Sat 22nd June /Sun 27th October Exhibition: Masters of the Golden Age: Gainsborough, Constable and Lawrence. Gainsborough's House, 46 Gainsborough Street, Sudbury CO10 2EU Admission £7 for exhibition and

museum. Open: Mon – Sat 10am to 5pm, Sun 11am to 5pm Tel 01787 372958 Email: mail@gainsborough.org

Sat 3rd.

Time To Change: Mental Health Awareness Concert St Peters Church – Sudbury CO10 2EH 12pm-4pm

Tues 6^{th.} ***Children*** Health Walk – Family Walk Great Cornard Library CO10 0JU Meet 11am Free Tel: 01473 718193 www.onelifesuffolk.co.uk Sat 3^{rd.} *Children* Sudbury Regatta Friars Meadow, Sudbury, CO10 2TG £11 a seat. Tel: 07976 672238 email: Andrew.blit@outlook.com

Sun 4^{th.} ***Children* River trips to Great Cornard Lock**

The Granary Tea Room, Quay Lane, CO10 2AN Regularly departing from 11amlast trip 4pm £5 adults, £3 child. Dogs £1 08448 005015(no pre-booking before the day) www.riverstourtrust.org/river-

Wed 7^{th.}

Health Walk – Gt. Cornard Library Walk Cornard Library CO10 0JU Meet 10am Free Tel: 01473 718193 www.onelifesuffolk.co.uk April – October **National Open Gardens Scheme** Shrubs Farm, Lamarsh, Bures, CO8 5EA Admission £7, child free. 01787 227520, <u>www.shrubsfarm.co.uk</u>

Sat 3rd – Sun 4^{th.} *Children* Kentwell in Wartime Kentwell Hall, Long Melford, CO10 9BA

11am – 5pm, Ad: £17, ch: £13.25, senior: £16.25 Discounts available online.

www.kentwell.co.uk

Sat 3^{rd.}

Book Fair. Memorial Hall, Long Melford. CO10 9JQ 10am- 4pm. Admission Adult £1 accompanied children under 15 free. Disabled Access. Tel: Keith 01787 277484 www.sudburyramblers.org.uk

Sat 3rd/Sun 4^{th.} *Children*

Kentwell in Wartime Kentwell Hall, Long Melford, CO10 9BA 11am – 5pm, Ad: £17, ch: £13.25, senior: £16.25 Discounts available online. www.kentwell.co.uk

Fri 2^{nd.} *Children*

Mamma Mia! Here We Go Again – open air cinema Kentwell Hall, Long Melford, CO10 9BA

Sat 3rd

Lavenham to Melford Railway Guided Walk Meet at Lavenham Guildhall Tearoom, CO10 9QZ 10.30am – 1pm - £18 refreshments, lunch and admission included Booking Essential Tel: 03442 491895 https://www.nationaltrust.org.uk/ melford-hall/whats-on

Tues 6^{th.}

Health Walk – Clare Castle Country Park Clare Castle Country Park. CO10 8NW Meet 10.30am Free Tel: 01473 718193 www.onelifesuffolk.co.uk

Tues 6th ***Children* Melford Unwrapped – Beatrix Potter's Melford** Melford Hall, Long Melford, Sudbury CO10 9AA 2pm – 4.15pm - £28.50, includes tour, tour and afternoon tea <u>https://www.nationaltrust.org.uk/</u> <u>melford-hall/whats-on</u> Tel: 03442 491895

SATURDAY 3RD AUGUST 2019

150TH ANNIVERSARY ON THE RIVER STOUR, 650M UPSTREAM, STERN ON STAKEBOAT START. Sprint eights 350m upstream - free start.



Categories: Senior, Masters, Junior, Adaptive/Para-Rowing, Parent & Child (Junior/J15 & Under). Gender: Open, Women, Mixed Boat Classes, 44, 4x-, 4x+, 2+, 2-, 2x, 1x

NEW FOR THIS YEAR** "NOVICE" events.

This is open to 1x, 2x, 4x+ and 4+ Open, Women and Mixed crews. Crews limited to a maximum average PRI of 8 with no individual greater than 12.



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The draw will take place at Great Cornard On Monday 29th July from 09.00. The regatta committee may ask crews to race at a higher status, dependent upon entries. Doubling up or boat sharing welcomed at entrants risk. All events are subject to sufficient entries. The committee will organise masters racing using the handicap system, ranking points or a combination of both. Please let us have as much information as possible on BROE. Sudbury Rowing Club is affiliated to British Rowing. The regatta is run by Sudbury Rowing Club under British Rowing Rules and Rules of Racing will apply. The regatta adheres to Row Safe. the BR guide to safe practice in rowing.

Prizes - Pewter tankards and hip flasks for sprint eights

Entry fees £11 a seat. All entries through BROE. Entries close Sunday 28th July 23:59 hours. Entries may close earlier if oversubscribed. Payments accepted via BROE or cheques made payable to Sudbury Rowing Club and posted to Sudbury Regatta, 97 Bures Road, Great Cornard,

Enquiries - Contact - andrew.bliteoutlook.com or 07976 672238

JULIE'S JAUNTS

I visited Sudbury's Heritage Centre at the Town Hall to see the *NEW* screen presentation that links Sudbury's bunting industry with the flag that inspired the American national anthem. This to me is the most fascinating fact about the history of Sudbury. I once accompanied a blue badge guide on a guided walk of the town and I heard a gentlemen say when he heard this fact "Sudbury truly is the centre of the universe!"



