





COUNCIL



### Telford & Wrekin Council in partnership with RICOH UK Products Limited

There is something for everyone, it doesn't matter how long the sessions are, if they are led by a qualified coach or supervised by leisure centre staff it only costs a £1.

All we ask is that you **book in advance** so we can plan the session according to numbers attending and avoid any disappointment. Also **make sure you have a Telford Loyalty Card (tlc)**. These activities are available to tlc holders only. If you haven't got one all you need to do is... pick up an application form from your local leisure centre.

### Visit **www.telfordandwrekinleisure.co.uk** to book multiple activities online.

Children under 8 years must not be left unattended when participating in activities.



### BANK HOLIDAY MONDAY 30 May 2016

There are no activities on Bank Holiday Monday.

### **TUESDAY 31 May 2016**

ACTIVITY AGE TIME

Abraham Darby Sports & Leisure Centre Fun & Floats\*\* 10.15-11.15am Badminton Pay & Play 8-15 years and families 1.30-2.30pm Pay & Play Football 8-15 years 2.45-3.45pm

**Newport Swimming Pool** Distance Award Badge Swimming (50-1000m) 9-10am Fun & Floats\*\* 1-2pm

**Oakengates Leisure Centre** Badminton Pay & Play 5-15 years and families 11am-12noon Fun & Floats\*\* 1-2pm

**Phoenix Sports & Leisure Centre** NRGIZE\*\*\* 11-15 years 10-11am Gymnastics 5-7 years 10-11am Gymnastics 8-15 years 11am-12noon Cheerleading 5-15 years 2-3pm

Telford Snowboard and Ski Centre Tots Doughnuts<sup>1</sup> 3-5 years 1-1.30pm & 1.30-2pm Tobogganing<sup>+</sup> 5-10 years 2.30-4pm Children must have arms and legs covered, gloves are essential.

Wellington Civic & Leisure Centre Distance Award Badge Swimming (5-1000m) 8.30am-9pm Fun & Floats\*\* 1.30-2.30pm

UV Foam Par

Resident DJ - special effects, foam, smoke and laser lighting. Friday 3 June 5,15-9,30pm

Adult tlc £7.55 Non tlc £9.50 tlc non resident £8.55 Junior tlc £6.70 Non tlc £8.45

tls non resident £7.65

### WEDNESDAY 1 June 2016

ACTIVITY AGE TIME

Abraham Darby Sports & Leisure Centre Trampolining 5-8 years 9.30-10.30am Fun & Floats\*\* 10.15-11.15am Trampolining 8-15 years 10.30-11.30am NRGIZE\*\*\* 11-15 years 12.30-1.30pm Inflatable Fun Session\* 11-15 years 1.30-3pm

### Newport Swimming Pool

Inflatable Fun Session\* 1.15-2.15pm

#### **Oakengates Leisure Centre**

Table Tennis Pay & Play 5-15 years and families 9.30-11am NRGIZE\*\*\* 10-11am Trampolining 5-12 years 11am-12noon Inflatable Fun Session\* 1-2pm

#### **Phoenix Sports & Leisure Centre**

Trampolining 5-15 years 1-2pm BMX 4 years+ 3-4pm Delivered by Wrekin Riders BMX Club. Children will require full face helmet, BMX bike with no stunt pegs, long sleeved top and long trousers. Limited bikes and helmets available to hire. Pay & Play Table Tennis 8-15 years and families 3-4pm & 4-5pm

#### **Telford Snowboard and Ski Centre**

Tots Doughnuts<sup>1</sup> 3-5 years 1-1.30pm & 1.30-2pm Tobogganing<sup>+</sup> 5-10 years 2.30-4pm Children must have arms and legs covered, gloves are essential.

#### Wellington Civic & Leisure Centre

Distance Award Badge Swimming (5-1000m) 8.30am-9pm Double TroubleInflatable Fun Session\* 1.45-2.45pm

#### Key:

- \* Swimmers must be aged between 8 and 15 years and able to swim a competent 25m in order to use Sea Scooter's, Pool Inflatable's, Snorkelling equipment and play Mini Polo.
- \*\* Children under 8 must be supervised by an adult aged 16+
- \*\*\* Parents must sign consent form
- \* This activity is available on a first come, first served basis. Due to health and safety reasons we are required to limit the numbers allowed on the slope/driving range at a time. Children must be supervised by an adult.
- ++ Please book and pay via Phoenix Sports & Leisure Centre
- \*\*\* Sessions suitable for 11 years+ and must be accompanied by an adult 16+. Adult also pay just £1
- <sup>1</sup> Tots Doughnuts nursery slope, supervised with a staff member

