



Safe Haven in Epsom

When you need support in an emotional or mental health crisis



We're an informal, safe, space that supports you to take control of, and improve, your own mental health.

When: 6pm-11pm, 365 days a year

Where: The Larches, 44 Waterloo Road, Epsom KT19 8EX

Our doors are open to everyone who needs us

"It has been an absolute lifesaver... It has completely and utterly turned my life around"

To find out more visit: www.surreydownsccg.nhs.uk/ safehavenepsom







