

Jade Garden: Allergen Information

This guide is provided to help our customers to make their own decisions on menu choice.

The information in this allergen guide is based on recipe information and supplier specifications.

Please note that allergen information is subject to change, therefore it is advised that each time you order, please inform us of any allergy dietary requirements that you may have.

Allergies & Food Intolerance

Before you order, please let us know if you have any special dietary requirements.

Cross-Contamination

We do handle food products containing **Fish, Molluscs, Crustaceans, Cereals containing Gluten, Eggs, Milk, Soybeans, Peanuts, Nuts, Sesame, Celery, Mustard, Lupin** and **Sulphites** in our kitchen.

It is impossible to guarantee full separation of these allergens at all times from other ingredients in storage, preparation or cooking.

There is a risk that ingredients used in your meal may have accidentally come into contact with an undeclared allergen at any point in time leading to cross-contamination.

Some items which are deep fried will use the same fryers as dishes not containing these ingredients and may be cooked in the same frying oil, which may therefore affect extremely sensitive sufferers.

This Allergen Information Guide is also available on: www.jadegardencannock.com



| No. | SOUP | Fish | Molluscs | Crustaceans | Cereals containing Gluten | Eggs | Milk | Soybeans | Peanuts | Nuts | Sesame | Celery | Mustard | Lupin | Sulphites inc Wine | Comments |
|-------------------|---|------|----------|-------------|---------------------------|------|------|----------|---------|------|--------|--------|---------|-------|--------------------|---|
| S1 | Won Ton Soup | | | ✓ | ✓ | ✓ | ✓ | ✓ | | | ✓ | | | | | |
| S2 | Hot & Sour Soup | ✓ | | ✓ | ✓ | ✓ | ✓ | ✓ | | | ✓ | ✓ | ✓ | | | |
| S3 | Minced Beef & Tomato Soup | ✓ | | | ✓ | ✓ | ✓ | ✓ | | | ✓ | | | | | |
| S4 | Chicken & Sweet Corn Soup | | | | | ✓ | | | | | ✓ | | | | | Suitable for Coeliacs |
| S5 | Shrimp Meat & Sweet Corn Soup | | | ✓ | | ✓ | | | | | ✓ | | | | | Suitable for Coeliacs |
| S6 | Chicken & Noodle Soup | | | | ✓ | ✓ | ✓ | ✓ | | | ✓ | | | | | |
| S7 | Chicken & White Mushroom Soup | | | | ✓ | ✓ | ✓ | ✓ | | | ✓ | | | | | Suitable for Coeliacs if Soy sauce is omitted |
| S8 | Chicken & Chinese Mushroom Soup | | | | ✓ | ✓ | ✓ | ✓ | | | ✓ | | | | | Suitable for Coeliacs if Soy sauce is omitted |
| S9 | Mixed Vegetable Soup | | | | ✓ | ✓ | ✓ | ✓ | | | ✓ | | | | | Suitable for Coeliacs if Soy sauce is omitted |
| APPETIZERS | | | | | | | | | | | | | | | | |
| A1 | Barbecued Spare Ribs with Sauce | | | | ✓ | | | ✓ | | | ✓ | | | | | |
| A2 | Deep Fried Spare Ribs with Syrup | | | | ✓ | | | ✓ | | | ✓ | | | | | |
| A3 | Salt & Pepper Spare Ribs (Hot & spicy) | | | ✓ | ✓ | ✓ | | | | | ✓ | | | | ✓ | |
| A4 | Kin Do Spare Ribs (Sweet & fruity) | ✓ | | | ✓ | ✓ | | | | | ✓ | ✓ | | | | |
| A5 | Sweet & Sour Spare Ribs | ✓ | | | ✓ | ✓ | | | | | ✓ | ✓ | | | | |
| A6 | Barbecued Spare Ribs with Lemon (Dry) | | | | ✓ | ✓ | | ✓ | | | ✓ | | | | | |
| A7 | Crispy Pork Spring Rolls | | ✓ | | ✓ | ✓ | ✓ | ✓ | | | ✓ | | | | | |
| A8 | Sesame King Prawn Toast | | | ✓ | ✓ | ✓ | | ✓ | | | ✓ | | | | | |
| A9 | Deep Fried King Prawns in Batter with Lemon | | | ✓ | ✓ | ✓ | | ✓ | | | ✓ | | | | | |
| A10 | Prawn Cocktail | | | ✓ | ✓ | ✓ | | ✓ | | | ✓ | | ✓ | | | |
| A11 | Crispy Fragrant Duck (Pancakes, spring onion, cucumber & hoi sin sauce) | | | | ✓ | ✓ | | ✓ | | | ✓ | | | | | |
| A12 | Yuk Sung | | | | ✓ | ✓ | | ✓ | ✓ | ✓ | ✓ | | | | ✓ | Suitable for Coeliacs if Soy sauce is omitted |
| A13 | Veggie Sung | | | | ✓ | ✓ | | ✓ | ✓ | ✓ | ✓ | | | | ✓ | Suitable for Coeliacs if Soy sauce is omitted |
| A14 | Veggie Spring Rolls | | | | ✓ | ✓ | | ✓ | | | ✓ | | | | | |
| A14S | Salt & Pepper Veggie Spring Rolls | | | ✓ | ✓ | ✓ | | ✓ | | | ✓ | | | | ✓ | |
| A15 | Chicken Wings in Barbecue Sauce | | | | ✓ | ✓ | | ✓ | | | ✓ | | | | | |
| A16 | Salt & Pepper Chicken Wings | | | ✓ | ✓ | ✓ | | ✓ | | | ✓ | | | | ✓ | |
| A17 | Chicken Wings in Kin Do Sauce | ✓ | | | ✓ | ✓ | | ✓ | | | ✓ | ✓ | | | | |
| A18 | Chicken Wings in Chilli Sauce | ✓ | | ✓ | ✓ | ✓ | | ✓ | | | ✓ | ✓ | | | | |