But....there is so much more and always something new to learn. There are photographs and details of Sudbury's silk history. You'll find out that Sudbury is the Capital of silk in the UK because we have 4 working silk mills and 110 tonnes of raw silk come into Sudbury each year to be woven into cloth. This year on Saturday 7th September, Sudbury will have its very 1st silk festival to celebrate all that is silk. Visit <u>www.sudburysilkfestival.org</u> for all the latest news

There are also old photographs of the shops and buildings some are taken 100 years ago. Sudbury also like other towns contributed in many ways to the 2 world wars. The museum has the individual stories of some of these men who died fighting for their country.

Children are fascinated by the story of 101 Dalmatians whose author Dodie Smith wrote



the book in1956 and mentions Sudbury. Dodie lived nearby and was often in town shopping especially on market days.

Read about the story of Archbishop Simon of Sudbury and see

the reconstruction of his head. His mummified head is in St. Gregory's church where it was brought back to Sudbury after his head was cut off at the Tower of London by the revolting peasants in 1381.

The Heritage Centre is completely free and there are also free quiz sheets for children to become detectives and solve all the clues.

It is situated at the back of the Town Hall in Gaol Lane and is open during normal office hours on weekdays 9am – 5pm and on Saturdays 10am –12.30pm.

Here at the Tourist Information we have monthly guided walking tours of the town – the 3^{rd} Saturday of the month. Our next walk is the 17^{th} August. Why not join us at 11am, do the tour, see Simon's mummified head in St. Gregory's church and then visit the museum.



Tues 6^{th.} *Children* Family Activities -Giant Paintings

46, Gainsborough St. Sudbury, CO10 2EU 10am – 1pm. £2 per child. £3 per adult. Tel: 01787 372958 Email: mail@gainsborough.org www.gainsborough.org

Wed 7th

Invitation To View- Haughley House Tour and tea and cakes The Folly, Stowmarket IP14 3NS £17.

www.invitationtoview.co.uk

Wed 7^{th.} *Children*

Boxtree Productions presents: The Legend of King Arthur Hedingham Castle, Castle Hedingham, CO9 3DJ 6pm Adults £14, over 65s £12.50, under 18s £10, family £42, under 5s free T: 01787 460261 E: mail@hedinghamcastle.co.uk

Wed 7^{th.}

5 Walk: Sible Hedingham Circular Meet at Alexander/Recreation Road Sible Hedingham, CO93NL 10am start Tel: Wendy 07772 421776

www.sudburyramblers.org.uk

Wed 7^{th.} ***Children* River trips to Great Cornard**

Lock

The Granary Tea Room, Quay Lane, CO10 2AN Regularly departing from 1pm- last trip 4pm £5 adults, £3 child. Dogs £1 08448 005015(no pre-booking before the day) <u>www.riverstourtrust.org/river-</u> trips/sudbury-river-trips

Wed 7^{th.}

Melford Music Lunchtime Recitals: Neil Hilgrove Colledge Holy Trinity Church, Long Melford CO10 9DT 1.10pm, admission free www.visitlongmelford.co.uk

Weds 7^{th.}

Flix in the Stix: 'A Star is Born' Lavenham Village Hall, CO10 9QT 7pm-7.30pm Tel: 01787 248599

Thurs 8^{th.}

NEW: Bingo at the Town Hall.

Assembly Room, Town Hall, Sudbury CO10 1TL 2pm – 4pm. Raffle and cash prizes. Tel: 01787 372331

Thurs 8th & 22^{nd.} *Children* School Holiday Family Woodland Adventure Old School Wood, Great Walding-

field CO10 0TJ 10am to 12.30pm Ages 0-11 years To book a please email: amyacornforestschool@gmail.com

Fri 9th

The Lost Interiors – a Friday afternoon talk

Melford Hall, Long Melford, Sudbury CO10 9AA 3pm - £4.50 + standard admission

Booking Advisable https:// www.nationaltrust.org.uk/ melford-hall/whats-on

Fri 9^{th.}

Café Club @ Assington Country Kitchen

Sudbury Area Cancer Support Group Assington Country Kitchen, Assington, CO10 5LW

2nd Friday of each month from 12-2pm

Join us for an informal chat over coffee

Call Ruth or Phil Worsley Tel: 01787 370978

Email: ruth-SACSG@outlook.com

Fri 9th.

Fleece Jazz- John Etheridge 'Blue Spirits' Stoke by Nayland Hotel, Leavenheath. CO6 4PZ 7.30pm. Tickets £18 Tel: 01787 211865 www.wegottickets.com www.fleecejazz.org.uk

Sat 10th

Indoor Market Chamberlin Hall, Biddleston's Community Village Hall, Chamberlin Close, Bildeston, IP7 7EZ 10.30am – 2.30pm Gifts, Cakes, Homewares, Crafts ETC Bacon Butties & Refreshments available For more info email: <u>chamber-</u> lin.indoormarket@gmail.com

Sat 10^{th.}

Farmers' Market – Long Melford Village Hall, Long Melford, CO10 9JQ 9.30am – 1pm. FREE entry. Tel: 07704 627973 Email:justine@suffolkmarketevents .co.uk www.suffolkmarketevents.co.uk

Sat 10th *Children*

Beatrix Potter Story Readings Melford Hall, Long Melford, Sudbury CO10 9AA Free event – standard admission applies.

