

Activities & Information

| DANCING | DATE | TIME | CONTACT |
|--|---|---------------------------------------|--|
| Glitters Ballroom Dancing | Friday 4 & 18 | 8.30pm—11pm | David 07903 314276 |
| Line Dancing | Thursdays | 8pm—10pm | Ruth 07802 761694 |
| Ceroc | Tuesdays | 8pm—11pm | Annalisa 07733 366766 |
| NEW SALSA CLASSES For Beginners No partner required | WEDNESDAYS | 8.30-10pm | 07584 188481 www.lovetosalsa.co.uk No booking required |
| Tea Dances | Thursdays | 1.30pm— 4pm | Mr Wonderful 01322 290751 |
| Mum & Baby Dance with Melody Bear | Wednesdays | 10.15-10.45am | Terri-Jayne 07545305240 |
| EXERCISE CLASSES | DATE | TIME | CONTACT |
| Pilates | Monday - Wednesday - Tuesdays (NEW) | 6.30—8.30pm 7pm—9pm 6.45—7.45pm | Imogen 020 8393 6839 |
| Tai Chi | Fridays | 1.15pm—2.30pm | David Caine 07984724359 |
| Yoga | Tuesdays | 7pm—8.30pm | Claire 07989 533431 |
| Pilates Every Friday Morning | Fridays | 9.15—10.15am | Sharon Newman 020 83933970/07805932801 |
| Childrens Activities & Exercise 'Ready Steady Go Kids' | Thursdays | Mornings | Kathy Bees 08006906591 info@rsgk.co.uk |
| Mayday Flower Club New Members Welcome | Wednesday 16 | 1.30pm for 2pm | Lorraine 020 8224 3115 |
| Museum Kids Club meets 2nd Saturday of each month | Activities suitable for 7—12 year olds | | dbrooks@epsom-ewell. gov.uk 020 8394 1734 |
| Museum Educational Resources | Available on loan for Local schools | To book or all enquiries, call | David Brooks 020 8394 1734 |
| ROOMS TO HIRE Call 020 8393 9571 | MEETINGS SHOWS | PARTIES LUNCHES | WEDDING VENUE FUNERAL GATHERINGS |
| Blood Donations | Friday 4 | Blood.co.uk | 0300 123 2323 |

| FOYER Exhibitions And Events | <u>HERALD OF SPRING</u> <u>JEAN CANTER EXHIBITION</u> | | |
|---|--|----------------------|---|
| MEETINGS | DATE | TIME | CONTACT |
| National Trust | Monthly | 8pm - 10pm | Mrs Baines 020 8337 0271 |
| U3A | Monday 7 | 10am-12.00pm | www.u3asites.org.uk/epsom-ewell |
| Weightwatchers | Mondays | 5.45pm - 8pm | 08457 123000 |
| Embroidery Club | Tuesdays | 10am—12pm | Ellen Bright 01372 740295 |
| Acacia Bridge Club | Wednesdays | 7.30pm-10.30pm | David Sims 020 8224 3219 |
| E & E Art Group | Wednesdays | 7.30pm—9.30pm | Mr R Seymour 01372 727482 |
| Art Workshop | Wednesdays | 2pm—4pm | Elaine 0208 393 9452 Ann Burt 0784020345 |
| WEA—Adult Learning | Weekdays | 10am—12pm | Mr R G McVey 01372 361548 |
| East Surrey College | Adult Learning Classes | Enquiries | 01737 788444 |
| SCC Staff Retirement | Monthly | 2pm—4pm | Pat Life 020 8337 2025 |
| British Gas (Retired) | Monthly | 1.30pm—4pm | Mr R Evans 01344 779173 |
| Ewell Downs Residents | Enquiries | | Mr Gilder 020 8394 0429 |
| Ewell Hort. Assoc. | Monthly | 7.30pm—10pm | Mr Evans 020 8786 8398 |
| Epsom Speakers | Enquiries | 8pm—10pm | June McCullough 07802711952 & 02085497660 |
| <u>ROOMS AVAILABLE TO HIRE FOR ALL OCCASIONS 020 8393 9571 Brochure On Website</u> | | | |
| Stagecoach Theatre Arts | Singing & Dancing | Enquiries | 01372 730 363 |
| Physio & Reflexology | Massage | Sports Injury | 020 8393 9571 Ivor & Tim |
| Epsom & Ewell Spiritual Healing Group | Every Tuesday | 2—4pm | All welcome Enquiries to reception |
| Herald of Spring Fun & Flowers | Saturday 12 | 9-5pm | Programmes available at reception |

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| Acacia Bridge Club | Wednesdays | 7.30pm-10.30pm | David Sims 020 8224 3219 |
| E & E Art Group | Wednesdays | 7.30pm—9.30pm | Mr R Seymour 01372 727482 |
| Bourne Hall Art Workshop | Wednesdays | 2pm—4pm | Elaine 0208 393 9452 Ann Burt 0784020345 |
| WEA—Adult Learning | Weekdays | 10am—12pm | Mr R G McVey 01372 361548 |
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