| No. | CHEF'S SPECIALITY DISHES | Fish | Molluscs | Crustaceans | Cereals containing Gluten | Eggs | Milk | Soybeans | Peanuts | Nuts | Sesame | Celery | Mustard | Lupin | Sulphites inc Wine | Comments |
|---|---|------|----------|-------------|---------------------------|------|------|----------|---------|------|--------|--------|---------|-------|--------------------|---|
| 1 | Jade Garden Special Fried Rice | | ✓ | ✓ | ✓ | ✓ | | ✓ | | | ✓ | | | | ✓ | |
| 2 | Jade Garden Special Noodles | | ✓ | ✓ | ✓ | ✓ | | ✓ | | | ✓ | | | | ✓ | |
| 3 | Wandering Dragon | | ✓ | ✓ | ✓ | ✓ | | ✓ | | | ✓ | | | | ✓ | Suitable for Coeliacs if Soy sauce & Oyster sauce are omitted |
| 4 | Merry Paradise | | ✓ | ✓ | ✓ | ✓ | | ✓ | | | ✓ | | | | ✓ | |
| 5 | Roast Duck So Chow | | ✓ | ✓ | ✓ | ✓ | | ✓ | | | ✓ | | | | ✓ | |
| 6 | Fillet Steak Cantonese Style | ✓ | | | ✓ | ✓ | | ✓ | | | ✓ | ✓ | | | ✓ | |
| 7 | Fillet Steak with Ginger & Spring Onion | | ✓ | | ✓ | ✓ | | ✓ | | | ✓ | ✓ | | | ✓ | Suitable for Coeliacs if Soy sauce & Oyster sauce are omitted |
| 8 | Fillet Steak Satay | | | ✓ | ✓ | ✓ | | ✓ | ✓ | | ✓ | ✓ | ✓ | | ✓ | |
| 8A | Fillet Steak & Black Pepper Sauce | | | | ✓ | ✓ | | ✓ | | ✓ | ✓ | ✓ | ✓ | | ✓ | |
| 9 | Chicken with Lemon Sauce | | | | ✓ | ✓ | ✓ | ✓ | | ✓ | ✓ | ✓ | | | ✓ | |
| 10 | Chicken with Orange Sauce | | | | ✓ | ✓ | ✓ | ✓ | | ✓ | ✓ | ✓ | | | ✓ | |
| 11 | Duck with Lemon Sauce | | | | ✓ | ✓ | ✓ | ✓ | | ✓ | ✓ | ✓ | | | ✓ | |
| 12 | Duck with Orange Sauce | | | | ✓ | ✓ | ✓ | ✓ | | ✓ | ✓ | ✓ | | | ✓ | |
| 13 | Vermicelli, Singapore Style (Hot) | | | ✓ | ✓ | ✓ | | ✓ | | | ✓ | ✓ | ✓ | | ✓ | |
| CANTONESE SAUCE DISHES | | | | | | | | | | | | | | | | |
| (Sweet & tangy, cooked with onion) | | | | | | | | | | | | | | | | |
| C1 | Special Mixed Meat in Cantonese Sauce (Beef, chicken & pork) | ✓ | | | ✓ | | | ✓ | | | ✓ | ✓ | | | | |
| C2 | King Prawn in Cantonese Sauce | ✓ | | | ✓ | | | ✓ | | | ✓ | ✓ | | | | |
| C3 | Char Siu in Cantonese Sauce | ✓ | | | ✓ | | | ✓ | | | ✓ | ✓ | | | | |
| C4 | Beef in Garlic Sauce | ✓ | | | ✓ | | | ✓ | | | ✓ | ✓ | | | | |
| C5 | Chicken in Garlic Sauce | ✓ | | | ✓ | | | ✓ | | | ✓ | ✓ | | | | |