Sat 10^{th.}

Cavendish Sale Trail

St Mary's Church, Cavendish, CO10 8BA

10am-2pm

Refreshments and maps available In Aid of St Mary's Church, Cavendish Enquiries – 01787 280030

Sat 10^{th.}

Car Boot Sale – Bulmer Village Hall Bulmer Village Hall, Church Rd, Bulmer, CO10 7EH 12.30pm-4pm Horticulture and Arts and Crafts displays Refreshments Available £5 for pre-booked car - £7 on the day Tel: 01787 374758 or 01787 373451

Sun 11^{th.} *Children*

River trips to Great Cornard Lock The Granary Tea Room, Quay Lane, CO10 2AN Regularly departing from 11am- last trip 4pm £5 adults, £3 child. Dogs £1 08448 005015(no pre-booking before the day) <u>www.riverstourtrust.org/rivertrips/sudbury-river-trips</u> Sun 11^{th.}

Lavenham Airfield Walk – 'The men, missions and a memorial' 10am –1.30pm. Adults £10. Under 16's £5

Booking essential. Tel: 01787 248295

Or in person at Lavenham Blue Vintage Tea Rooms, Lavenham.

Sun 11^{th.}

6 Mile Walk: Great Cornard and Henny Street Meet at Kingfisher Car Park Sudbury, CO102SU 10am start Tel: David 01787 880875 www.sudburyramblers.org.uk

Sun 11^{th.} *Children*

Outdoor Cinema – Peter Rabbit Melford Hall, Long Melford, CO10 9AA Gates open 5pm - Film Starts 6pm Adult £12.50 Child £7.50 Bring your own picnic Booking Essential Tel: 03442 491895

www.nationaltrust.org.uk/ melfordhall

Sudbury Silk Guided Walk

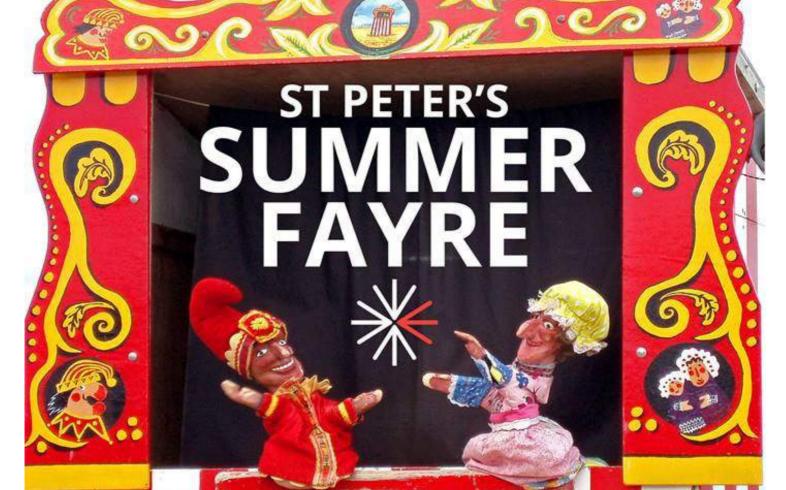
Thurs 29th August Thurs 7th November

11am

Meet at the Library Adults £6 Children £4

Booking Essential. Tickets available at: Sudbury Tourist Information Centre 01787 881320

"The guide was excellent- we really enjoyed it and learnt so much!"



RIVER HOUSE THE CROFT SUDBURY CO10 1HW

SAT 24TH AUGUST 2019 | 1:00 - 6:00

ROBBIE GLADWELL | BEN SMITH | EVIE PRESS PUNCH & JUDY | STORYTELLER | COMEDY TEAS | CAKES | BAR | BARBEQUE & LOTS MORE

IN AID OF THE ST PETER'S REGENERATION FUND WWW.STPETERSUDBURY.CO.UK









SUDBURY'S CULTURAL VENUE Registered Charity No.271090

SEPTEMBER PREVIEW

Fri 6th

Music : Wrong Jovi 2019 Quay Theatre, Sudbury CO10 2AN 7.30pm Tickets £17 Tel: 01787 374745 www.quaysudbury.com Sun 8^{th*}Children*. Paddington Colne Valley Railway, Castle Hedingham, CO9 3DZ 10.30pm – 5pm. Tickets Adults £12 Senior £9 Child £6 Family £33 Dogs £2 Tel: 01787 461174 Email: info@colnevalleyrailway.co.uk www.colnevalleyrailway.co.uk

Thurs 12th **NEW: Bingo at the Town Hall.** Assembly Room, Town Hall, Sudbury CO10 1TL 2pm – 4pm. Raffle and cash prizes. Tel: 01787 372331 <u>www.sudburytowncouncil.co.uk</u>

Thur 26th Workshop:Painting with Oils – 'Glazed Landscape'

The Studio, Foragers Retreat, The Courtyard, Pebmarsh, CO10 2AN, 10am – 3pm Contact:

jooley@theforagersretreat.co.uk

CHEAPER COLCHESTER ZOO TICKETS

Available at Sudbury Tourist Information Centre. Prices as below And No Queuing.....

