

SUDBURY STREET FOOD FESTIVAL &
MORE

what's on
SUDBURY

AUGUST 2026

FREE



SUDBURY
TOWN COUNCIL

SUDBURY-TC.GOV.UK/EXPLORE

Regular Groups

Meet Up Mondays

Adult social group

Free to attend, open to all

10am - 12pm

Every Monday

Sudbury Library

Open House

Talk and Support

Free to attend, all welcome

Coffee & Cake 10am - 12pm

Lunch 12noon - 2pm

Every Monday

The Christopher Centre

Art For Wellbeing

£12 per person

liaartforwellbeing@gmail.com

Tuesdays 10-12pm

Wednesdays 2 -4pm

Esquire Coffee, CO10 2EA

Cancer Support Group

Helen: 077907367711

2.15pm - 3.45pm

4th Tuesday of the Month

The Christopher Centre

Parent and Baby/Toddler Art Sessions

£5

creativelives@leadinglives.org.uk

9.30am - 12pm

Every Tuesday

Creative Lives Cafe

CLIP Frequency

Free sound & music workshop

Ages 14 - 19

Every term-time Tuesday

5.30pm - 7.30pm

Sudbury Arts Centre

Chair Yoga
Every Wednesday

Every Wednesday
11.001m - 12pm
12.30pm - 1.30pm
The Christopher Centre
Sudbury

The Sudbury Chess Club
7:30pm
info@sudburychessclub.co.uk

Every Wednesday
Sudbury Institute Club
CO10 2SP

Sporting Memories Club
Free
andy.read@talk21.com

2.15pm - 3.45pm
Every Wednesday
Kingfisher Leisure Centre

Play on Words
Play Reading Group

Every 3rd Wednesday
7.30pm - 9.30pm
The Christopher Centre

DECAFE
Free
Dementia support group

Every Thursday
10.30am - 12.30pm
Sudbury Arts Centre

Shared Reading Group
Free to attend, open to all

Every Wednesday
2pm - 3.30pm
Sudbury Library

Wordplay followed by Stay and Play.

Stories, rhymes & songs followed by an hours play time for under 5's.

**Every Thursday
From 10:30am
free to attend
Sudbury Library**

Homeschooling Art Sessions

£5

creativelives@leadinglives.org.uk

**9.30am - 12pm
Every Thursday
Creative Lives Cafe**

Grow Your Community

Volunteer gardening club
Free to attend, all welcome

**9.30am - 12pm
Every Thursday
Belle Vue Park**

Every Thursday

C'Art

10am - 12pm

The Christopher Centre

C'Art

Cake and Art
£3 per person

Open Space

Weekly drop-ins in a safe, friendly and informal environment

**2:15pm - 4:15pm
Every Thursday
Sudbury Library**

Art for Wellbeing

contact lia Sconcia

liaartforwellbeing@gmail.com

Last Saturday of the Month

10am - 12 noon

The Christopher Centre,

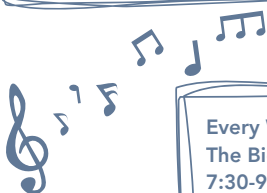
New Groups



Every Tuesday
Boot Camp in the Park
2pm - 2.45pm

Pilates

3pm - 3.45pm
FREE Fitness Classes
Belle-Vue Park
abbeycroft.org.uk/move-more-outdoors



Every Friday

NEW wellbeing walk in Sudbury

Leisurely walk through the Valley Meadows and Belle Vue park.

Refreshments available after the walk.

