

FORTHCOMING MIND BODY & SOUL FAIRS

Bedfordshire Mind Body & Soul Fair

The Rufus Centre

Steppingley Road, FlitwickAsh

Bedfordshire MK45 1AH

Saturday 21st & Sunday 22nd April 2018

10.00am – 5.00pm Saturday 10.00am – 4.30pm Sunday

FREE PARKING

Entrance £4.50 (accompanied under 16's free)

(2 Day Pass £7.50)



2017 Photographs





FREE TALKS ON BOTH DAYS

SATURDAY 21st APRIL 2018





SUNDAY 22nd APRIL 2018

FREE TALKS

<p>11.30am Group Drumming Sessions with College of Sound Healing Tutor Julie Burgess. Come along and start your day with a wonderful group drumming session with Julie. Drums are provided so get here early.</p>	<p>11.30am Group Drumming Sessions with College of Sound Healing Tutor Julie Burgess. Come along and start your day with a wonderful group drumming session with Julie. Drums are provided so get here early.</p>
<p>12.00 noon Past Life with Liz Firth</p>	<p>12.00 noon Looking at your Life with Numbers with Christine Tonks of the Association Int Numerology AIN</p>
<p>12.30pm How do you know you are doing it Right? The path of spiritual development can be lonely and/or confused. We sometimes get signals and confirmations, other times we aren't so sure that we have gone down the right road. How can we be clearer about this? Get more readings? Do more meditations? Access our guides more frequently. Yes, but there's a bigger indicator of whether we are on the right path or not – come and find out what it is with Richard Abbot</p>	<p>12.30pm Never Say Goodbye with Internationa Psychic, Clairvoyant & Medium Patricia Brooks</p> <p>1.00pm The Soul Behind the Stones with Alexis Penn-Carver of Soul Stones</p>
<p>1.00pm Atlas & Spinal Alignment with Arthur Wallis, Atlas PROfilax Professional & Shiatsu Massage</p> <p>1.30pm Harmony, Balance & Wellbeing with Crystals with Dawn Meadows. Crystals have an amazing energy, they work in harmony with our own energies and that of the environment we live in. Learn how you can work with the energy of crystals to bring balance, harmony, protection and abundance into your life.</p>	<p>1.30pm Bach Flower Remedies with Rose Todd</p> <p>2.00pm Allowing Nature to Guide us 24/7 technology. Air conditioning, bus and t rain travel, non-stop busy-ness. These are the features of modern life, yet many find these things unnatural. Trees, flowers, streams, birds, insects, the soil and vegetables, on the other hand, are natural and ALIVE. They all have</p>
<p>2.00pm The Law of Attraction with Rose Todd</p> <p>2.30pm The Complexities of Healing with Sarah Hunt of Peaceful Living</p>	<p>Something to say to us, if we can develop the eyes to see and the ears to hear. Come along and begin, or enhance your journey along this path, reconnecting to LIFE in a much Bigger way with Richard Abbot</p>

<p>3.00pm An Introduction to Essential Oils/How they can replace your medicine cabinet naturally with Lindsey Plantin of doTERRA Essential Oils.</p>	<p>2.30pm Laughter Yoga – Come and join Tracey Richardson of Divine Hearts for an uplifting experience.</p>
<p>3.30pm The Soul Behind the Stones with Alexis Penn-Carver of Soul Stones</p>	<p>3.00pm “Connecting with your Heart and Soul” – How Sounds and Sacred Geometry can help with raising your vibration through the Ascension process with Sonia Grover of Heart Soul Heart</p>

EXHIBITORS 2018

<p>Himalyan Bowls, Tingshas, Bowl Bags Crystals, Nepalese Shawls/Wraps, Aura Sprays, Jewellery, Dowzers, Music CD’s – Reiki Sounds</p> 	<p>Soul Stones Alexis Penn- Carver – Beautiful Hand Painted stones for all occasions</p> 
<p>Clairvoyant, Animal Communicator – Alison Sheryll</p> 	<p>Galley Hill Art – Sue Wookey’s Beautiful Art Prints, Cards etc available</p> 
<p>Crystals Brazil – Ronaldo Miguel Beautiful specimen crystals and crystal art available, come and see some wonderful Crystals here.</p>  	<p>Purple Sapphire Aura Photography – Lorna Start. Come along and have your aura photographed with Lorna.</p> 