| C6 | Pork in Garlic Sauce | ✓ | | | ✓ | | | ✓ | | | ✓ | ✓ | | | | |
| GARLIC SAUCE DISHES (Hot Garlic Sauce 20p Extra) | | | | | | | | | | | | | | | | |
| 14 | Special Mixed Meat in Garlic Sauce (Beef, chicken & pork) | | ✓ | | ✓ | | | ✓ | | | ✓ | | | | ✓ | Suitable for Coeliacs if Soy sauce & Oyster sauce are omitted |
| 15 | King Prawn in Garlic Sauce | | ✓ | ✓ | ✓ | | | ✓ | | | ✓ | | | | ✓ | Suitable for Coeliacs if Soy sauce & Oyster sauce are omitted |
| 16 | Beef in Garlic Sauce | | ✓ | | ✓ | | | ✓ | | | ✓ | | | | ✓ | Suitable for Coeliacs if Soy sauce & Oyster sauce are omitted |
| 17 | Chicken in Garlic Sauce | | ✓ | | ✓ | | | ✓ | | | ✓ | | | | ✓ | Suitable for Coeliacs if Soy sauce & Oyster sauce are omitted |
| 18 | Pork in Garlic Sauce | | ✓ | | ✓ | | | ✓ | | | ✓ | | | | ✓ | Suitable for Coeliacs if Soy sauce & Oyster sauce are omitted |
| 14H | Special Mixed Meat in Hot Garlic Sauce (Beef, chicken & pork) | | ✓ | ✓ | ✓ | | | ✓ | | | ✓ | | | | ✓ | Suitable for Coeliacs if Soy sauce & Oyster sauce are omitted |
| 15H | King Prawn in Hot Garlic Sauce | | ✓ | ✓ | ✓ | | | ✓ | | | ✓ | | | | ✓ | Suitable for Coeliacs if Soy sauce & Oyster sauce are omitted |
| 16H | Beef in Hot Garlic Sauce | | ✓ | | ✓ | | | ✓ | | | ✓ | | | | ✓ | Suitable for Coeliacs if Soy sauce & Oyster sauce are omitted |
| 17H | Chicken in Hot Garlic Sauce | | ✓ | | ✓ | | | ✓ | | | ✓ | | | | ✓ | Suitable for Coeliacs if Soy sauce & Oyster sauce are omitted |
| 18H | Pork in Hot Garlic Sauce | | ✓ | ✓ | ✓ | | | ✓ | | | ✓ | | | | ✓ | Suitable for Coeliacs if Soy sauce & Oyster sauce are omitted |
| SZECHUAN STYLE DISHES | | | | | | | | | | | | | | | | |
| (Hot bean sauce cooked with spicy Chinese radish & vegetables) | | | | | | | | | | | | | | | | |
| 19 | Special Mixed Meat, Szechuan Style (Beef, chicken & pork) | ✓ | | | ✓ | | | ✓ | | | ✓ | ✓ | | | | |
| 20 | King Prawn Szechuan Style | ✓ | | ✓ | ✓ | | | ✓ | | | ✓ | ✓ | | | | |
| 21 | Beef Szechuan Style | ✓ | | | ✓ | | | ✓ | | | ✓ | ✓ | | | | |
| 22 | Chicken Szechuan Style | ✓ | | | ✓ | | | ✓ | | | ✓ | ✓ | | | | |
| 23 | Pork Szechuan Style | ✓ | | | ✓ | | | ✓ | | | ✓ | ✓ | | | | |