2.00 - 2.45pm

Meet Outside

Kingfisher Leisure Centre

Every Wednesday Evening

The Big Sing

7:30-9pm

A Community Choir For Everyone Of All Ages
Sing/Perform/Create

Pay as you go

The Salvation Army

Station Road

CO10 2SP

www.big-sing.com



Every First Sunday
for Men's Mental Health
Get outside

walk and talk about what matters

You're not alone

10am

Kingfisher Leisure Centre

07854039305

PILATES

Sunday 19th September

Mill Acre

9.30am - 10.15am

FREE

Bring your own mat

book in advance

hello@korpilates.co.uk

SUNDAY 30 AUGUST 2026 11AM - 5PM

MARKET HILL & SUDBURY ARTS CENTRE, SUDBURY, CO10 2EA



SUDBURY STREET FOOD FESTIVAL 2026



SUDBURY-TC.GOV.UK/STREET-FOOD-FEST



ORGANISED BY SUDBURY TOWN COUNCIL IN PARTNERSHIP WITH SUDBURY ARTS CENTRE



**SUDBURY
TOWN COUNCIL**

**SUDBURY
ARTS —
CENTRE**

FREE ENTRY



AUGUST EVENTS

in Sudbury

1st August
144th Sudbury
International Regatta
Friars Meadow

2nd August |3-5pm
Totally Awesome Variety
Show
The Masonic Hall Sudbury,
Girling St, Sudbury CO10
1NA, UK

1st August | 6pm
Quiz Night
No. 72
The family & Community
Network
£4 per person
All Saints Hall, Church Street
Sudbury
01787 310610
claire@number 72.net

9th August |10am - 3pm
Suffolk Record Fair
Free Entry
New & used vinyl & CDs
Memorabilia & collectibles

Sudbury Art Centre
sudburyartcentre.com

AUGUST EVENTS

in Sudbury

21st August | 10am -
Exploring Social History
through the Beatles
Sudbury Learning Centre
sudbury@easterneducation
group.ac.uk
or telephone 01787 880619

15th August | 11am
Step into Sudbury
Walking Tour
£7.50 cash
Sudbury Heritage Centre

12th August | 2.30pm
Pirates of the Caribbean
Talk
Masonic Hall, Sudbury
The Oddfellows
helen.patel@oddfellows.
co.uk
07761 202092

26th August | 10.30am
Lee Miller: 20th Century Woman
Talk
Masonic Hall, Sudbury
The Oddfellows
helen.patel@oddfellows.
co.uk
07761 202092

Coffee and Chat

Thursday 20th August at 2:00pm - 3.45pm

The Christopher Centre Sudbury

free event for members and anyone interested in joining the Oddfellows
(we do ask for a donation for our chosen charity for refreshments)

AUGUST EVENTS

in Sudbury

Every Sunday
Prado Lounge Quiz Night
£1 per person
7pm
Prado Lounge, Market Hill,
CO10 2EA
thelounges.co.uk/prado

Every Monday
6.30pm - 8.30pm
Crochet and Knitting
Group
Bring your project,
enjoy a cosy evening, and
make some new crafty
friends.
Prado Lounge



Proceeds towards the Restoration & Conservation of the River
Stour Navigation for the Benefit & Education of the Public

Music Events

The Brewery Tap Harvest Festival weekend

1st - 3pm - 8pm

Funk and Soul Disco

2nd - 2pm - 7pm

Acoustic Afternoon

firing up the oven and coals all
weekend
East Street
Sudbury

11th August | 12.30 – 1.15pm

Pauline O'Brien, Mike Thomas
and Pat Ling

perform songs from the
traditional folk, Americana,
music hall and other genres

The Hive Community Hub

Sudbury, CO10 2HA

[www.hivecommunityhub.co.uk/
events-and-news](http://www.hivecommunityhub.co.uk/events-and-news)

28th August | 8pm

South of Polaris

a wonderful duo with an
intoxicating fusion
of folk and flamenco

The watering Place
6 Gainsborough Street
Sudbury

www.sudburysessions.com

The Mill Hotel

Live Music

13:00 - 16:00

2nd - Matt Calderbank

9th - Just Lee

16th - Rob McDonald

22nd - Scarlet Moorcroft

23rd - Serena Grant

31st - Charlotte Himsworth

Walnut Tree Lane, CO10 1BD

info@themillhotelsudbury.co.uk

Music Events

FRIDAY MUSIC SESSIONS

7th - Madrigalia

14th - Elaine, Stephen & Jenni

21st Sara Whymark and Co.

