

 <h1>CANTON</h1> <h2>MARTIAL ARTS</h2> <p>email - <a href="mailto:info@cantonmartialarts.org.uk">info@cantonmartialarts.org.uk</a> Phone - 07397 776544          67A Willowfield Road, Eastbourne, BN22 8AP          Website - <a href="http://www.CantonMartialArts.org.uk">www.CantonMartialArts.org.uk</a></p>					
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
4.00pm Little Ninjas Ages 3-5	<b>Samurai Beginners</b> White to Red 1 Black	4.00pm Little Ninjas Ages 3-5	<b>Junior Beginners</b> White to Yellow Black	CLOSED FOR EVENTS	9.00am Little Ninjas Ages 3-5
4.45pm Little Samurais Beg. Ages 5-8	<b>Samurai Advanced</b> Red 2 Black Onwards	4.45pm Little Samurais Beg. Ages 5-8	<b>Junior Advanced</b> Yellow Onwards		9.45am Family Karate Jutsu Ages 5+
5.30pm Little Samurais Adv. Ages 5-8		5.30pm Little Samurais Adv. Ages 5-8			10.45am Mixed Kickboxing Ages 12+
6.30pm Junior Karate Beg. Ages 8-12	6.00pm Senior Karate Jutsu Ages 13+	6.30pm Junior Karate Beg. Ages 8-12	6.00pm Senior Karate Jutsu Ages 13+		11.45am Brazilian Jiu Jitsu Ages 13+
7.15pm Junior Karate Adv. Ages 8-12	7.00pm Muay Thai Kickboxing Ages 13+	7.15pm Junior Karate Adv. Ages 8-12	7.00pm Muay Thai Kickboxing Ages 13+		1.30pm Onwards Parties & Private Bookings
8.00pm Brazilian Jiu Jitsu Ages 13+	8.00pm Ladies Only Kickboxing Ages 12+	8.00pm Brazilian Jiu Jitsu Ages 13+	8.00pm Ladies Only Kickboxing Ages 12+	  	