

**thebestof**

## No Contract, No Joining Fee

Offer Expiry Date  
**31/08/2014**

Can only be used at  
**Champneys Henlow Grange**  
Champneys Henlow Health Resort, Coach  
Road, Henlow, Bedfordshire  
SG16 6BT.

Tel: 01462 810723



### Description/Terms and Conditions

PERSONAL ATTENTION FROM EXPERTS WHO CARE AFTER JUST 6 SESSIONS YOU WILL FEEL BETTER, AFTER 12 YOU WILL START TO SEE THE DIFFERENCE AND AFTER 24 YOU WILL HAVE A WHOLE NEW SHAPE!\*\* To book please call the Fitness Manager on 01462 810711 or email [justin.edwards@champneys.com](mailto:justin.edwards@champneys.com) BOOK FROM ONLY £35 PER SESSION \*Terms and conditions apply. Must be 18 years or older. Personal training sessions only. No access to club facilities without trainer. \*\*Based on 2 sessions a week in conjunction with a healthy balanced diet. Initial session includes a health appraisal and a fitness diary to track progress.

This voucher has no cash alternative and is not transferable. It cannot be used in conjunction with any other offer or promotion. Photocopies will not be accepted. Rights are reserved to refuse custom and withdraw this offer at any time.