28th MagnifiCatz String Quartet

12.30pm - 1.15pm

Free event

Sudbury Arts Centre

Jason's Acoustic Events

First Sunday of the Month

From 2.30pm

an afternoon of live music

The Brewery Tap

features 30-40-minute
performances by a variety
of local musicians.

29th August | 8pm

SUMNER'S TALES

an acoustic tribute to
the music of Sting

Sudbury Art Centre

sudburyartscentre.com

Live Music

Prince of Wales

9.30 - 11.30pm

1st The Good, The Bad, The Ugly
& Jim

8th -Dukes of Suffolk

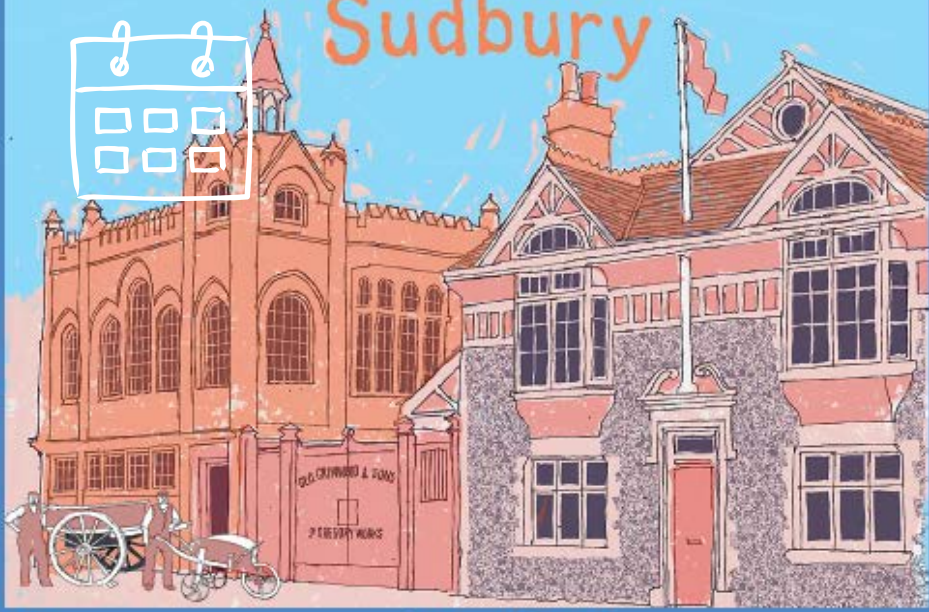
22nd Beautiful Dangerous

29th Ultimate 80s Chorley -

New Street

Sudbury, Suffolk CO101J

Explore **VICTORIAN** Sudbury



Summer Holiday **hISTORY QUIZ**

WIN A PLACE ON A COACH TRIP TO
BULMER BRICK WORKS!

