

Lancaster & Morecambe AC Presents

www.lancasterathletics.co.uk



Festive 4k Funrun

21st Anniversary Race

Wednesday 29th December

Lancaster & Morecambe AC Clubhouse, Salt Ayre
Leisure Centre, Lancaster LA1 5JS – 11AM Start

- ✓ Flat, traffic free course
- ✓ Great medal to all finishers
- ✓ Presentation & spot prizes
- ✓ Toilets & Changing

- * Entry Fee: £5
- * Entries on the day: £8

Open to all ages and abilities – families very welcome

Send entries to: Steve Perry, 10 Parkfield Drive, Lancaster LA1 4BU
Tel: 07762 795605. Cheques payable to Lancaster & Morecambe AC.
Numbers to be collected on the day. **Closing date: 20th December 2021**

There will be a large number of great sponsored spot prizes

Name Male/Female (Delete)

Address & postcode

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Tel: Email:

Date of birth Age on Day

Club

Please enter me for the above run. I declare I am an Amateur as defined by UKA & agree to abide by their rules. I take part at my own risk and will not hold the organisers responsible for any injury, sickness or loss as a result of my taking part. I agree to the organisers having the right to alter or amend any of the above information. You agree that we may publish your Personal Information as part of the results of the Event and may pass such information to the governing body or any affiliated organisation for the purpose of insurance, licences or for publishing results either for the event alone or combined with or compared to other events. Results may include (but not be limited to) name, any club affiliation, race times, occupation and age category.

Signed

Date