

# The Guernsey Skin & Beauty Centre newsletter

Welcome to the Skin and Beauty Centre Newsletter – our fortnightly round up of information relating all that's best in the realm of Aesthetic Beauty at Guernsey's premier skin clinic.



From left to right: Emma Love, Catherine Ella Harvey, Bronwen Dudley-Owen, Cherie Du Plessis, Hannah Marie Dewan.



Bronwen Dudley.

## Meet the team

Managing Director and Founder of the business, Bronwen knows how important people's looks are to their sense of personal well-being.

'Since establishing GSBC I have become absolutely passionate about providing our clients the best non-invasive aesthetic and dermal treatments. There is a clear need for this in Guernsey due to the high levels of sun damage we have here.

Using state of the art equipment and the finest active medical products, treatments are delivered by GSBC's fully qualified practitioners, who are trained and continue to train to the highest professional standards. Several of the team have had Harley Street training across a range of specialist treatments.

## Sun damage and Freckles Facts

Did you know that children aren't born with freckles? The average age that children develop freckles is between two and four years old when they have become mobile and get out in the sun more often.

In fact those little freckly faces that so charm adults are a sign of the skin trying to protect itself from sun-damage. They tend to occur more in paler skinned children with fair or red hair,

As children become older and are exposed to more of the sun's ultra-violet rays, melanocytes a type of cell at the base layer of the skin react to the UV exposure to produce the pigment melanin. This is known as melanogenesis.

Melanin cells are black and they block out the UV B rays which damage the underlying epidermis. Lighter-skinned people have low basal levels of melanogenesis and this results in the freckles patchwork seen on fair skinned people.

Having freckles doesn't mean to say your child will develop cancer but it does suggest that they are more vulnerable to it.

The GSBC team recommends: Keep your child out of the sun - especially around midday. Keep them in the shade where possible. Put a hat on your child and a good sunscreen if they are over the age of six months.



## What did the Romans ever do for us?

Round about 100 AD the Romans' preference was for fair, white complexions. To achieve this they used white lead, white marl and chalk powder. For rouge cheek colour they used wine dregs, mulberry juice, rose and poppy petals, red chalk and crocodile dung which historically never fully caught on.

**Next time round – what the Egyptians did for us**

# Treatment of the month



## Derma-pen micro-needling

Do you want a natural way to get rid of your wrinkles? Meet Cherie Du Plessis, Aesthetic Practitioner and currently the team's specialist in Dermapen micro-needling.

Micro needling with Dermapen is amazingly versatile and can be used to treat the following:

- Dull, tired looking skin
- Fine lines and wrinkles
- Scarring
- Sun damaged skin
- Uneven texture
- Stretch marks

By needling the skin to stimulate the underlying dermis, the body is encouraged to produce new collagen and elastin which enables skin cells to "repair" themselves, thus encouraging

the skin to become thicker, plumper and more youthful.

The channels made from the micro-needles also allows topical gels and creams to be absorbed more effectively. Working in the CI exclusively for The Guernsey Skin & Beauty Centre, Cherie has attained a gold standard in medical micro-needling.

**Next time find out about fat reduction with our Exilis machine.**

## What GSBC can do for you

**Our professional practitioners are experts at dealing with the following cosmetic concerns:**

### Rosacea reduction

Although there is no cure for Rosacea its symptoms can be dramatically reduced. Following skin analysis on our Visia machine our practitioners will consult with you to provide a treatment suited to your skin type, employing a range of treatments and products including:

DMK Enzyme Treatment, DMK Home Prescriptives, ZO Skin Health Product Range.

### Anti-aging, acne and scarring treatment

A range of treatments including: Micro-needling, medical microdermabrasion, IPL treatment, ZO Stimulating Peel, DMK Enzyme treatment and other ZO and DMK products and treatments.

### Hair removal

IPL treatment – Intense pulsed light provides permanent hair removal. It works best

works for those with fair skin and dark hair. Come in for a consultation first.

### Permanent make-up/medical tattooing.

For people who have undergone hair loss that has resulted in hair loss. Includes Areola pigmentation which helps restore the confidence breast cancer patients who have undergone a mastectomy.

### Fat Reduction

A range of non-invasive treatments for: upper and lower abdomen, hips, thighs, upper and lower back, upper arms, bums. Includes Lipoglaze, and Exilis Elite the ultra sound/high frequency radio treatment.

### Skin rejuvenation with Green Peel

A strong herbal peel consisting of a special mixture of various herbs and algae, which are rich in minerals and vitamins. Good for all skin conditions.

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