



Basic Life Support – Level 2 – Qualification 3-Hour Course – (Minimum of 3 hours)

Course Information:

Unit 1 – Basic Life Support

This regulated Level 2 Basic Life Support qualification will give learners the skills, knowledge and practical competence to administer first aid until professional medical help arrives. This includes how to act in an emergency, providing the casualty with critical life saving assistance until support arrives.

This is particularly suitable for healthcare professionals for the purpose of Continual Professional Development (CPD).

This qualification is delivered following the protocols set by the Resuscitation Council (UK) Guidelines.

Duration:

A minimum of three contact hours in the classroom, consisting of practical and theoretical activities. This course can be delivered in one day or spread over a maximum of 3 weeks ensuring that each session is for a minimum of 1 hour.

Certification:

Practical assessment is ongoing by the instructor along with oral questioning. A three-year Level 2 Award in Basic Life Support will be issued to the learner, subject to meeting the required criteria. The learner will need to complete the full course again to requalify for a further 3 years. It is also recommended that the learner also attends annual refresher training.

A maximum of 12 students can be accommodated on this course and all candidates must be a minimum of 14 years of age to qualify.

Course content provided via Nuco Training as an Approved Instructor.

Content covered on the course:

- Cardiopulmonary Resuscitation (CPR)
- Primary Survey
- Recovery Position
- Safe use of an AED
- Choking

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