

**thebestof**

## Gentle Yoga class with Safia - Bring a friend for FREE

Offer Expiry Date  
**06/05/2020**

Can only be used at  
**The Yoga-Life Studio**  
The Stables, 25 South street, Eastbourne  
BN21 1BD.



### Description/Terms and Conditions

Friday 10am - 11am

£8 drop in

Let go of the week and ease into your weekend with Friday morning Hatha Yoga, incorporating breathing exercises, stretches and relaxation in a class suitable for all levels.

This voucher has no cash alternative and is not transferable. It cannot be used in conjunction with any other offer or promotion. Photocopies will not be accepted. Rights are reserved to refuse custom and withdraw this offer at any time.