| No. | OK SAUCE DISHES (Sweet & fruity sauce, cooked with spring onion & pineapple) | Fish | Molluscs | Crustaceans | Cereals containing Gluten | Eggs | Milk | Soybeans | Peanuts | Nuts | Sesame | Celery | Mustard | Lupin | Sulphites inc Wine | Comments |
|---|---|------|----------|-------------|---------------------------|------|------|----------|---------|------|--------|--------|---------|-------|--------------------|---|
| 24 | Special Mixed Meat in OK Sauce (Beef, chicken & pork) | ✓ | | | ✓ | ✓ | | | | | ✓ | ✓ | | | | |
| 25 | King Prawn in OK Sauce | ✓ | | ✓ | ✓ | ✓ | | | | | ✓ | ✓ | | | | |
| 26 | Beef in OK Sauce | ✓ | | | ✓ | ✓ | | | | | ✓ | ✓ | | | | |
| 27 | Chicken in OK Sauce | ✓ | | | ✓ | ✓ | | | | | ✓ | ✓ | | | | |
| 28 | Pork in OK Sauce | ✓ | | | ✓ | ✓ | | | | | ✓ | ✓ | | | | |
| GINGER & SPRING ONION DISHES (In a savoury sauce) | | | | | | | | | | | | | | | | |
| 29 | Special Mixed Meat, Ginger & Spring Onion (Beef, chicken & pork) | | ✓ | | ✓ | | | ✓ | | | ✓ | | | | ✓ | Suitable for Coeliacs if Soy sauce & Oyster sauce are omitted |
| 30 | King Prawn Ginger & Spring Onion | | ✓ | ✓ | ✓ | | | ✓ | | | ✓ | | | | ✓ | Suitable for Coeliacs if Soy sauce & Oyster sauce are omitted |
| 31 | Beef Ginger & Spring Onion | | ✓ | | ✓ | | | ✓ | | | ✓ | | | | ✓ | Suitable for Coeliacs if Soy sauce & Oyster sauce are omitted |
| 32 | Chicken Ginger & Spring Onion | | ✓ | | ✓ | | | ✓ | | | ✓ | | | | ✓ | Suitable for Coeliacs if Soy sauce & Oyster sauce are omitted |
| 33 | Pork Ginger & Spring Onion | | ✓ | | ✓ | | | ✓ | | | ✓ | | | | ✓ | Suitable for Coeliacs if Soy sauce & Oyster sauce are omitted |
| CHINESE MUSHROOM DISHES (Cooked in a savoury gravy) | | | | | | | | | | | | | | | | |
| 34 | Special Mixed Meat & Chinese Mushrooms (Beef, chicken & pork) | | ✓ | | ✓ | | | ✓ | | | ✓ | | | | ✓ | Suitable for Coeliacs if Soy sauce & Oyster sauce are omitted |
| 35 | Roast Duck & Chinese Mushrooms | | ✓ | | ✓ | | | ✓ | | | ✓ | | | | ✓ | |
| 36 | King Prawn & Chinese Mushrooms | | ✓ | ✓ | ✓ | | | ✓ | | | ✓ | | | | ✓ | Suitable for Coeliacs if Soy sauce & Oyster sauce are omitted |
| 37 | Beef & Chinese Mushrooms | | ✓ | | ✓ | | | ✓ | | | ✓ | | | | ✓ | Suitable for Coeliacs if Soy sauce & Oyster sauce are omitted |
| 38 | Chicken & Chinese Mushrooms | | ✓ | | ✓ | | | ✓ | | | ✓ | | | | ✓ | Suitable for Coeliacs if Soy sauce & Oyster sauce are omitted |
| 39 | Pork & Chinese Mushrooms | | ✓ | | ✓ | | | ✓ | | | ✓ | | | | ✓ | Suitable for Coeliacs if Soy sauce & Oyster sauce are omitted |
| BLACK PEPPER SAUCE CANTONESE DISHES (Mushrooms, onions & peppers in spicy sauce) | | | | | | | | | | | | | | | | |
| 40 | Special Mixed Meat & Black Pepper Sauce (Beef, chicken & pork) | | | | ✓ | | | ✓ | | ✓ | ✓ | ✓ | | | ✓ | |
| 41 | Roast Duck & Black Pepper Sauce | | | | ✓ | | | ✓ | | ✓ | ✓ | ✓ | | | ✓ | |
| 42 | King Prawn & Black Pepper Sauce | | | ✓ | ✓ | | | ✓ | | ✓ | ✓ | ✓ | | | ✓ | |
| 43 | Beef & Black Pepper Sauce | | | | ✓ | | | ✓ | | ✓ | ✓ | ✓ | | | ✓ | |
| 44 | Chicken & Black Pepper Sauce | | | | ✓ | | | ✓ | | ✓ | ✓ | ✓ | | | ✓ | |
| 45 | Pork & Black Pepper Sauce | | | | ✓ | | | ✓ | | ✓ | ✓ | ✓ | | | ✓ | |

