

MUDDY DOG DASH

Upton Country Park
Saturday 28th March 2026
From 12pm

2.5km & 5km
Obstacle Fun Run

NEW
OBSTACLES
FOR 2026

For the first
time ever
at this location
**THE MUDDY
DOG SHOW**

Kindly supported by

Care
South

It's the care that counts...

Photo Credit -Max Willcock/BNPS.



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