



# CHECK OUT OUR DINNER DEALS!

5pm - 11pm | Thursday - Saturday



## THURSDAY

Your choice of a burger  
plus a bottled beer  
for just £10

## BEER & BURGER

## FISH & FIZZ

## FRIDAY

FREE glass of fizz with  
every fish main course



## SATURDAY

Two 10oz Ribeye  
Steaks & chips for  
just £25. ADD a bottle  
of house wine for just £35

## STEAK NIGHT

Not available in conjunction with any other offers. Terms and conditions apply. Please ask one of our team for more details.

[www.bearsrestaurant.com](http://www.bearsrestaurant.com)



# EVENING

## STARTERS

<b>Homemade Seasonal Soup (v)</b> with artisan baguette	<b>5.50</b>
<b>Thyme Roasted Portobello Mushroom (v)</b> in Isle Of Wight blue sauce with toasted sourdough	<b>5.95</b>
<b>Chicken Liver Parfait</b> Served with caramelised red onion chutney with ciabatta	<b>7.95</b>
<b>Caramelised Red Onion &amp; Goats Cheese Bruschetta (v)</b> with wild rocket salad	<b>6.95</b>
<b>Bubble &amp; Squeak</b> With Ham & poached eggs	<b>5.95 / 8.75</b>
<b>Chilli &amp; Garlic Fresh Water Tiger Prawns</b> Toasted Ciabatta	<b>7.95</b>
<b>Crispy Calamari</b> Home-made tartare sauce & lemon	<b>6.95</b>

## SHARERS

<b>Whole Baked Camembert Cheese</b> With Smoked chilli jam, Caramelised red onion chutney and freshly baked artisan baguette	<b>13.00</b>
<b>Charcuterie Platter</b> Parma ham, chorizo, chicken liver parfait, brie and freshly baked artisan baguette	<b>14.50</b>
<b>Seafood Station</b> Smoked salmon, crispy calamari, chilli and garlic prawns, tartare sauce, mixed salad and freshly baked artisan baguette	<b>15.50</b>

## SALADS

<b>Torn Caesar Salad</b> Romaine lettuce, croutons, parmesan and anchovies	<b>8.95</b>
<b>Add chargrilled chicken</b>	<b>9.95</b>
<b>Hot Chicken Bacon and Avocado</b> Served on a bed of mixed leaves	<b>9.95</b>
<b>Roasted Mediterranean Vegetable and Goat's Cheese Salad (v)</b> Served on a bed of mixed leaves	<b>8.95</b>

## MAINS

<b>Slow Cooked 12 Hour Pork Belly</b> Served on Bubble and squeak with wilted spinach and pork liquor	<b>15.50</b>
<b>Fish Stew</b> Cod, tiger prawns & calamari in a tomato, fennel & paprika broth, Served with toasted sourdough.	<b>15.95</b>
<b>Pan Roasted Sea Bass</b> Served with provencal vegetables	<b>15.50</b>
<b>Wild Mushroom Risotto (v)</b> Topped with rocket and parmesan	<b>12.50</b>
<b>Add chicken</b>	<b>2.00</b>
<b>Cod, Salmon, Crayfish and Spring Onion Fishcake</b> Served with dressed mixed leaves	<b>9.95</b>
<b>Corn Fed Chicken Supreme</b> Spinach, cream and wild mushroom sauce and potato gratin	<b>14.50</b>
<b>Local Beer Battered Cod</b> Mushy Peas, chunky triple cooked chipss, home-made tartare sauce	<b>11.50</b>
<b>The Chef's Pie of the Day</b> Mashed potato, market-fresh vegetables and gravy	<b>12.00</b>
<b>10oz Ribeye Steak</b> Chunky triple cooked chips, grilled tomato and mushroom	<b>19.95</b>
<b>Bears Burger</b> Served in toasted ciabatta with tomato, lettuce, fries or chunky triple cooked chips	<b>11.95</b>
<b>Add Cheese or Bacon</b>	<b>1.00</b>
<b>Halloumi and Hummus Burger (v)</b> Served in toasted ciabatta with tomato, lettuce, fries or chunky triple cooked chips	<b>9.95</b>
<b>Buttermilk Chicken Burger</b> Served in toasted ciabatta with tomato, lettuce, cajun mayo, fries or chunky triple cooked chips	<b>10.95</b>

## SIDES

<b>Seasonal Vegetables</b>	<b>3.95</b>	<b>Potato Gratin</b>	<b>3.95</b>
<b>Rocket and Parmesan Salad</b>	<b>3.50</b>	<b>Fries</b>	<b>2.95</b>
<b>Dressed Mixed Leaves</b>	<b>2.95</b>	<b>Chunky triple cooked chips</b>	<b>2.95</b>
<b>Garlic Ciabatta</b>	<b>3.95</b>	<b>Sweet Potatoe Fries</b>	<b>3.95</b>