| No. | | Fish | Molluscs | Crustaceans | Cereals containing Gluten | Eggs | Milk | Soybeans | Peanuts | Nuts | Sesame | Celery | Mustard | Lupin | Sulphites inc Wine | Comments |
|---|---|------|----------|-------------|---------------------------|------|------|----------|---------|------|--------|--------|---------|-------|--------------------|---|
| BABY SWEET CORN DISHES (Cooked in a savoury sauce) | | | | | | | | | | | | | | | | |
| 46 | Special Mixed Meat & Baby Sweet Corn (Beef, chicken & pork) | ✓ | ✓ | | ✓ | | | ✓ | | | ✓ | | | | ✓ | Suitable for Coeliacs if Soy sauce & Oyster sauce are omitted |
| 47 | Roast Duck & Baby Sweet Corn | | ✓ | | ✓ | | | ✓ | | | ✓ | | | | ✓ | |
| 48 | King Prawn & Baby Sweet Corn | | ✓ | ✓ | ✓ | | | ✓ | | | ✓ | | | | ✓ | Suitable for Coeliacs if Soy sauce & Oyster sauce are omitted |
| 49 | Beef & Baby Sweet Corn | | ✓ | | ✓ | | | ✓ | | | ✓ | | | | ✓ | Suitable for Coeliacs if Soy sauce & Oyster sauce are omitted |
| 50 | Chicken & Baby Sweet Corn | | ✓ | | ✓ | | | ✓ | | | ✓ | | | | ✓ | Suitable for Coeliacs if Soy sauce & Oyster sauce are omitted |
| 51 | Pork & Baby Sweet Corn | | ✓ | | ✓ | | | ✓ | | | ✓ | | | | ✓ | Suitable for Coeliacs if Soy sauce & Oyster sauce are omitted |
| BROCCOLI DISHES (Cooked with garlic in a savoury gravy) | | | | | | | | | | | | | | | | |
| 52 | Special Mixed Meat & Broccoli (Beef, chicken & pork) | | ✓ | | ✓ | | | ✓ | | | ✓ | | | | ✓ | Suitable for Coeliacs if Soy sauce & Oyster sauce are omitted |
| 53 | Roast Duck & Broccoli | | ✓ | | ✓ | | | ✓ | | | ✓ | | | | ✓ | |
| 54 | King Prawn & Broccoli | | ✓ | ✓ | ✓ | | | ✓ | | | ✓ | | | | ✓ | Suitable for Coeliacs if Soy sauce & Oyster sauce are omitted |
| 55 | Char Siu & Broccoli | | ✓ | | ✓ | | | ✓ | | | ✓ | | | | ✓ | |
| 56 | Beef & Broccoli | | ✓ | | ✓ | | | ✓ | | | ✓ | | | | ✓ | Suitable for Coeliacs if Soy sauce & Oyster sauce are omitted |
| 57 | Chicken & Broccoli | | ✓ | | ✓ | | | ✓ | | | ✓ | | | | ✓ | Suitable for Coeliacs if Soy sauce & Oyster sauce are omitted |
| 58 | Pork & Broccoli | | ✓ | | ✓ | | | ✓ | | | ✓ | | | | ✓ | Suitable for Coeliacs if Soy sauce & Oyster sauce are omitted |
| CASHEW NUT DISHES (Crunchy vegetables in a savoury sauce) | | | | | | | | | | | | | | | | |
| 59 | Special Mixed Meat & Cashew Nuts (Beef, chicken & pork) | | ✓ | | ✓ | | | ✓ | | ✓ | ✓ | ✓ | | | ✓ | Suitable for Coeliacs if Soy sauce & Oyster sauce are omitted |
| 60 | King Prawn & Cashew Nuts | | ✓ | ✓ | ✓ | | | ✓ | | ✓ | ✓ | ✓ | | | ✓ | Suitable for Coeliacs if Soy sauce & Oyster sauce are omitted |
| 61 | Char Siu & Cashew Nuts | | ✓ | | ✓ | | | ✓ | | ✓ | ✓ | ✓ | | | ✓ | |
| 62 | Beef & Cashew Nuts | | ✓ | | ✓ | | | ✓ | | ✓ | ✓ | ✓ | | | ✓ | Suitable for Coeliacs if Soy sauce & Oyster sauce are omitted |
| 63 | Chicken & Cashew Nuts | | ✓ | | ✓ | | | ✓ | | ✓ | ✓ | ✓ | | | ✓ | Suitable for Coeliacs if Soy sauce & Oyster sauce are omitted |
| 64 | Pork & Cashew Nuts | | ✓ | | ✓ | | | ✓ | | ✓ | ✓ | ✓ | | | ✓ | Suitable for Coeliacs if Soy sauce & Oyster sauce are omitted |
| CHILLI DISHES | | | | | | | | | | | | | | | | |
| (Crispy, coated in a light batter, tossed with vegetables in a sweet chilli sauce) | | | | | | | | | | | | | | | | |
| 65 | Special Mixed Meat in Chilli Sauce (Beef, chicken & pork) | ✓ | | ✓ | ✓ | ✓ | | | | | ✓ | ✓ | | | | |
| 66 | King Prawn in Chilli Sauce | ✓ | | ✓ | ✓ | ✓ | | | | | ✓ | ✓ | | | | |
| 67 | Beef in Chilli Sauce | ✓ | | ✓ | ✓ | ✓ | | | | | ✓ | ✓ | | | | |
| 68 | Chicken in Chilli Sauce | ✓ | | ✓ | ✓ | ✓ | | | | | ✓ | ✓ | | | | |
| 69 | Pork in Chilli Sauce | ✓ | | ✓ | ✓ | ✓ | | | | | ✓ | ✓ | | | | |

