



Free Individual Guided Relaxation Sessions Online

Offer Expiry Date
30/04/2020

Can only be used at
Dove House Hypnotherapy
22 Byworth Road, Farnham, Surrey
GU9 7BT.

Tel: 07715 174 286



Description/Terms and Conditions

Many people are finding the present situation stressful, and the news can cause all of us to feel anxious. It is important to find ways to keep calm and relax, to help us through. Ros Knowles of Dove House Hypnotherapy is offering FREE Individual Guided Relaxation Sessions online for anyone via Zoom.

If you would like a session but are unsure how to use the technology just call Ros and she can explain to you how to do it. It's easy! The sessions are 30 - 40 minutes long - some time to chill out and quieten the mind. Afterwards you will feel calmer, relaxed and refreshed! Have a good day!

Call Ros on 07715 174286.

This voucher has no cash alternative and is not transferable. It cannot be used in conjunction with any other offer or promotion. Photocopies will not be accepted. Rights are reserved to refuse custom and withdraw this offer at any time.