### THURSDAY 2 June 2016

ACTIVITY AGE TIME

Abraham Darby Sports & Leisure Centre Fun & Floats\*\* 10.15-11.15am Football Pay & Play 8-15 years 11.30am-12.30pm Badminton Pay & Play 8-15 years and families 3-4pm

Newport Swimming Pool Distance Award Badge Swimming (50-1000m) 9-10am Fun & Floats\*\* 1-2pm

Oakengates Leisure Centre Badminton Pay & Play 5-15 years and families 11am-12noon Fun & Floats\*\* 8-15 years 1-2pm

Phoenix Sports & Leisure Centre Gymnastics 5-7 years 10-11am Gymnastics 8-15 years 11am-12noon Badminton Pay & Play 8-15 years and families 12noon-1pm & 1-2pm

Telford Snowboard and Ski Centre Tots Doughnuts<sup>1</sup> 3-5 years 1-1.30pm & 1.30-2pm Tobogganing<sup>+</sup> 5-10 years 2.30-4pm Children must have arms and legs covered, gloves are essential.

Wellington Civic & Leisure Centre Distance Award Badge Swimming (5-1000m) 8.30-9am Aqua Zumba<sup>+++</sup> 11 years+ 11am-12noon





### FRIDAY 3 June 2016

ACTIVITY AGE TIME

Abraham Darby Sports & Leisure Centre Fun & Floats\*\* 10.15-11.15am Football Pay & Play 8-15 years 11.30am-12.30pm Pool Fun & Games\*\* 1.30-3pm Badminton Pay & Play 8-15 years and families 1.30-2.30pm

Newport Swimming Pool Fun & Floats\*\* 10-11am

Oakengates Leisure Centre Table Tennis Pay & Play 5-15 years and families 9.30-11am Fun & Floats\*\* 1-2pm

Phoenix Sports & Leisure Centre Badminton Pay & Play 8-15 years and families 10-11am & 12noon-1pm Mini Tennis Pay & Play 5-15 years and families 1-2pm & 2-3pm

Telford Snowboard and Ski Centre Tots Doughnuts<sup>1</sup> 3-5 years 1-1.30pm & 1.30-2pm Tobogganing<sup>+</sup> 5-10 years 2.30-4pm Children must have arms and legs covered, gloves are essential.

Wellington Civic & Leisure Centre Distance Award Badge Swimming (5-1000m) 8.30-9am Mini Water Polo\* 8-15 years 1.30-2.30pm



STEP 3 – Check out the Kids for a £1 promotion

## FAMILY ADRENALINE TUBING

### Tuesday 31 May - Friday 3 June 4-5pm

This activity is not for the faint hearted, go slide at speed and spin your way down our main slope. Hold on tight for an exhilarating experience at Telford Snowboard and Ski Centre!

Arms and legs must be covered, gloves are essential and helmets are supplied on the day. For children over 8 years only.

### Adult

tlc £4.65 Non tlc £6.20 tlc non resident £5.60

### Junior

tlc £3.90 Non tlc £5.15 tlc non resident £4.65



### Oakengates Leisure Centre Junior Kids Club

Tuesday 31 May – Friday 3 June

A range of sporting and fun activities for children aged 5-12 years

Morning 9am - 12noontlc Res. £6.85tlc Non Res. £7.90tlc Conc. £5.90No card £8.70Afternoon 1pm - 4pmtlc Res. £6.85tlc Non Res. £7.90tlc Conc. £5.90No card £8.70Late finish 4pm - 5pm Cost: £2.45Pre-booking is strongly advised.

# 'Learn to Swim' Crash Cour Our aim is to provide a quality learning

experience for all and to develop skills, techniques and water confidence through a clearly structured lesson programme.