Valid from	Ticket Type	Our Price	Zoo Price on the gate
01/06/19	Adult	£20.50	£23.99
01/06/19	Child 3-14 years	£14.50	£16.99
01/06/19	Senior	£18.50	£21.99

Sun 11^{th.} **Strawberry Cream Teas** St. Andrews Church , Bulmer, CO10 7EL 2.30pm-4.00pm Proceeds to the church

Mon 12^{th.}

Health Walk – Long Melford Short Walk Cherry Tree Garden Centre, CO10 9DH Meet 10am Free Tel: 01473 718193 www.onelifesuffolk.co.uk

Tues 13th

Health Walk – Hadleigh River Path Circular Stroll Meet at Hadleigh Market Place IP7

5AE 10am start Free Tel: 01473 718193 www.onelifesuffolk.co.uk

Tues 13^{th.} **Health Walk – Sudbury Short walk** Kingfisher Leisure Centre. CO10 2SU Meet 12pm Free Tel: 01473 718193 www.onelifesuffolk.co.uk Tues 13^{th.} *Children* Health Walk – Sudbury Family walk Kingfisher Leisure Centre. CO10 2SU Meet 11am Free Tel: Madi on 07818 552916 www.onelifesuffolk.co.uk

Tues 13^{th.}

Health Walk – Clare Castle Country Park Meet at Clare Country Park Car Park CO10 8NW 10.30am start (all day parking £2) www.clarewalks.co.uk

Tues 13^{th.}

Sudbury Speakers Club The Bridge Project (rear building) Sudbury CO10 2EU 7.00pm, no charge for first meeting Tel: 01787 211100 or email: kevin_northcott@lineone.net sudburyspeakersclub.co.uk

Tues 13^{th.} ***Children*** **Family Activities – Mini Masterpieces!** 46, Gainsborough St. Sudbury, CO10 2EU 10am – 1pm. £2 per child. £3 per adult. Tel: 01787 372958 <u>Email: mail@gainsborough.org</u> www.gainsborough.org

Wed 14^{th.} *Children*

Teddy Bears Picnic Melford Hall, Long Melford, CO10 9AA

11am-4pm Free Event, normal admission applies. Tel: 01787 379228 www.nationaltrust.org.uk/melfordhall

Wed 14^{th.}

Melford Music Lunchtime Recitals Yalda Davis and James Recknell Sponsored by Lime Tree Gallery Holy Trinity Church, Long Melford CO10 9DT

1.10pm, admission free www.visitlongmelford.co.uk

Wed 14^{th.} *Children*

River trips to Great Cornard Lock The Granary Tea Room, Quay Lane, CO10 2AN Regularly departing from 1pm- last trip 4pm £5 adults, £3 child. Dogs £1 08448 005015(no pre-booking before the day) www.riverstourtrust.org/river-trips/

sudbury-river-trips

Thurs 15^{th.} **Health Walk – Lavenham Short Walk** Public car park near Red Lion Pub CO7 6TB Meet 10.30am Free Tel: 01473 718193

www.onelifesuffolk.co.uk

Thurs 15^{th.}

Talk: Hugh St. Clair-A Lesson in Art & Life The Guildhall, Market Place, Hadleigh. IP7 5DN 6.30pm. No ticket required.

Fri 16^{th.}

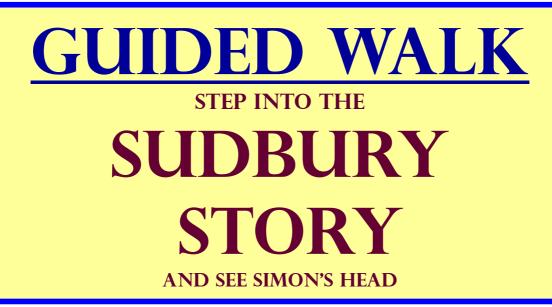
Fleece Jazz- Ben Crosland's 'Ray Davies Songbook Vol 2' Stoke by Nayland Hotel, Leavenheath. CO6 4PZ 7.30pm. Tickets £18 Tel: 01787 211865 www.wegottickets.com www.fleecejazz.org.uk

Fri 16th

Chinese Textiles – a Friday afternoon talk Melford Hall, Long Melford, Sudbury CO10 9AA 3pm - £4.50 + standard admission Booking Advisable https://www.nationaltrust.org.uk/ melford-hall/whats-on Tel: 03442 491895

Fri 16^{th.} *Children*

Wild in the Woods – NO parents allowed! Old School Wood, Great Waldingfield CO10 0TJ 4.30pm – 6.30pm Ages 7 – 11 welcome To book a place email: <u>amyacorn-</u> forestschool@gmail.com







11AM

MEET AT THE LIBRARY ADULT £6, CHILD £4 PRE-BOOKING RECOMMENDED OR PHONE ON THE DAY TO CHECK AVAIL-ABILITY A Sudbury Tourist Information Event 01787 881320

Sat 17th *Children*

Beatrix Potter Story Readings Melford Hall, Long Melford, Sudbury CO10 9AA Free event – standard admission applies.

