

A decade of experience in professional football
Treated World Champion & World Cup winning cyclist
Sports Injury Specialist
Receive the same treatment as a professional athlete

Benefit from the same high calibre of care, treatment and advice received by professional athletes. Sam Harwood has over a decade of experience in Premier League and Championship football and other sports including Downhill World Championship cycling, World Cup rugby, professional golf, tennis, marathon and Ironman. Sam treats athletes of all abilities. He will return you to participation in your chosen sport as quickly and safely as possible.

Services:

- ✓ Injury Assessment
- ✓ Exercise Rehabilitation
- ✓ Sports Massage
- ✓ Injury Prevention
- ✓ Dry Needling
- ✓ Pre Operative Care
- ✓ Post Operative Management

To recover quickly and return to sport book online or call Sam on 07938 877106