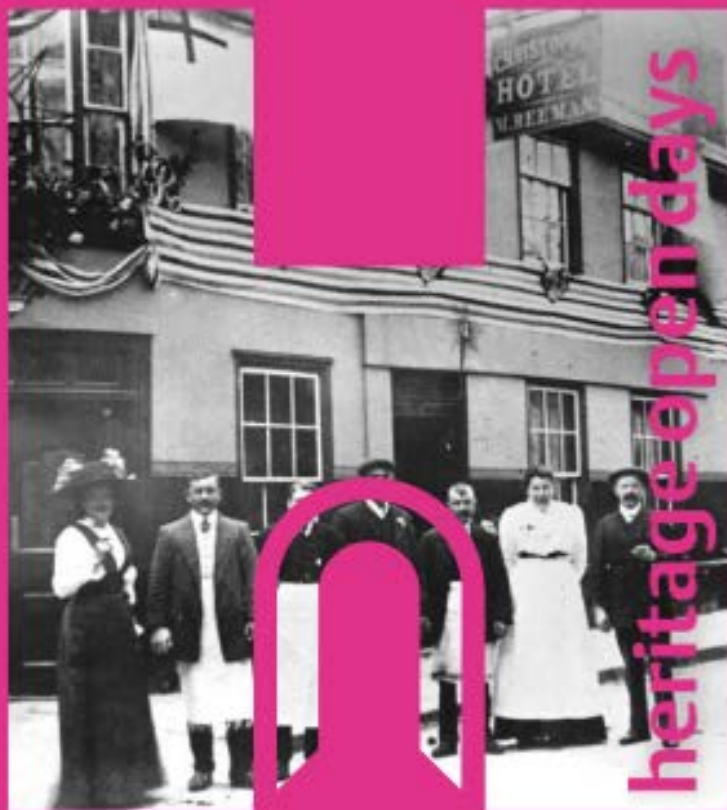
open to 7-16yrs until 31 August

GET YOUR ENTRY PACK AT

TOURIST INFORMATION CENTRE, SUDBURY TOWN HALL (01787 372331)



HIGH STREET HISTORIES



Sudbury Suffolk

SATURDAY 19 SEPTEMBER

SUDBURY-TC.GOV.UK/HODS



SUDBURY
TOWN COUNCIL

Art Workshops



1st August | 10.00am

Learn to Paint Like Claude Monet

1st August July | 10.00am

Embroidery & Textile Art Workshop

7th August | 10.00am

Learn to paint like Turner

7th August | 10.00am

Learn to paint like Vincent Van Gogh

13th & 14th August | 10.00am & 2pm

An introduction to Mandella Art

West Suffolk College In Sudbury
sudbury@easterneducationgroup.ac.uk
or telephone 01787 880619

1st August | 10.00am - 4pm

Life Drawing

with Sue Marsdon

Gainsborough's House,
CO10 2EU

www.gainsborough.org

15th August | 10.00am - 4pm

Introduction to

Cyanotype Printmaking
with Rowan Collinson

Gainsborough's House
CO10 2EU

www.gainsborough.org

15th August | 10.00am

Acrylic Portrait Painting

20th August | 10.00am

Chinese Painting Watercolour &
Ink Painting Workshop

21st August | 10.00am

Paint like Jackson Pollock

24th August | 10.00am

Advanced Photography

West Suffolk College

sudbury@eastern

educationgroup.ac.uk

01787 880619

**ADVANCED
PHOTOGRAPHY
WORKSHOP**



The Christopher Centre

Life Drawing

First Monday of the month

6.30pm-8.30pm

tracey@voluptas.art

C'Art

Thursdays

10.00am – 12.00pm

01787 313914

Art ForWellbeing

Saturdays

10.00am-12.00pm

Lia Sconcia

liaartforwellbeing@gmail.com

27th August 10 AM - 2 PM

Art in the Park

01787 880619

sudbury@eastern

educationgroup.ac.uk

Friday 28 August • 10 AM - 2 PM

Painting Outdoors - Watercolour Workshop - Townscapes
West Suffolk College

**MILL
TYE**

**MILL TYE GALLERY
AND ARTS CENTRE**



Drop-In Experience: Try the Loom

Date: Saturday 1st August 2026

Time: 10:30 to 4pm

FREE* No booking required | Drop-in activity
Under Helena's guidance, participants can try basic weaving techniques and gain an understanding of how woven textiles are constructed.

Whether you are beginning your creative journey or returning to a long-held passion, our workshops provide the space, time and inspiration to develop your practice.

BOOK NOW! – reserve your spot today!

Mill Tye Gallery and Arts Centre

Helena Powell
Hand Woven Landscapes:
From Mill to Loom
July & August 2026

Drawing on landscape as an abstract idea, the exhibition explores rhythm, colour and structure through silk weaving, stripes and layered blocks of colour.
Exhibition Preview on Saturday 11th July from 10:30am to 6:00pm

To find out more and to register your interest go to:

www.milltyegallery.co.uk/exhibitions

Mill Tye Gallery and Arts Centre

3 Cornard Mills, Mill Tye, Great Cornard, Sudbury, CO10 0GW

Open: Thursday to Sunday 10:30am to 4pm. Free Admission.



