



Community Carers Group

A safe space where family carers, or friends who have become carers, can meet others in similar situations.

- Feel heard, supported and less alone
- Meet others who understand the realities of caring
- Take time for yourself over a cuppa

You care for others. You deserve support too.

Contact Janis to book your spot

 07535043334

Free parking & a hot beverage!



EVERY FRIDAY
10.30am - 12.30pm

Lichfield Community Fire Station
Birmingham Road
Lichfield
WS13 6HU