

Small Plates

<i>Beetroot tzatziki with chives (v)</i>	£4.50
Contains: Milk, Cereals with Gluten (Wheat)	
<i>Breaded halloumi sticks (v)</i>	£6.00
Contains: Eggs, Milk, Sulphur Dioxide/Sulphites, Cereals with Gluten (Wheat)	
<i>Roast tandoori spiced cauliflower florets (v/vg/g)</i>	£5.75
Suitable for: Less than 600kcal	
Contains: Sesame Seeds, Soya, Sulphur Dioxide/Sulphites	
<i>Marinated giant green olives (v/vg/g)</i>	£3.95
<i>Sweet and sour chicken wings</i>	£6.95
Contains: Mustard, Sulphur Dioxide/Sulphites, Cereals with Gluten (Wheat)	
<i>Crushed avocado and sautéed mushrooms (v/vg)</i>	£5.95
Suitable for: Less than 600kcal	
Contains: Sesame Seeds, Sulphur Dioxide/Sulphites, Cereals with Gluten (Rye, Wheat)	
<i>Quinoa houmous with chives (v/vg)</i>	£4.50
Suitable for: Less than 600kcal	
Contains: Sesame Seeds, Cereals with Gluten (Wheat)	
<i>Crispy salt and pepper dusted squid</i>	£6.25
Suitable for: Less than 600kcal	
Contains: Crustaceans, Eggs, Milk, Molluscs, Mustard, Sulphur Dioxide/Sulphites, Peanuts, Cereals with Gluten (Wheat)	
<i>Soup of the day</i>	£5.50
Contains: Milk, Cereals with Gluten (Rye, Wheat)	
<i>*Tiger prawns in the shell</i>	£8.50
Contains: Crustaceans, Milk, Sulphur Dioxide/Sulphites, Peanuts, Cereals with Gluten (Rye, Wheat)	

Sharing Boards

<i>Mezze board with charcuterie meats</i>	£19.50
Contains: Eggs, Milk, Cereals with Gluten (Wheat)	
<i>Mezze board (v)</i>	£16.50
Contains: Eggs, Milk, Cereals with Gluten (Wheat)	
<i>Whole baked Camembert (v)</i>	£11.50
Contains: Milk, Sulphur Dioxide/Sulphites, Tree Nuts (Walnuts), Cereals with Gluten (Rye, Wheat)	

Mains

<i>Cheddar cheese and bacon burger</i>	£11.95
Contains: Eggs, Milk, Mustard, Soya, Sulphur Dioxide/Sulphites, Cereals with Gluten (Wheat)	
<i>The planet burger (v/vg)</i>	£10.95
Contains: Mustard, Soya, Sulphur Dioxide/Sulphites, Cereals with Gluten (Wheat)	
<i>Seeded panko crumbed chicken burger</i>	£12.95
Contains: Eggs, Milk, Mustard, Sesame Seeds, Soya, Sulphur Dioxide/Sulphites, Cereals with Gluten (Wheat)	
<i>Black and blue burger</i>	£12.95
Contains: Fish, Milk, Mustard, Soya, Sulphur Dioxide/Sulphites, Cereals with Gluten (Wheat)	
<i>Chargrilled dry-aged 8oz picanha steak</i>	£11.95
Contains: Eggs, Milk, Mustard	
<i>Chicken Kiev</i>	£11.95
Contains: Eggs, Milk, Sulphur Dioxide/Sulphites, Cereals with Gluten (Wheat)	
<i>Oven baked pork loin chop</i>	£12.95
Contains: Milk, Sulphur Dioxide/Sulphites, Cereals with Gluten (Wheat)	
<i>Rustic fish pie</i>	£11.95
Contains: Celery, Fish, Milk, Cereals with Gluten (Wheat)	
<i>Wild mushroom risotto (v/vg/g)</i>	£9.95
Suitable for: Less than 600kcal	
Contains: Soya, Sulphur Dioxide/Sulphites	
<i>Traditional cod and chips</i>	£12.95

Contains: Eggs, Fish, Mustard, Sulphur Dioxide/Sulphites, Cereals with Gluten (Barley, Wheat)	
<i>Small Traditional cod and chips - small</i>	£8.50
Contains: Eggs, Fish, Mustard, Sulphur Dioxide/Sulphites, Cereals with Gluten (Barley, Wheat)	
<i>Beef, ale & onion pie</i>	£11.95
Contains: Eggs, Milk, Mustard, Soya, Sulphur Dioxide/Sulphites, Cereals with Gluten (Wheat)	
<i>Tandoori sautéed chicken breast</i>	£9.50
Contains: Sesame Seeds, Soya, Sulphur Dioxide/Sulphites, Peanuts, Tree Nuts (Cashew Nuts), Cereals with Gluten (Wheat)	
<i>Warm crispy falafels (v/vg)</i>	£8.95
Suitable for: Less than 600kcal	
Contains: Sesame Seeds, Soya, Sulphur Dioxide/Sulphites, Peanuts, Tree Nuts (Cashew Nuts), Cereals with Gluten (Wheat)	

