



# Energise your workplace! Get Fit For Business.

Offer Expiry Date  
**21/05/2018**

Can only be used at  
**Mid Devon Leisure**  
Bolham Road, Tiverton  
EX16 6SG.

**Tel: 01392 311 374**



## Description/Terms and Conditions

Get Fit for Business with Mid Devon Leisure!

We have three fantastic centres and a wealth of expertise to share with you and your colleagues at discounted rates. Help to energise and improve the morale of your workplace with our Corporate Zest Lifestyle Plus Membership offer. We also offer bespoke Training and Health packages which can be delivered directly to your workforce on or off site.

Membership • Unlimited use of our three Mid Devon Leisure Sites anytime with our Zest Lifestyle Plus Loyalty Membership (Monthly/Annual) • Public Swimming • Fitness Studio • Fitness Consultations and Programmes • Fitness Classes • Adult Group Swimming Lessons, • Swim fit, Tri Lane and Adult Stamina • Racquet Sports • Sauna • Online Booking Facility.

Additional Training/Health • Training Sessions (full/half day) NLP/First Aid/Customer Service/Communications/Assertiveness/Managing Difficult People • Team Building Sessions • Health and Nutrition Sessions • Bespoke Fitness Sessions including Spinning, HITT, Circuits, Zorbs, Swimming, Boogie Bounce, Specific Event Training • Health Checks & Fitness Testing • Meeting Rooms.

For more information contact Victoria Lewis [vlewis@middevon.gov.uk](mailto:vlewis@middevon.gov.uk) or call 01884 234320

[www.middevonleisure.com](http://www.middevonleisure.com)

[facebook.com/middevonleisure](https://facebook.com/middevonleisure)

Culm Valley Sports Centre Meadow Lane Cullompton EX15 1LL Call: 01884 234320

Exe Valley Leisure Centre Bolham Road Tiverton EX16 6SG Call: 01884 234900

Lords Meadow Leisure Centre Commercial Road Crediton EX17 1ER Call: 01884 234970

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