

**Guernsey Sands** is a local support group who can offer emotional support and practical help if your baby has died during late pregnancy, at birth or shortly afterwards.

We also work closely with the local hospital to help provide the best possible care for families when a baby dies.

Our friendly and relaxed **monthly community meet ups** are an opportunity for bereaved parents and relatives to meet with others who have been through a similar experience.

Please contact us by phone or email to let us know you would like to attend and we will provide you with the location.

Guernsey Sands is part of Sands UK-wide network of local groups. Guernsey Charity Reg No. 461

Next Guernsey Sands Community Meet Thursday 16 June 7.30-9.30pm

> Contact us via Rob Jones (Chair / Befriender) guernseysands@gmail.com 07781 103435

Supporting anyone affected by the death of a baby and promoting research to reduce the loss of babies' lives.

## www.guernseysands.org.gg





National Sands: 3<sup>rd</sup> Floor, 28 Portland Place, London, W1B 1LY Helpline: 020 7436 5881 www.uk-sands.org Charity Registration No.299679