Sat 17^{th.}

Step into the Sudbury Story ~ Monthly Guided Walk Meet 11am inside Sudbury Library. CO10 2EN Advisable to pre-book. Tickets Adults £6, Children £4 Available from The Tourist Information Office Tel: 01787 881320

Sat 17^{th.}

Auction: The Summer Fine Art sale.

The Auction Centre, Assington Road, Newton Green, Sudbury, CO10 0QX Auction starts at 10.00am. Viewing Friday 9am-8pm & Saturday from 9am.

Tel: 01787 211847

Email: info@manderauctions.co.uk

Sat 17th/Thu 22^{nd.} ***Children*** **Tudor Hands-On History Days** Kentwell Hall, Long Melford, CO10 9BA 11am – 5pm, Ad: £17, ch: £13.25, senior: £16.25 Discounts available online.

www.kentwell.co.uk

Sat 17^{th.}

Stamp Fair

Lavenham Village Hall, CO10 9QT 9-3pm Tel: 01787 248599

Sun 18^{th.} *Children*

Classic & Vintage Car Show 2019 Hedingham Castle, Castle Hedingham, CO9 3DJ 10am – 5pm Adults £8.50, over 65s £7.50 under 18s £6, family £22.50, under 5s free Tel: 01787 460261 Email:<u>mail@hedinghamcastle.co.uk</u>

Sun 18^{th.} *Children*

River trips to Great Cornard Lock The Granary Tea Room, Quay Lane, CO10 2AN Regularly departing from 11am- last trip 4pm £5 adults, £3 child. Dogs £1 08448 005015(no pre-booking before the day)

Sun 18^{th.} *Children*

Wallace & Gromit Colne Valley Railway, Castle Hedingham, CO9 3DZ 10.30pm – 5pm. Tickets Adults £12 Senior £9 Child £6 Family £33 Dogs £2 Tel: 01787 461174 Email:<u>info@colnevalleyrailway.co.uk</u> www.colnevalleyrailway.co.uk

Sun 18^{th.}

Strawberry Cream Teas St. Andrews Church , Bulmer, CO10 7EL 2.30pm-4.00pm Proceeds to the church

Tues 20th

Melford Unwrapped – A family at sea Melford Hall, Long Melford, Sudbury CO10 9AA 2pm-4.15pm - £28.50 – includes talk, tour and afternoon tea https://www.nationaltrust.org.uk/ melford-hall/whats-on Tel: 03442 491895

Tues 20^{th.} *Children*

Family Activities - Camera Obscura

46, Gainsborough St. Sudbury, CO10 2EU 10am – 1pm. £2 per child. £3 per adult. Tel: 01787 372958 Email: mail@gainsborough.org

www.gainsborough .org

Tues 20^{th.}

Health Walk – Hadleigh River Path Hadleigh Market Place. IP7 5AE Meet 10am Free Tel: 01473 718193 www.onelifesuffolk.co.uk Tues 20^{th.}

Invitation To View- Columbine Hall

Columbine Hall, Stowupland, Stowmarket 4AW

£18. Tour and tea and cakes <u>www.invitationtoview.co.uk</u>

Tues 20^{th.}

Health Walk – Clare Castle Country Park Clare Castle Country Park. CO10 8NW Meet 10.30am Free Tel: 01473 718193 www.clarewalkers.co.uk www.onelifesuffolk.co.uk

Tues 20^{th.} ***Children* Health Walk – Long Melford Country Park Family Walk** Long Melford Country Park, Car Park, CO10 9HH Meet 11am Free Tel: 01473 718193 <u>www.onelifesuffolk.co.uk</u>

Wed 21st

Why Melford Hall looks like it does Melford Hall, Long Melford, Sudbury CO10 9AA 11.30am - £4.50 + standard admission Booking Advisable <u>https://www.nationaltrust.org.uk/</u> <u>melford-hall/whats-on</u> Tel: 03442 491895

Wed 21^{st.} *Children*

River trips to Great Cornard Lock The Granary Tea Room, Quay Lane, CO10 2AN Regularly departing from 1pm- last trip 4pm £5 adults, £3 child. Dogs £1 08448 005015(no pre-booking before the day) www.riverstourtrust.org/river-trips/ sudbury-river-trips

Wed 21^{st.}

Melford Music Lunchtime Recitals Althena Wind Ensemble Sponsored by Maple Building Services Holy Trinity Church, Long Melford CO10 9DT 1.10pm, admission free

www.visitlongmelford.co.uk

Wed 21^{st.}

5.5 Walk: Tendring Hall Estate Meet at Stoke by Nayland Recreation ground car park, CO64QY 10am start Tel: Steve 01787 279325 www.sudburyramblers.org.uk

