. It cannot be used in conjunction with any other offer or promotion. Photocopies will not be accepted. Rights are reserved to refuse custom and withdraw this offer at any time.