 Market Hill, CO10 2EA
 info@sudburyartscentre.com
 sudburyartscentre.com



SUDBURY
ARTS —
CENTRE

Songwriters Circle
Community, Songwriters Circle
Sat 1st August
12pm-2pm

Sudbury LGBTQ+
Pride Cafe Community
Sat 15th August
12pm-2pm



Suffolk Record Fair
Sun 9th August
10am-3pm
New & used vinyl & CDs
Memorabilia & collectibles
Great bargains for music fans
free entry

Stitch & Sip Sewing Group
Community
Fri 28th August
11am-1pm

29th August | 8pm
SUMNER'S TALES
an acoustic tribute to
the music of Sting

Advice Drop In 16-24
Support Cafe, Youth Activities
Thu 14th August
1pm-3pm

Stitch & Sip Sewing Group
Community
Fri 14th August
11am-1pm

FRIDAY MUSIC SESSIONS

7th - Madrigalia
14th - Elaine, Stephen & Jenni
21st Sara Whymark and Co.
28th MagnifiCatz String Quartet
12.30pm - 1.15pm
Free event



 Quay Lane, CO10 2AN
 boxoffice@quaysudbury.com
 quaysudbury.com
 01787 374 745



1st August | 7.30pm
Song Sung Blue
Film

13th August | 10am - 1pm
13th August | 2pm - 5pm
Summer Holiday Magic
Lessons with Mark Mason 

15th August | 7.30pm
Ed Sheeran Experience
The World's Leading Ed
Sheeran Tribute
Music

16th August | 6pm
CODEBREAKERS
The Story of ENIGMA
Talk

21st August | 2pm
The McDougalls : Pirate Adventure
A Musical Show for all the Family
Live on Stage

22nd August | 7.30pm
Bootleg Boss
Music

23rd August | 11am
Wicked Sing-Along
Film (PG)

26th August | 7.30pm
Medea
Drama

28th August | 7.30pm
Wilde Without the Boy
Drama

29th August | 11am
Wicked For Good
Film (PG)

29th August | 7.30pm
The Book of Genesis
Music



 Gainsborough Street, CO10 2EU

 mail@gainsborough.org

 gainsborough.org

 01787 372958

Gainsborough's
House



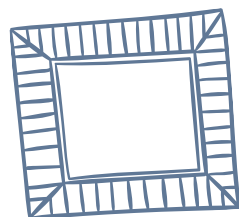
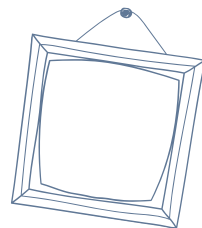
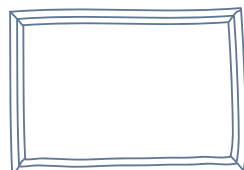
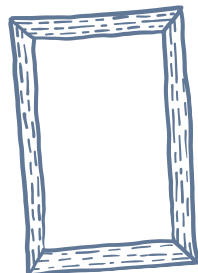
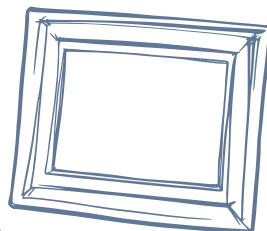
*Gainsborough, Turner & Constable:
Inventing Landscape*

*Land, Sky, Light: New Landscapes by
David Dawson*

Kate Giles: Remember Tomorrow

Helaine Blumenfield: Tree of Life

*For full programme of events please
visit the website.*



📍 3 Cornard Mills, CO10 0GW
✉ milltye@icloud.com
🌐 milltyegallery.co.uk
☎ 01787 376 796



Exploring Colour through
Thread & Paint
A Textile Workshop with
Helena Powell
Starts Jul 21
£65

Frame Loom Weaving
Workshop
A Weaving Workshop with
Helena Powell
Starts Jul 23
£65



Contemporary Textile
Collage Workshop
Creating one-of-a-kind
artworks with Helena
Powell
Starts Jul 28
£60



Thursday - Sunday
10:30AM - 4:00PM
The art gallery and gift shop
is open Thursday to Sunday
and Bank Holidays
from 10:30am to 4:00pm

Admission to Mill Tye Gallery is FREE.