### Tuesday 31 May - Friday 3 June

### Newport Swimming Pool

- 9-9.30am Under 5's
- 9.30-10am (ASA National Swim Award Stage 1&2) 5vrs+

### **Oakengates Leisure Centre**

- 9-9.30am (ASA National Swim Award Stage 1&2) 5yrs+
- 9.30-10am Under 5's

### Wellington Civic & Leisure Centre

- 8.30-9am Under 5's
- 9-9.30am (ASA National Swim Award Stage 1&2) 5yrs+
- 9.30-10am Stroke Improvers (aimed at swimmers who are working towards or achieved ASA National Swim Award Stage 4 and over)

### **Prices**

Under 5's Crash Course 4 Day tlc Resident £19.80 tlc Concession £15.85

tlc Non Resident £22.20 No Card £24.70

ASA National Swim Award Stage 1&2 and Stroke Improver Crash Course 4 Day

tlc Resident £18 tlc Concession £14.50

tlc Non Resident £20.20 No Card £22.45



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Lessons available at Abraham Darby Sports & Leisure Centre Newport Swimming Pool Oakengates Leisure Centre Wellington Civic & Leisure Centre

### **TELFORD SNOWBOARD AND SKI CENTRE DAYTIME HOLIDAY** PROGRAMME

### Ski Schools 6 years+ 2pm-4pm Tuesday 31 May – Friday 3 June

Ski School entails two hours on the slope with instruction for all standards from beginners up to advanced skiers. All standards welcome.

Adults tlc £17.40 Non-tlc £22.05 Concession tlc £14.75 Juniors tlc £11.55 Non-tlc £14.75 Concession tlc £10.00 Family Offer (two adults, two children) £35

Snowboarding 8 years+ 12.15pm-1.45pm Tuesday 31 May - Friday 3 June

Snowboarding entails one and a half hours on the slope with instruction for all standards from beginners up to advanced snowboarders. All standards welcome.

Adults tlc £17.40 Juniors tlc £11.55

Non-tlc £22.05 Non-tlc £14.75 Concession tlc £14.75 Concession tlc £10.00

To book any of the above sessions phone the centre on 01952 382688. Arms and legs must be covered and gloves are compulsory for all activities.

a 15% OFF the sessions above in 24 hours in advance (pre booking and payment red the sessions above if booked booking and payment required)



Adults Junior

tlc Res. £7.55 tlc Res. £6.70

Non-tlc £9.50 Non-tlc £8.45

tlc Non resident £8.55 tlc Non resident £7.65

### Skiing/Snowboarding Recreational Sessions 12noon-2pm Tuesday 31 May – Friday 3 June

Customers wishing to recreational practice (unsupervised) skiing, snowblading or snowboarding must be able to control their speed and direction at all time, be competent in the use of the ski lift and wear gloves and long sleeves.

Cost per session:

 Adults
 tlc £10.90

 Juniors
 tlc £7.30

Non-tlc £13.45 Non-tlc £9.35 Concession tlc £6.75 Concession tlc £4.70

I GO BOARD

### SNOWLIFE AWARDS GO SKI COURSE

### Tuesday 31 May - Friday 3 June 2-4pm

5x two hour skiing sessions, including 1.5 hour lesson Beginner course levels 1 – 3 (Blue Zone) Intermediate course levels 4 – 5 (Red Zone) Advanced course level 6 (Red Zone)

Adults	tic £50
	Non-tlc £62.50
Junior	tic £35
	Non-tlc £43.75

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### SKATING CRASH COURSES

### Skate UK Levels 1-8 / 5x 30min group lessons

### Tuesday 31 May - Friday 3 June 10am-10.30am

- Adults tlc Res. £30.90 Non-tlc £38.65 tlc Non resident £34.85 Concessions £26.55
- Junior tlc Res. £26.55 Non-tlc £33.15 tlc Non resident £29.85 Concessions £22.55

### WHERE TO FIND US

### Abraham Darby Sports & Leisure Centre Ironbridge Road, Madeley, Telford TF7 5HX tel: 01952 382770

### **Horsehay Village Golf Centre**

Wellington Road, Horsehay, Telford TF4 3BT tel: 01952 382640

### **Newport Swimming Pool**

Victoria Park, Newport, Shropshire TF10 7LH tel: 01952 382740

### **Oakengates Leisure Centre**

New Road, Wrockwardine Wood, Telford TF2 7AB tel: 01952 382810

### **Phoenix Sports & Leisure Centre**

Duce Drive, Dawley, Telford TF4 3JS tel: 01952 382779

### **Stirchley Recreation Centre**

Grange Avenue, Stirchley, Telford TF3 1ET tel: 01952 382730 -

### **Telford Ice Rink**

St. Quentin Gate, Town Centre, Telford TF3 4JQ **tel:** 0845 155 9966

### Telford Snowboard and Ski Centre

Court Street, Madeley, Telford TF7 5DZ tel: 01952 382688

### Wellington Civic & Leisure Centre Larkin Way, off Tan Bank, Wellington, Telford TF1 1LX tel: 01952 382720

### www.telfordandwrekinleisure.co.uk