

## DELI BLOC MENU - ORDER BY 4PM FOR NEXTDAY



### Bakery:

Granary Bread - Sliced	£ 2.30
Granary Bread - Unsliced	£ 2.30
White Bread - Sliced	£ 2.20
White Bread - Unsliced	£ 2.20
Kipton Baker Flaxseed Sourdough (Friday only)	£ 3.00
Large Bread Rolls (Burger) Pk6	£ 1.80
Large Bread Rolls (Hotdog) Pk6	£ 1.80
Fruit Scone	£ 1.00

### Cakes/snacks:

Top Hat Doughnut	£ 1.60
Fresh Cream Top Hat	£ 1.90
Vanilla Custard Slice	£ 1.60
Millionaires Shortbread	£ 1.90
Lemon Crumble Slice	£ 1.90
Almond Slice	£ 1.90
Salty Dog crisps - Salt n Vinegar	£ 0.80
Salty Dog crisps - Cheese & Onion	£ 0.80
Salty Dog Crisps - Sea Salt	£ 0.80

### Dairy:

Fresh Milk 1ltr - Skimmed	£ 0.90
Fresh Milk 1ltr - Semi Skimmed	£ 0.90
Fresh Milk 1ltr - Full Fat	£ 0.90
Fresh Milk 2ltr - Skimmed	£ 1.20
Fresh Milk 2ltr - Semi Skimmed	£ 1.20
Fresh Milk 2ltr - Full Fat	£ 1.20
Salted Butter 250g	£ 1.90
Double Cream 500ml	£ 2.40
Clotted Cream 40g (Single)	£ 1.00
Clotted Cream 454g (Family)	£ 7.50
Local Free range eggs Pk 6	£ 1.60
Mature Cheddar 200g	£ 1.75
Extra Mature Cheddar 200g	£ 2.50

Brie Portion 125g	£ 1.20
Goats Cheese 90g	£ 1.60
British Stilton 125g	£ 1.60
Parmesan 100g	£ 1.95
Grana Padano 100g	£ 1.80
Pecorino with Chilli 100g	£ 1.60

**Snowdonia Cheese Truckles (200g)**

Black Bomber (Cheddar)	£ 5.25
Green Thunder (Cheddar with herb & garlic)	£ 5.25
Red Devil (Red Leicester with Chillies)	£ 5.25
Beechwood (Smoked Cheddar)	£ 5.25
Red Storm (Mature Red Leicester)	£ 5.25

**Fresh Veg:**

Maris Piper Potatoes 1.5kg	£ 1.50
Carrots 1kg	£ 1.00
White Onions 1kg	£ 1.00
Red Onions 1kg	£ 1.30
Broccoli	£ 1.50
Cauliflower	£ 1.50
Leeks (400g)	£ 1.50
Mushrooms 250g	£ 1.75
Fine beans 150g	£ 1.75



**Salad**

Cherry Vine Tomatoes 250g	£ 2.25
Vine Tomatoes 500g	£ 2.50
Cucumber	£ 1.00
Iceberg Lettuce	£ 1.50

**Fruit**

Apples - Each	£ 0.60
Banana - Each	£ 0.40
Large Satsumas - Each	£ 0.50
Seasonal Melon	£ 2.00
English Strawberries 400g	£ 3.25



### **Meat & Poultry:**

Chicken Breasts Pk2 (400g)	£ 4.00
Franks Pork Sausages Pk8	£ 3.30
Smoked Bacon - 6 Rashers	£ 3.00
Unsmoked Bacon - 6 Rashers	£ 3.00
Beef Joint 1kg	£ 10.50
Pork Loin Joint 1kg	£ 8.50
Rump Steak 8oz	£ 3.20
Sirloin Steak 8oz	£ 4.50
Fillet Steak 8oz	£ 8.00
Franks Burgers Pk6	£ 5.50
BBQ Pork Loins Pk4	£ 3.00
Lamb Koftas Pk5	£ 3.75
Sticky Maple Chicken Drumsticks Pk6	£ 3.00
Franks Pork & Chilli Sausages Pk8	£ 3.60
Franks Pork & Stilton Sausages Pk8	£ 3.60
Franks Pork & Marmite Sausages Pk8	£ 3.60
Diced Chicken Breast 500g	£ 3.50
Diced Pork 500g	£ 3.50
Diced Beef 500g	£ 4.50
Extra lean mince 500g	£ 4.50