| No. | | Fish | Molluscs | Crustaceans | Cereals containing Gluten | Eggs | Milk | Soybeans | Peanuts | Nuts | Sesame | Celery | Mustard | Lupin | Sulphites inc Wine | Comments |
|---|--|------|----------|-------------|---------------------------|------|------|----------|---------|------|--------|--------|---------|-------|--------------------|---|
| KUNG PO DISHES | | | | | | | | | | | | | | | | |
| (Crunchy vegetables with sweet chilli & cashew nuts) | | | | | | | | | | | | | | | | |
| 70 | Kung Po Special Mixed Meat (Beef, chicken & pork) | ✓ | | ✓ | ✓ | | | | | ✓ | ✓ | ✓ | | | ✓ | |
| 71 | Kung Po King Prawn | ✓ | | ✓ | ✓ | | | | | ✓ | ✓ | ✓ | | | ✓ | |
| 72 | Kung Po Char Siu | ✓ | | ✓ | ✓ | | | ✓ | | ✓ | ✓ | ✓ | | | ✓ | |
| 73 | Kung Po Beef | ✓ | | ✓ | ✓ | | | | | ✓ | ✓ | ✓ | | | ✓ | |
| 74 | Kung Po Chicken | ✓ | | ✓ | ✓ | | | | | ✓ | ✓ | ✓ | | | ✓ | |
| 75 | Kung Po Pork | ✓ | | ✓ | ✓ | | | | | ✓ | ✓ | ✓ | | | ✓ | |
| SATAY DISHES | | | | | | | | | | | | | | | | |
| (Slightly spicy, cooked with assorted vegetables) | | | | | | | | | | | | | | | | |
| 76 | Satay Special Mixed Meat (Beef, chicken & pork) | | | ✓ | ✓ | | | ✓ | ✓ | | ✓ | ✓ | ✓ | | ✓ | |
| 77 | Satay King Prawn | | | ✓ | ✓ | | | ✓ | ✓ | | ✓ | ✓ | ✓ | | ✓ | |
| 78 | Satay Char Siu | | | ✓ | ✓ | | | ✓ | ✓ | | ✓ | ✓ | ✓ | | ✓ | |
| 79 | Satay Beef | | | ✓ | ✓ | | | ✓ | ✓ | | ✓ | ✓ | ✓ | | ✓ | |
| 80 | Satay Chicken | | | ✓ | ✓ | | | ✓ | ✓ | | ✓ | ✓ | ✓ | | ✓ | |
| 81 | Satay Pork | | | ✓ | ✓ | | | ✓ | ✓ | | ✓ | ✓ | ✓ | | ✓ | |
| BLACK BEAN SAUCE DISHES | | | | | | | | | | | | | | | | |
| (Cooked with Green Peppers or Mushrooms) | | | | | | | | | | | | | | | | |
| 82 | Special Mixed Meat & Black Bean Sauce (Beef, chicken & pork) | | ✓ | | ✓ | | | ✓ | | ✓ | | | | | ✓ | Suitable for Coeliacs if Soy sauce & Oyster sauce are omitted |
| 83 | Roast Duck & Black Bean Sauce | | ✓ | | ✓ | | | ✓ | | ✓ | | | | | ✓ | |
| 84 | King Prawn & Black Bean Sauce | | ✓ | ✓ | ✓ | | | ✓ | | ✓ | | | | | ✓ | Suitable for Coeliacs if Soy sauce & Oyster sauce are omitted |
| 85 | Char Siu & Black Bean Sauce | | ✓ | | ✓ | | | ✓ | | ✓ | | | | | ✓ | |
| 86 | Beef & Black Bean Sauce | | ✓ | | ✓ | | | ✓ | | ✓ | | | | | ✓ | Suitable for Coeliacs if Soy sauce & Oyster sauce are omitted |
| 87 | Chicken & Black Bean Sauce | | ✓ | | ✓ | | | ✓ | | ✓ | | | | | ✓ | Suitable for Coeliacs if Soy sauce & Oyster sauce are omitted |
| 88 | Pork & Black Bean Sauce | | ✓ | | ✓ | | | ✓ | | ✓ | | | | | ✓ | Suitable for Coeliacs if Soy sauce & Oyster sauce are omitted |
| SWEET & SOUR DISHES (Traditional Chinese speciality) | | | | | | | | | | | | | | | | |
| 89 | Sweet & Sour King Prawn Balls | ✓ | | ✓ | ✓ | | | | | ✓ | ✓ | | | | | |
| 90 | Sweet & Sour Chicken Balls | ✓ | | | ✓ | | | | | ✓ | ✓ | | | | | |
| 91 | Sweet & Sour Pork Balls | ✓ | | | ✓ | | | | | ✓ | ✓ | | | | | |
| 93M | Sweet & Sour Special Mixed Meat Cantonese Style (Beef, chicken & pork) | ✓ | | | ✓ | | | ✓ | | ✓ | ✓ | | | | | |
| 92 | Sweet & Sour King Prawn Cantonese Style | ✓ | | ✓ | ✓ | | | | | ✓ | ✓ | | | | | |
| 93B | Sweet & Sour Beef Cantonese Style | ✓ | | | ✓ | | | ✓ | | ✓ | ✓ | | | | | |
| 93 | Sweet & Sour Chicken Cantonese Style | ✓ | | | ✓ | | | ✓ | | ✓ | ✓ | | | | | |
| 94 | Sweet & Sour Pork Cantonese Style | ✓ | | | ✓ | | | ✓ | | ✓ | ✓ | | | | | |