📍 Market Hill, CO20 2EN
✉ library.help@suffolk.gov.uk
🌐 suffolkcommunitylibraries.co.uk
☎ 01787 321595

Sudbury Library



Every weekday: Barclays Bank advice and support drop in
09.30 - 16.30

Every Monday & Thursday: Babergh District Council drop in
09:00 - 17:00

Every Monday: Meet up Mondays, Social group for adults
10:00-12:00

Every Tuesday: Crafty Tuesdays - stitch, knit, crochet whilst you chat
17:00 - 19:00

Every Wednesday: Shared Reading Group
14:00 - 15:30

Every Thursday: Stay and Play -
11:00 - 12:00

Every Thursday: Word Play - stories, songs and Rhymes for under 5s
10:30 - 11:00

Every Thursday: Well-being drop in group
14:15- 16:15

Saturday: 15th August/ 12th September/10th October/ 7th November
Book Group new book to read and discuss each month
10:00-11:00

Every Sunday: Sunday Funday Crafts
11:00-15:00





heritage open days

Hosted in partnership by
Sudbury Town Council & Guide East

Free Sudbury Guided Tours Saturday 19th September

All tours will begin at the Heritage Open Days pop up
by The Gainsborough Statue on Market Hill, CO10 2EA



All tours are free but booking is essential!

Please book your places by scanning the QR codes
or visit sudbury-tc.gov.uk/hods for booking links.

Alternatively you can pop into **Sudbury Tourist Information
Centre** on Gaol Lane, Sudbury or call us on **01787 372331** to book
your free tickets.

Free Guided Tour Programme:

**10:30 – 11:30**

**Weaving the Street of
Sudbury: Wool to Silk**
with Janet Gardner

**13:30 – 14:30**

Victorian Sudbury
with Stephen Moody

**11:30 – 12:30**

**Step into the Sudbury
Story: Everyday Histories**
with Caroline Bridge

**14:30 – 15:30**

**Step into the Sudbury
Story: Everyday Histories**
with John Davies

**12:30 – 13:30**

**Sudbury: How Industry
Shaped Our Town**
with Claire Partner

**15:30 – 16:30**

**Weaving the Street of
Sudbury: Wool to Silk**
with Stephen Moody



WHAT'S ON IN SURROUNDING VILLAGES

Every Monday Teen Chill

6.30-8.30pm, £1 entry fee
(first session free)

Ages 10-16 years
(year 6-year 11)

Great Cornard Leisure Centre,
Head Lane, CO10 0JU
www.abbeycroft.org.uk

Long Melford

Lunch Time Recitals August

Wednesdays 1.10pm

5th Philip Prior -organ

12th Sackville Piano Trio -piano,
violin & cello

19th Stephen Gutman -piano

26th Beech Duo - Guitar & Violin

www.longmelfordchurch.com

Every Tuesday Health Walks – Clare

10.15am for 10.30am

Meet at Clare Country Park
car park.

CO10 8NW

Every Wednesday

7.30pm

where we believe in the joy and
power

of making music together.