### **Homemade Pies & Cooked Meats**

Brixworth Pate 100g	£ 2.00
Cooked Gammon Ham (sliced 200g)	£ 2.60
Cooked sliced Beef (200g)	£ 2.60
Chicken & Mushroom Pie	£ 3.80
Steak & Ale Pie	£ 3.80
Roasted Veg Pie	£ 3.80
Steak & Stilton Pie	£ 3.80
Sausage Roll	£ 1.60
Sausage Roll with Chutney	£ 1.80
Individual Pork Pie	£ 1.60
Large Pork Pie	£ 3.80
Bacon, mushroom, onion & Cheddar Quiche	£ 2.60
Roasted Veg & Cheddar Quiche	£ 2.60

### **Olives**

Mixed marinated olives 150g	£ 3.00
Green Olives 150g	£ 1.50

### **Tinned & Dried Goods:**

Chopped Tomatoes 800g	£ 1.40
Plum Tomatoes (400g)	£ 0.70
Heinz Baked Beans 400g	£ 0.85
Basmati Rice 500g	£ 1.50
Pasta 500g	£ 1.40
Macaroni 500g	£ 1.40
Spaghetti 500g	£ 1.25

### **Heygates Flour (Northampton)**

Plain Flour - 1.5kg	£ 2.25
Self Raising Flour - 1.5kg	£ 2.25
Bread Flour 1.5kg	£ 2.25
French Bread Flour 1kg	£ 2.00
Wholemeal Flour 1kg	£ 2.00
Dark Rye Flour 1kg	£ 2.00
Granary Flour 1kg	£ 3.00
Gluten Free Plain Flour 1kg	£ 3.00
Gluten Free Self Raising Flour 1kg	£ 3.00
Fresh Yeast 60g	£ 1.00



### **Taste Gourmet Spices (Corby)**

Chicken Rub	£ 3.00
Chimichurri Rub	£ 3.00
Jamaican Jerk Rub	£ 3.00
Lamb Rub	£ 3.00
Magic BBQ Dust	£ 3.00
Mediterranean Rub	£ 3.00
Pork Rub	£ 3.00
Steak Rub	£ 3.00
Tandori Rub	£ 3.00
Gran Reserva Balsamic	£ 6.75
Aged White Balsamic	£ 6.75
Fig & Date Balsamic	£ 6.75
Rich Raspberry Balsamic	£ 6.75

**Stokes Luxury sauces (Suffolk)**

Stokes Real Tomato Ketchup 300g	£ 3.50
Stokes Chipotle Ketchup 300g	£ 3.50
Stokes Bourbon & Cajun BBQ Sauce 300g	£ 3.50
Stokes Real Brown Sauce 320g	£ 3.50
Stokes Mustard & Dill Sauce 213g	£ 3.50
Stokes Piccalilli 380g	£ 3.50
Stokes Chilli Jam 250g	£ 3.50
Stokes Real Ale Chutney 240g	£ 3.50

**Friars Farm Chutneys & Jams (Northampton)**

Friars Farm Chilli Jam 8oz	£ 3.30
Friars Farm Northampton Pickle 8oz	£ 3.30
Friars Farm Piccallili 8oz	£ 3.30
Friars Farm Northampton Marmalade 8oz	£ 3.30
Friars Farm Black Cherry Jam 8oz	£ 3.30
Friars Farm Mango Chutney 8oz	£ 3.30
Friars Farm Summerfruit Jam 8oz	£ 3.30
Friars Farm Apricot & Fig Chutney 8oz	£ 3.30
Friars Farm Apricot Chutney 8oz	£ 3.30
Friars Farm Orange Gin Marmalade 8oz	£ 3.30

**Farringtons Oils (Hargrave, Wellingborough)**

Farringtons Rapeseed Oil 250ml	£ 3.25
Farringtons Chilli Oil 250ml	£ 3.50
Farringtons Balsamic Dressing	£ 3.90
Farringtons Vinegrette Dressing	£ 3.90
Farringtons Honey & Mustard Dressing	£ 3.90

