

Health and Information Talk **CFS & ME**

Chronic Fatigue Syndrome
and
Myalgic Encephalomyelitis

- Wednesday 4th June 2025
- Lecture Theatre, Education Centre, Royal Derby Hospital
- Open to all. Free admission.

Would you like to know more about CFS, Chronic Fatigue Syndrome, or ME, Myalgic Encephalomyelitis?
A talk by Donna Tyler and Heather Spooner from the
Therapy Team at the
Florence Nightingale Community Hospital.

Doors open 5.30pm

Information tables and refreshments

Talk 6.30-7.30

BSL interpreter

Free parking in the Nottingham University Car Park

Press buzzer for entry/exit (next to Education Centre)

Teams link available if preferred:

Any queries, contact the Membership office

To request a link, please contact the Membership Office
email: uhdb.membership@nhs.net or
telephone: 01332 786431