



BUCKINGHAMSHIRE
NEW UNIVERSITY
EST. 1891



PHOENIX
LIFESTYLE INNOVATIONS

Grant
& Stone



WELLNESS WARRIORS

ON THE RUN

COUCH TO 5KM & BEYOND RUNNING CLUB

Sobriety - Recovery - Wellbeing

WAVE

8

Starts 12 Oct

BNU Gateway Gym | Queen Alexandria Road
High Wycombe Campus
Enquiries: wellnesswarriorsontherun2025@gmail.com

Register
Here

