

## PT Sessions from £14.50 at Peake Fitness

Offer Expiry Date 31/07/2018

Can only be used at

**Peake Fitness** 

Stoke-by-Nayland Golf Club, Keepers Lane,

Leavenheath, Colchester

CO6 4PZ.

Tel: 01206 265820



## **Description/Terms and Conditions**

PEAKE FITNESS OFFERSGive Your Workout A Boost This Summer

Whether you are struggling to find motivation to hit the gym, or just trying to lose that last elusive pound – our expert Personal Training team are hand to help you reach your fitness goals this summer!

No matter what your fitness level, personal training is the perfect choice for those who dream of being fitter and stronger but really don't know where to start. Our PT's will work with you to create a training program that fits your busy lifestyle and keeps you on the right track to being an all-around healthier and more amazing version of you.

Sessions and Prices3 Session Pack£46.005 Session Pack£76.0010 Session Pack£145.00

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