Old School

Wells Hall Road

Great Cornard

racheldrury2006@gmail.com



Every Wednesday

2pm

Guided Tours around
Lavenham

Tour Starts outside
the Swan Hotel Foyer
info@guideeast.co.uk

**Every Second Sunday
Lavenham Airfield**

American airbase guided walk
10am – 1.30pm

Adults: £11 Under 12s Free

Booking Essential

<https://bit.ly/42q6BdJ>

**Meet one Thursday in
the month**

Acton Village HALL
7.30pm

Acton Garden Club

contact Bernard Webb
01787 371893

**Last Saturday & Sunday
of the month**

Antiques and Vintage Fair
9.30am – 3.30pm
Old School
Long Melford



USEFUL CONTACTS

SUDBURY LIBRARY

Market Hill, CO10 2EN
01787 321595

THE CHRISTOPHER CENTRE

10 Gainsborough Street, CO10 2EU
01787 313914

KINGFISHER LEISURE CENTRE

Station Road, CO10 2SU
01284 757473

SUDBURY ARTS CENTRE

Market Hill, CO10 2EA
info@sudburyartscentre.com

THE QUAY THEATRE

Quay Lane, CO10 2AN
01787 374745

GAINSBOROUGH'S HOUSE

46 Gainsborough Street, CO10 2EU
01787 372958

BABERGH DISTRICT COUNCIL

0300 1234000
babergh.gov.uk

SUFFOLK COUNTY COUNCIL

0345 266 1821
suffolk.gov.uk

WHICH COUNCIL SERVICE DO I NEED?



SUDBURY
TOWN COUNCIL



Allotments



Sudbury Market



Sudbury Cemetery



Town Council
Committee Meetings



Grant Aid



Sudbury Public events



Street cleansing
(town centre) &
Grounds
Maintenance
(Cemetery,
Croft & Millacre)



Town & Visitor Economy
Tourist Information Centre



0300 1234 000
babergh.gov.uk



0345 606 6067
suffolk.gov.uk



Housing



Car parks



Planning



Licensing



Waste collections
(domestic & business)



Council tax &
business rates



Public Realm



Public facilities



Grants and funding



Statutory
nuisance



Flytipping



Schools & admissions



Public transport &
bus passes



Highways maintenance



Births, deaths
and ceremonies



Blue Badges



On street parking



Traffic lights &
crossings



Suffolk Fire & Rescue



Social care & families



SCENIC SUDBURY



At the Tourist Information Centre in Sudbury we have lots of free walk leaflets available to help you with your local exploration! We also sell a range of walking publications.

Don't forget to pick up our free popular, Explore Sudbury on The Talbot Trail guide. Or if you prefer to be guided, join our 'Step into the Sudbury Story' tours on the third Saturday of the month.

STEP INTO THE SUDBURY STORY

sudbury-tc.gov.uk/guided-tours

From the inspirational to the creative, the scandalous to the gory, come join us to Step in the Sudbury Story!

Your guide will unveil tales of Sudbury's fascinating history from Saxon settlements, artistic inspiration, peasants revolts to Sudbury Silk.

Saturday 18th April

Saturday 16th May

Saturday 20th June

Saturday 18th July

Saturday 15th August

Saturday 17th October

If you have any queries please contact us on 01787 372331 or info@sudbury-tc.gov.uk



Start your Sudbury exploration with a visit to Sudbury's dedicated Tourist Information Centre at The Town Hall in the heart of Sudbury Town Centre.

Whether this is your first visit or you've lived in Sudbury for years, pop in to pick up local maps, guides and to reserve your spot on our monthly 'Step into the Sudbury Story' guided tour. Our knowledgeable staff will help you make the most of your visit to Sudbury and the surrounding picturesque Stour Valley!

Please Note

All information correct at the time of printing. Please check with the event organisers for up to date information to avoid disappointment.



Compiled with #SudburyLove by the Sudbury Tourist Information Centre team

The Town Hall, Sudbury, Suffolk. CO10 1TL.

Tel: 01787 372331

Email: info@sudbury-tc.gov.uk

Website: sudbury-tc.gov.uk

Opening Hours:

Monday - Friday 09:30am - 12:30pm

Saturday 09:00am - 14:00pm

FOLLOW US ON



@EXPLORESUDBURY