



# Personal Training Packages

## One to One Personal Training

Pack Size	Time	Cost	Price Per Session
10 sessions	1 hour	£290.00	£29.00
5 sessions	1 hour	£152.00	£30.40
3 sessions	1 hour	£93.00	£31.00
10 sessions	30 minutes	£145.00	£14.50
5 sessions	30 minutes	£76.00	£15.20
3 sessions	30 minutes	£46.02	£15.34
Single Session	1 hour	£35.00	£35.00
Single Session	30 minutes	£17.50	£17.50

## Group Personal Training Prices (2 people)

10 sessions	1 hour	£405.00	£40.50
5 sessions	1 hour	£213.75	£42.75
3 sessions	1 hour	£130.95	£43.65
Single session	1 hour	£45.00	£45.00
10 sessions	30 minutes	£202.50	£20.25
5 sessions	30 minutes	£106.87	£21.37
3 sessions	30 minutes	£60.75	£20.25
Single session	30 minutes	£22.50	£22.50



# PEAKE

*Fitness*

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