Thur 22^{nd.}*Children*

The Wind in the Willows Hedingham Castle, Castle Hedingham, CO9 3DJ Doors open 5.30pm, show starts 6.30pm Adults £14, over 65s £12.50, under 18s £10, family £42, under 5s free T: 01787 460261 E: mail@hedinghamcastle.co.uk Thur 22^{nd.}

Workshop:Painting with Oils – 'Still Life'

The Studio, Foragers Retreat, The Courtyard, Pebmarsh, CO10 2AN, 10am – 3pm Contact:

jooley@theforagersretreat.co.uk

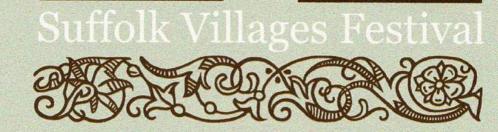
Fri 23rd

Suffolk Villages Festival: Monteverdi – The Return of Ulysses St Mary's, Hadleigh, IP7 5DT 7pm – Tickets from £14 Tel: 01206 366603

Fri 23rd/Mon 26^{th.} ***Children*** **Tudor High Summer** Kentwell Hall, Long Melford, CO10 9BA 11am – 5pm, Ad: £18.50, ch: £14.50, senior: £18.00 Discounts available online. <u>www.kentwell.co.uk</u>

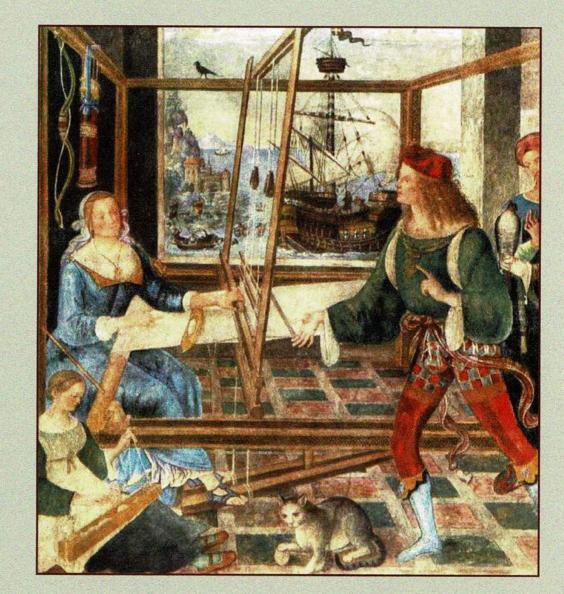
Sat 24^{th.}

Art revealed by torchlight Melford Hall, Long Melford, Sudbury CO10 9AA 3.45pm - £4.50 + standard admission Booking Advisable <u>https://www.nationaltrust.org.uk/</u> <u>melford-hall/whats-on</u> Tel: 03442 491895



August 23 – 26 2019

Artistic Director: Peter Holman MBE



HADLEIGH STOKE BY NAYLAND BOXFORD SUDBURY

Sat 24^{th.}

Suffolk Villages Festival: William Boyce & Solomon Handel

St Mary's, Stoke by Nayland, CO6 4QY 6.30pm – Tickets from £14 Tel: 01206 366603

www.suffolkvillagesfestival.com

Sat 24^{th.}

Health Walk – Clare Castle Country Park, Suffolk Walking Festival Clare Castle Country Park. CO10 8NW Meet 10am Free Tel: 01473 718193 www.clarewalkers.co.uk www.onelifesuffolk.co.uk

Sat 24^{th.} *Children*

Beatrix Potter Story Readings Melford Hall, Long Melford, Sudbury CO10 9AA Free event – standard admission applies.

Sat 24^{th.}

Book Sale St Peter & Paul, High St, Clare, Sudbury CO10 8NY 9.30am – 5.00pm

Sat 24^{th.}

Workshop:Restorative Yoga

The Studio, Foragers Retreat, The Courtyard, Pebmarsh, CO10 2AN, 10.30am – 12.30pm Email: <u>abctoolkityoga@gmail.com</u> Email: jooley@theforagersretreat.co.uk Sat 24th

Art Revealed by Torchlight. Melford Hall, Long Melford CO10 9AA 2.45pm -3.30pm. £4.50 + normal admission Tel: 03442 491895 <u>Melford@nationaltrust.org.uk</u>

Sat 24^{th.} ***Children* St. Peter's Summer Fayre.** The Croft, Sudbury. CO10 1HW 1pm – 6pm. In Aid of the St. Peter's Regeneration Fund.

Sat 24^{th.}

Mark Sabberton & Lisa Cassidy Duet Together. Quay Theatre, Sudbury CO10 2TE 7.30pm. Tel: 01787 374745 www.quaytheatre.co.uk

Sat 24^{th.}

5.5 Mile Walk: Stoke by Clare Circular Meet at The Street Stoke by Clare, CO108HP 10am start Tel: Viv 01787 375047 www.sudburyramblers.org.uk