**Vicky's Kitchen (Wellingborough)**

Vickys Kitchen Red Pepper Sauce	£ 3.50
Vickys Kitchen Yellow Pepper Sauce	£ 3.50
Vickys Kitchen Green Pepper Sauce	£ 3.50
Vickys Kitchen Smoked Scotch Bonnet BBQ Sauce	£ 3.50
Vickys Kitchen Sweet Chilli Jam	£ 3.50
Vickys Kitchen Pineapple Chilli Jam	£ 3.50
Vickys Kitchen BBQ Mash up	£ 3.50

**Natures Fayre local honey products (Thrapston)**

Natures Fayre Raspberry Preserve	£ 3.00
Natures Fayre Strawberry Preserve	£ 3.00
Natures Fayre Honey & Orange Marmalade	£ 3.50
Natures Fayre Lemon & Ginger Marmalade	£ 3.50
Natures Fayre Set Honey	£ 6.00
Natures Fayre Runny Honey	£ 6.00
Natures Fayre Chilli & Mango Dressing	£ 3.50
Natures Fayre Beetroot Red onion & Orange Chutney	£ 3.00
Natures Fayre Sweet tomato & Chilli Chutney	£ 3.00

Italian Biscotti	£ 1.00
Italian Chocolate Biscotti	£ 1.00

**Franks of Hereford - Luxury Biscuits**

Franks Oaties - Choc Chip	£ 2.70
Franks Oaties - Stem Ginger	£ 2.70
Franks Oaties - Rocky Road	£ 2.70
Franks Oaties - Fudge	£ 2.70
Franks Oaties - All Butter	£ 2.70
Franks Oaties - Toffee	£ 2.70
Franks Oaties - Triple Chocolate	£ 2.70
Franks Oaties - White Choc Chip	£ 2.70
Franks Oaties - Four Fruits	£ 2.70
Franks Oaties - Raisin	£ 2.70
Franks Dipped Raspberry & White Choc	£ 3.90
Franks Dipped Stem Ginger	£ 3.90
Franks Dipped Milk Choc Chip & Orange	£ 3.90
Franks Dipped Choc Chunk	£ 3.90
Franks Shortbread - All Butter	£ 3.60
Franks Shortbread - Choc Chunk	£ 3.60
Franks Shortbread - Salted Caramel	£ 3.60
Franks Shortbread - Stem Ginger	£ 3.60

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**Wine (70cl Bottle)**

Sauvignon Blanc	£ 6.95
Pinot Grigio	£ 6.95
Merlot	£ 6.95
Rioja	£ 6.95
Chianti	£ 6.95
Prosecco Spumante	£ 8.95

**Wine (187ml single serve)**

Sauvignon Blanc	£ 2.25
Pinot Grigio	£ 2.25
Merlot	£ 2.25
White Zinfandel	£ 2.25
Prosecco 20cl	£ 3.50

**Beers**

Peroni 330ml	£ 1.90
Estrella 330ml	£ 1.90
Grainstore Osprey 4.0% 500ml	£ 3.00
Grainstore Gold 4.5% 500ml	£ 3.00
Grainstore Ten Fifty 5.0% 500ml	£ 3.00
Case of 8 bottles	£ 20.00

**Cider**

Grainstore Cider 500ml 4.2%	£ 3.00
Grainstore Lady in Pink (fruit) Cider 4.5% 500ml	£ 3.00

**Household:**

Toilet Rolls - Pk3	£ 1.80
Kitchen Roll - Single	£ 1.30
Hand sanitizer gel	£ 5.00



**Coffee Beans (all 100% Ethically sourced Arabica)**

Kafe Bloc Espresso Blend 200g	£ 5.00
Blend 13 Columbian 200g	£ 6.50
El Manantial Columbian 200g	£ 7.50
Maia Chinese Yunan 200g	£ 6.50
Mundo Novo Brazilian 200g	£ 6.50
Yirgacheffe Ethiopian 200g	£ 7.50
Ywangan Myanmar Burmese 200g	£ 6.50