| No. | | Fish | Molluscs | Crustaceans | Cereals containing Gluten | Eggs | Milk | Soybeans | Peanuts | Nuts | Sesame | Celery | Mustard | Lupin | Sulphites inc Wine | Comments |
|---|--|------|----------|-------------|---------------------------|------|------|----------|---------|------|--------|--------|---------|-------|--------------------|---|
| PINEAPPLE DISHES (With Sweet Ginger 20p Extra) | | | | | | | | | | | | | | | | |
| 95 | Roast Duck & Pineapple | ✓ | | | ✓ | | | | | | ✓ | ✓ | | | | |
| 96 | King Prawn & Pineapple | ✓ | | ✓ | ✓ | | | | | | ✓ | ✓ | | | | |
| 97 | Beef & Pineapple | ✓ | | | ✓ | | | | | | ✓ | ✓ | | | | |
| 98 | Chicken & Pineapple | ✓ | | | ✓ | | | | | | ✓ | ✓ | | | | |
| 99 | Pork & Pineapple | ✓ | | | ✓ | | | | | | ✓ | ✓ | | | | |
| 95G | Roast Duck, Sweet Ginger & Pineapple | ✓ | | | ✓ | | | | | | ✓ | ✓ | | | | |
| 96G | King Prawn & Pineapple, Sweet Ginger & Pineapple | ✓ | | ✓ | ✓ | | | | | | ✓ | ✓ | | | | |
| 97G | Beef & Pineapple, Sweet Ginger & Pineapple | ✓ | | | ✓ | | | | | | ✓ | ✓ | | | | |
| 98G | Chicken & Pineapple, Sweet Ginger & Pineapple | ✓ | | | ✓ | | | | | | ✓ | ✓ | | | | |
| 99G | Pork & Pineapple, Sweet Ginger & Pineapple | ✓ | | | ✓ | | | | | | ✓ | ✓ | | | | |
| FRIED RICE DISHES (Hot Style 10p Extra) | | | | | | | | | | | | | | | | |
| 100 | Special Fried Rice | | | ✓ | ✓ | ✓ | | ✓ | | | ✓ | | | | | |
| 101 | Yung Chow Fried Rice | | | ✓ | ✓ | ✓ | | ✓ | | | ✓ | | | | | Suitable for Coeliacs if Char siu & Soy sauce are omitted |
| 102 | King Prawn Fried Rice | | | ✓ | ✓ | ✓ | | ✓ | | | ✓ | | | | | Suitable for Coeliacs if Soy sauce is omitted |
| 103 | Shrimp Fried Rice | | | ✓ | ✓ | ✓ | | ✓ | | | ✓ | | | | | Suitable for Coeliacs if Soy sauce is omitted |
| 104 | Char Siu Fried Rice | | | | ✓ | ✓ | | ✓ | | | ✓ | | | | | |
| 105 | Minced Beef Fried Rice | | | | ✓ | ✓ | | ✓ | | | ✓ | | | | | Suitable for Coeliacs if Soy sauce is omitted |
| 106 | Chicken Fried Rice | | | | ✓ | ✓ | | ✓ | | | ✓ | | | | | Suitable for Coeliacs if Soy sauce is omitted |
| 107 | Vegetable Fried Rice | | | | ✓ | ✓ | | ✓ | | | ✓ | | | | | Suitable for Coeliacs if Soy sauce is omitted |
| 108 | Fried Rice Singapore Style (Hot) | | | ✓ | ✓ | ✓ | | ✓ | | | ✓ | ✓ | ✓ | ✓ | ✓ | |
| 100H | Special Fried Rice Hot Style | | | ✓ | ✓ | ✓ | | ✓ | | | ✓ | ✓ | ✓ | ✓ | ✓ | |
| 101H | Yung Chow Fried Rice Hot Style | | | ✓ | ✓ | ✓ | | ✓ | | | ✓ | ✓ | ✓ | ✓ | ✓ | |
| 102H | King Prawn Fried Rice Hot Style | | | ✓ | ✓ | ✓ | | ✓ | | | ✓ | ✓ | ✓ | ✓ | ✓ | |
| 103H | Shrimp Fried Rice Hot Style | | | ✓ | ✓ | ✓ | | ✓ | | | ✓ | ✓ | ✓ | ✓ | ✓ | |
| 104H | Char Siu Fried Rice Hot Style | | | | ✓ | ✓ | | ✓ | | | ✓ | ✓ | ✓ | ✓ | ✓ | |
| 105H | Minced Beef Fried Rice Hot Style | | | | ✓ | ✓ | | ✓ | | | ✓ | ✓ | ✓ | ✓ | ✓ | |
| 106H | Chicken Fried Rice Hot Style | | | | ✓ | ✓ | | ✓ | | | ✓ | ✓ | ✓ | ✓ | ✓ | |
| 107H | Vegetable Fried Rice Hot Style | | | | ✓ | ✓ | | ✓ | | | ✓ | ✓ | ✓ | ✓ | ✓ | |