Sat 24^{th.}

Craft and Gift Fair by Imagine St Peter's Church Sudbury. CO10 2EH

9am – 4pm. Free Entry

Sat 24th/Sun 25th/Mon 26th The 21st Annual Polstead **Exhibition**

Local artists and makers Bar, light refreshments, picnic area, archery, demonstrations Signposted in the Polstead area: Maria Martins Cottage, Martins Lane, Polstead, CO6 5AG 10am to 5pm, £1.50 entrance fee (under 12's free) Tel: 01206 262380

www.dylanpym.co.uk

Sat 24^{th.}

Rock N Roll Festival Lavenham Village Hall, CO10 9QT 2pm-11pm Tel: 01787 248599

Sun 25th/Mon 26^{th.} *Children* **River trips to Great Cornard** Lock

The Granary Tea Room, Quay Lane, CO10 2AN Regularly departing from 11amlast trip 4pm £5 adults, £3 child. Dogs £1 08448 005015(no pre-booking before the day) www.riverstourtrust.org/rivertrips/sudbury-river-trips

Sun 25^{th.}

Book Sale St Peter & Paul, High St, Clare, Sudbury CO10 8NY 1.00pm - 5.00pm

Sun 25^{th.} *Children*

Classic Car Show Lavenham Village Hall, CO10 9QT 11-4pm Tel: 01787 248599

Sun 25^{th.}

Farmers Market Lavenham Village Hall, CO10 9QT 10-1.30pm Tel: 01787 248599

Sun 25^{th.}

Suffolk Villages Festival: Ensemble DeNOTE – The Classical Clarinet St Marys, Boxford, CO10 5DU 6.30pm – Tickets from £12 Tel: 01206 366603 www.suffolkvillagesfestival.com

Sun 25th/ Mon 26^{th.} *Children* **Jousting! Destrier 2019** Hedingham Castle, Castle Hedingham, CO9 3DJ 10am – 5pm Adults £14, over 65s £12.50, under 18s £10, family £42, under 5s free Tel: 01787 460261 E: mail@hedinghamcastle.co.uk www.hedinghamcastle.co.uk

Mon 26^{th.}

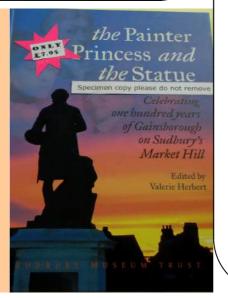
Suffolk Villages Festival: A Still Small Voice Quaker Meeting House, Sudbury, CO10 2AA 11am – Tickets from £10 Tel: 01206 366603 www.suffolkvillagesfestival.com

Mon 26^{th.}

Suffolk Villages Festival: Gainsborough and the Linley Family Gainsborough's House, Sudbury, CO10 2EU 2-5pm – Tickets £10 Tel: 01206 366603 www.suffolkvillagesfestival.com

Mon 26^{th.} **Health Walk – Long Melford Short Walk** Cherry Lane Garden Centre, Long Melford. CO10 9DH Meet 9.45. Free Tel: 01473 718193 <u>www.onelifesuffolk.co.uk</u>

WE HAVE A WIDE RANGE OF LOCAL INTEREST BOOKS



Mon 26^{th.}

Suffolk Villages Festival: The English Mozart St Peters, Sudbury, CO10 2EH 6.30pm – Tickets from £14 Tel: 01206 366603 www.suffolkvillagesfestival.com

Mon 26^{th.} Bank Holiday Hartest Village Fête 2019 To be opened by the author. Erica James Hartest Village Green 1pm – 4pm Tel: 01284 830358 In aid of Hartest Church and Primary School.

Mon 26^{th.}

Book Sale St Peter & Paul, High St, Clare, Sudbury CO10 8NY 9.30am – 5pm

Mon 26^{th.}

Suffolk Villages Festival: A Portrait of Thomas Linley St Peters Church – Sudbury CO10 2EH 6.30pm-8.30pm – Tickets from £14 Tel: 01206 366603 www.suffolkvillagesfestiva l.com Tues 27^{th.}

Health Walk – Hadleigh River Path Circular Stroll Meet at Hadleigh Market Place IP7 5AE 10am start Free Tel: 01473 718193 www.onelifesuffolk.co.uk

Tues 27^{th.}

Health Walk – Sudbury Short walk Kingfisher Leisure Centre. CO10 2SU Meet 12pm Free Tel: 01473 718193 www.onelifesuffolk.co.uk

Tues 27^{th.}

Health Walk – Clare Castle Country Park Family Walk Meet at Clare Country Park Car Park CO10 8NW 2pm start(all day parking £2 www.clarewalks.co.uk

Tues 27^{th.} *Children*

Family Activities - Celebrating Silk

46, Gainsborough St. Sudbury, CO10 2EU 10am – 1pm. £2 per child. £3 per adult.

