

# Sports Bar

at Stoke by Nayland



## Breakfast Menu

Served until 11.30am

01206 262 836 | [www.stokebynayland.com](http://www.stokebynayland.com)

## -Baps & Sandwiches-

	Guests	Members
Fried egg bap (v)	£3.50	£2.80
Bacon bap	£4.10	£3.28
Sausage bap	£4.95	£3.96
Bacon & egg bap	£4.65	£3.72
Sausage & egg bap	£5.50	£4.40
Bacon & Sausage bap	£5.10	£4.08
Bacon, sausage & egg bap	£5.65	£4.52

## -On Toast-

	Guests	Members
Baked beans on toast (v)	£2.55	£2.04
Two eggs on toast (v)	£3.75	£3.00
Two eggs & beans on toast (v)	£4.20	£3.36
Two eggs & bacon on toast	£4.90	£3.92
Two eggs, bacon & beans on toast	£5.10	£4.08
Choice of fried, poached or scrambled eggs		

## -Other-

	Guests	Members
Porridge Oats (v)	£2.50	£2.00
Strawberry jam, honey or maple syrup & banana		

## -Custom Breakfast-

	Guests	Members
Tomato (v)	£1.00	£0.80
Baked beans (v)	£1.20	£0.96
Mushrooms (v)	£1.40	£1.12
Hash brown	£1.15	£0.92
Toast (v)	£1.15	£0.92
Bacon	£2.00	£1.60
Sausage	£2.10	£1.68
Scrambled egg (v)	£1.80	£1.44
Fried egg (v)	£1.25	£1.00
Poached egg (v)	£1.25	£1.00

## Our Favourites

### Breakfast Wrap

Guest £6.00 | Members £4.80

### 9 hole breakfast

Two rashers of bacon, sausage, fried egg & beans

Guest £5.10 | Members £4.08

### 18 hole breakfast

Two rashers of bacon, sausage, fried egg, beans, mushroom, tomato, hash brown & toast

Guest £8.25 | Members £6.60



# -Copella Juices-

Enjoy our selection of delicious Copella farm-pressed fruit juices, produced locally using apples grown in our own orchards surrounding the hotel.\*

	By the glass
Apple	£1.90
Apple & Elderflower	£1.90
Apple & Mango	£1.90

# -Cawston Press-

Refreshing still juices made from pressed fruit.\*

	By the glass
Apple & Ginger	£1.90
Apple & Rhubarb	£1.90
Elderflower & Apple	£1.90
Brilliant Beetroot	£1.90

## Cawston Press Sparkling

Pressed fruit blended with sparkling water.  
No added sugar or sweeteners.\*

	330ml Can
Elderflower Lemonade	£2.00
Root Ginger Beer & Apple	£2.00
Rhubarb & Apple	£2.00
Apple	£2.00

## Hot Beverages

### Tea

Choose from our speciality box of individually wrapped fruit, herbal & breakfast teas

### Mug

£1.40

### Pot of Tea

SERVES: One £1.90 | Two £2.20  
Three £2.60 | Four £3.10

### Filter Coffee

Regular £1.40 | Large £1.75

### Barista Coffee\*\*

### Cappuccino

Regular £2.70 | Large £2.95

### Latte

£2.70

### Belgian Hot Chocolate

£2.70

### Mocha

£2.70

### Espresso

Regular £1.70 | Large £2.70

### Americano

£2.50

\*Flavours subject to seasonal availability

\*\*Barista decaffeinated coffees



### Food Allergy & Intolerance Advice

If you have a food allergy or intolerance please speak to a team member about the ingredients in your meal when making your order.



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at Stoke by Nayland



Stoke by Nayland Hotel, Golf & Spa, Keepers Lane, Leavenheath, Colchester, Essex, CO6 4PZ