Sparkle Wellness – Delphi Ellis



Reflexology & Indian Head Massage with our popular therapist



Sam Lacey

Eklectic Wonders beautiful hand created Native American Style gifts, smudge feathers, unique leather pouches/medicine bags plus lots more – Teena

Seraphina Jewellery, beautiful handmade jewellery from Brazil. Take this unique opportunity to see this fantastic jewellery at our show – Marion Clifford



Gong Sound Baths & Drumming Sessions with Sound Practitioner CSH/Keep Fit Instructor Julie Burgess



Doterra Medical Grade Essential Oils and products with Lindsay Plantin



Magnetix Wellness with Jo Cowan



Kinesiology with Angiros Auro



Clairvoyant/Medium & Seer

Patricia Brooks, back again this year, this very popular Clairvoyant will be here to help you.

No Hands Massage with Ray Denny



SOLROX™
www.salttherapy.co.uk

Salt Lamps, Salts, Salt Stones etc – Dathan Berry



Conscious Creations Rose Todd Plus Rose & Reiki Sounds will also have a second hand book stall at the show this year.



Clairvoyant, Numerology Books, CD's – Richard Abbot or Your Way Forward

Reiki, Laughter Yoga with Tracey
Richardson of Divine Hearts



Churches Together Linda Bulled

Stephanie J King – Author



Clairvoyant/Medium Dawn Russell of Spiritual Butterfly



Past Life Therapy Liz Firth



Food Sensitivity Testing with Malcolm Bloom

Paula Rose Jewellery Paula Ryan
Beautiful and very popular Hand Made
Crystal Jewellery, lots of beautiful
things to choose from

Cosmic Heart Energy Healing with Sarah Hunt

Black Tourmaline & Hematite

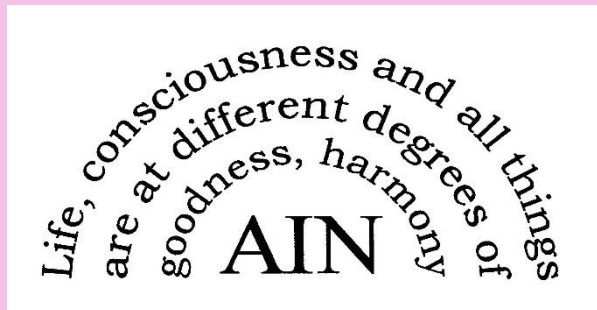


Turquoise & Pyrite nodules



Clairvoyant Reader Elaine Tarry

Association of International Numerology A.I.N with Christine Tonks and Friends



Shiatsu Massage, Atlas Spinal Alignment with Arthur Wallis



Cosmic Realms – Crystals, Spheres, Points, Wands, Specimens, Wooden Hand Crafted Crystal Grid Boards, Hand Crafted Wire Wrapped Crystal Jewellery – Dawn Meadows

The Owls Nest Design Studio
Unique wearable art jewellery that is hand crafted

Heart Soul Heart - Mini Sound Healing Sessions with Sonia Grover



Beautiful Spiritual Art and Cards
Elaine Pocock



Marina Duskov – Life Codes Soul Practitioner – Magnify your gentle soul radiance. Did you know your Soul nature is easily revealed when you discover your Life Code based on your date of birth?

- Did you know that Life Code Soul Reading focuses on a specific topic of your Choice?

Neals Yard Organic with Theresa Chaney



- Did you know that Emotional Release is natural, simple and profound, allowing healing of your sticky points that show up in your reading?

Reiki Healing with Tracey Richardson

Amatsu Therapy with Gina Lilley



LEGAL DISCLAIMER, STALLHOLDERS: Psychic & predictive type readings are open to personal interpretation and may only be of entertainment value. Guidance is not proven to be predictive. Psychic and medium type consultations are experiments with no guarantee of results. Any information drawn from a reading should not be considered as legal, psychological, medical, business, or financial fact. Any actions you take following a reading are solely your own choice and your own responsibility. Opinions expressed in any readings are those of the individual reader and not the opinions of either the promoter, Reiki Sounds or of any third parties involved in the design and construction of this website. In addition, anyone seeking complementary therapies or treatments from exhibitors at these events should take steps to satisfy themselves of the efficacy of such practices, and that such persons are both competent, and fit and proper to carry out such practices. Every attempt has been made to ensure that the information contained in this website has been obtained from reliable sources.