Tel: 01787 372958

Email:

mail@gainsborough.org www.gainsborough.org Tues 27^{th.}

Health Walk – Clare Castle Country Park Meet at Clare Country Park Car Park CO10 8NW

10.30am start(all day parking £2 www.clarewalks.co.uk

Wed 28^{th.}

Melford Music Lunchtime Recitals Kingfisher Trio : Daniel Law, Chris Slatter and Mary Blanchard Holy Trinity Church, Long Melford CO10 9DT 1.10pm, admission free Sponsored by The Mill B&B Long Melford www.visitlongmelford.co.uk

Wed 28^{th.}

Conservation in action – Textiles Melford Hall, Long Melford, Sudbury CO10 9AA 1pm-4pm – Free, standard admission applies <u>https://www.nationaltrust.org.uk/</u> <u>melford-hall/whats-on</u>

Wed 28^{th.} *Children*

River trips to Great Cornard Lock The Granary Tea Room, Quay Lane, CO10 2AN Regularly departing from 1pm- last trip 4pm £5 adults, £3 child. Dogs £1 08448 005015(no pre-booking before the day) www.riverstourtrust.org/river-trips/ sudbury-river-trips

Wed 28^{th.}

Conservation in action – Textiles Melford Hall, Long Melford, Sudbury CO10 9AA 1pm-4pm – Free, standard admission applies <u>https://www.nationaltrust.org.uk/</u> melford-hall/whats-on

Thurs 29^{th.}

Art Workshop & Coffee Morning – Sudbury in Collage & Stitch Acton Village Hall, Acton, CO10 0XA

10am-12:30pm All materials & refreshments provided Tel: Diana: 07976 599993 or Arabella: 01787 372958 Email: diana@ruralcoffeecaravan.org.uk or

<u>diana@ruralcoffeecaravan.org.uk</u> or <u>Arabella@gainsborough.org</u>

Or call in at the shop at Gainsboroughs House

Thurs 29^{th.}

Health Walk – Lavenham Short walk Market Place. CO10 9QZ Meet 10.30am Free Tel: 01473 718193 www.onelifesuffolk.co.uk

Thurs 29^{th.} ***Children*** **Go Wild In The Woods** Kids holiday club age 6-12 Loshes Wood, Gt Henny, CO10 7LX 10am-3pm Email: <u>holly@holkham.net</u> <u>www.hollysforestsessions.com</u> Thurs 29^{th.}

Kettle & Fish Peaceful Café St Peters Church – Sudbury CO10 2EH

9.45am-2.00pm

Thurs 29^{th.}

Guided Walk: Sudbury England's Silk Capital.

Meet at Sudbury Library 11am Adults £6, Children £4 Pre booking recommended. For further information contact

Sudbury Tourist Information Centre on 01787 881320

www.seeanddosudbury.co.uk

Fri 30^{th.}

Sudbury Farmers Market St Peter's Church, CO10 2EH 9.30am – 2pm. FREE entry. Tel: 07704 627973 Email: justine@suffolkmarketevents.co.uk

Fri 30^{th.} ***Children***

Go Wild In The Woods Family forest activity sessions Loshes Wood, Gt Henny, CO10 7LX Email: <u>holly@holkham.net</u> www.hollysforestsessions.com

Fri 30^{th.}

Travel books – a Friday afternoon talk Melford Hall, Long Melford, Sudbury CO10 9AA 3pm - £4.50 + standard admission Booking Advisable https://www.nationaltrust.org.uk/ melford-hall/whats-on Tel: 03442 491895

Fri 30^{th.}

Fleece Jazz- Dave Lewis's 1 Up Band

Stoke by Nayland Hotel, Leavenheath. CO6 4PZ 7.30pm. Tickets £20 Tel: 01787 211865 <u>www.wegottickets.com</u> <u>www.fleecejazz.org.uk</u>

Fri 30^{th.}

Music at Lavenham – Skampa Quartet The Church of St Peter and St Paul, Lavenham, CO10 9SA Tickets and info from: Tel: 01485 535071 www.musicincountrychurches.co.uk

Sat 31^{st.}

Music at Lavenham – Chloe Hanslip & Danny Driver The Church of St Peter and St Paul, Lavenham, CO10 9SA Tickets and info from: Tel: 01485 535071 www.musicincountrychurches.co.uk Sat 31^{st.}

Invitation To View-Spencers Garden Tilbury Rd, Gt. Yeldham CO9 4JL £22 incl. Tour 2 course lunch & wine www.invitationtoview.co.uk

Sat 31^{st.}

Autumn Horticultural Show Gt Waldingfield Village Hall 2pm-4pm Refreshments available Entry 60p (accompanied children free) Schedules from Tourist Info Office Tel John Hughes: 01787 378342



NEW IN SUDBURY TOTE BAG



Tourist Information

Available at our Office

- National Express Coach Tickets &
- Discount Cards.
- Rail Tickets
- Felix and Klarners Coach Trips
- Cheaper Colchester Zoo Tickets
- Monthly Guided Walks
- Local Books and Walks
- Locally Crafted Gifts & Honey
- Sudbury Views Postcards





Compiled by: Sudbury Tourist Information Centre The Library, Market Hill, Sudbury, Suffolk. CO10 2EN. Tel:01787 881320



Email: sudburytic@sudburytowncouncil.co.uk

Twitter: <u>@moreSudbury.</u> Facebook: <u>SudburyTIC</u>

Website: <u>www.seeanddosudbury.co.uk</u> **Opening Hours are: Mon-Thurs 9.30am-4.30pm**

Friday 9.30am-4pm Saturday 10am-2.30pm

Whilst every effort has been made to ensure that details are correct Sudbury Tourist Information Centre cannot be held responsible for any errors, amendments or cancellations of which we have not been notified. This list is just a selection of vari-



ous events taking place in the month. If you wish for an event to be advertised please email sudburytic@sudburytowncouncil.co.uk

