

**thebestof**

# Reiki or Aromatherapy Massage - Free treatment for a friend

Offer Expiry Date  
06/05/2020

Can only be used at  
**The Yoga-Life Studio**  
The Stables, 25 South street, Eastbourne,  
East Sussex  
BN21 1BD.

Tel: 07780 535134



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## Description/Terms and Conditions

By appointment, please call to book. 07982 119519

In a beautiful setting I offer restoring and energising Reiki healing to all. The sessions are private on a one to one basis to allow for total relaxation.

I work with universal life force energy to improve health and wellbeing.

This involves gently placing hands on or near the body in a number of non-intrusive positions to aid healing.

I believe in treating the person as a whole and reconnecting with the soul in order to improve any physical manifestations.

The sessions are 30 minutes for £25 or 1 hour for £30. First visit will include a consultation and treatment plan.

This voucher has no cash alternative and is not transferable. It cannot be used in conjunction with any other offer or promotion. Photocopies will not be accepted. Rights are reserved to refuse custom and withdraw this offer at any time.