Sides

<i>Baked herb & garlic ciabatta bread (v)</i>	£2.95
Suitable for: Less than 600kcal	
Contains: Milk, Cereals with Gluten (Barley, Rye, Wheat)	
<i>Baked parmesan, garlic & herb ciabatta bread</i>	£3.95
Suitable for: Less than 600kcal	
Contains: Milk, Cereals with Gluten (Barley, Rye, Wheat)	
<i>Bowl of chips</i>	£2.95
<i>Seasonal vegetables</i>	£3.95
<i>Beer battered onion rings (v/vg)</i>	£3.50
Contains: Mustard, Cereals with Gluten (Barley, Wheat)	
<i>Garden salad (v/vg/g)</i>	£2.95
Contains: Mustard, Sulphur Dioxide/Sulphites	
<i>Rosemary & parmesan chips (g)</i>	£3.75
Contains: Milk	

Sandwiches

<i>Quinoa houmous - granary bread (v)</i>	£5.50
Contains: Milk, Mustard, Sesame Seeds, Soya, Sulphur Dioxide/Sulphites, Cereals with Gluten (Barley, Wheat)	
<i>Quinoa houmous - white bread (v)</i>	£5.50
Contains: Milk, Mustard, Sesame Seeds, Soya, Sulphur Dioxide/Sulphites, Cereals with Gluten (Wheat)	
<i>Ploughman's sandwich with Cheddar cheese - granary bread (v)</i>	£5.50
Contains: Milk, Mustard, Soya, Sulphur Dioxide/Sulphites, Cereals with Gluten (Barley, Wheat)	
<i>Ploughman's sandwich with Cheddar cheese - white bread (v)</i>	£5.50
Contains: Milk, Mustard, Soya, Sulphur Dioxide/Sulphites, Cereals with Gluten (Wheat)	
<i>Roast chicken - granary bread</i>	£5.95
Contains: Eggs, Milk, Mustard, Soya, Sulphur Dioxide/Sulphites, Cereals with Gluten (Barley, Wheat)	
<i>Roast chicken - white bread</i>	£5.95
Contains: Eggs, Milk, Mustard, Soya, Sulphur Dioxide/Sulphites, Cereals with Gluten (Wheat)	
<i>Rare roast beef and Stilton - granary bread</i>	£6.95
Contains: Milk, Mustard, Soya, Sulphur Dioxide/Sulphites, Cereals with Gluten (Barley, Wheat)	
<i>Rare roast beef and Stilton - white bread</i>	£6.95
Contains: Milk, Mustard, Soya, Sulphur Dioxide/Sulphites, Cereals with Gluten (Barley, Wheat)	

Desserts

<i>Apple and cherry crumble (g)</i>	£6.50
Contains: Eggs, Milk	
<i>Warm triple chocolate brownie</i>	£5.95
Contains: Eggs, Milk, Soya, Tree Nuts (Hazelnuts), Cereals with Gluten (Wheat)	
<i>Sweet platter</i>	£7.95
Contains: Eggs, Milk, Tree Nuts (Almond Nuts, Pecan Nuts), Cereals with Gluten (Wheat)	
<i>Golden baked vanilla cheesecake</i>	£5.95
Contains: Eggs, Milk, Tree Nuts (Pistachios), Cereals with Gluten (Oats, Wheat)	
<i>Affogato (g)</i>	£5.00
Suitable for: Less than 600kcal	

Contains: Milk

Chocolate & orange delice (v/vg)

£5.95

Suitable for: Less than 600kcal

Contains: Soya, Cereals with Gluten (Wheat)

Hot off the grill

10 oz Rump steak

£16.95

12oz Pork chop

£12.95

16oz T bone steak

£22.95

6oz Fillet steak

£24.95

8 oz Flat iron steak

£12.95

8oz Picanha steak (g)

£12.95

8oz Rib eye steak

£19.95

8oz Sirloin steak

£17.95

Club steak

£27.95

Porterhouse steak

£27.95

16 oz Rump steak

£22.95

Tomahawk

£39.95

Contains: Milk, Sulphur Dioxide/Sulphites

Peppercorn sauce

£1.50

Contains: Milk

Wild mushroom sauce

£1.50

Contains: Milk