| No | CHOW MEIN DISHES (Soft Noodles) (Hot Style 10p Extra) | Fish | Molluscs | Crustaceans | Cereals containing Gluten | Eggs | Milk | Soybeans | Peanuts | Nuts | Sesame | Celery | Mustard | Lupin | sulphites inc Wine | Comments |
|--|---|------|----------|-------------|---------------------------|------|------|----------|---------|------|--------|--------|---------|-------|--------------------|----------|
| 109 | Special Chow Mein | | | ↙ | ↙ | | | ↙ | | | ↙ | | | | | |
| 110 | Yung Chow Chow Mein | | | ↙ | ↙ | | | ↙ | | | ↙ | | | | | |
| 111 | King Prawn Chow Mein | | | ↙ | ↙ | | | ↙ | | | ↙ | | | | | |
| 112 | Shrimp Chow Mein | | | ↙ | ↙ | | | ↙ | | | ↙ | | | | | |
| 113 | Char Siu Chow Mein | | | | ↙ | | | ↙ | | | ↙ | | | | | |
| 114 | Beef Chow Mein | | | | ↙ | | | ↙ | | | ↙ | | | | | |
| 115 | Chicken Chow Mein | | | | ↙ | | | ↙ | | | ↙ | | | | | |
| 116 | Pork Chow Mein | | | | ↙ | | | ↙ | | | ↙ | | | | | |
| 117 | Mushroom Chow Mein | | | | ↙ | | | ↙ | | | ↙ | | | | | |
| 118 | Chow Mein Singapore Style (Hot) | | | ↙ | ↙ | | | ↙ | | | ↙ | ↙ | ↙ | | ↙ | |
| 109H | Special Chow Mein Hot Style | | | ↙ | ↙ | | | ↙ | | | ↙ | ↙ | ↙ | | ↙ | |
| 110H | Yung Chow Chow Mein Hot Style | | | ↙ | ↙ | | | ↙ | | | ↙ | ↙ | ↙ | | ↙ | |
| 111H | King Prawn Chow Mein Hot Style | | | ↙ | ↙ | | | ↙ | | | ↙ | ↙ | ↙ | | ↙ | |
| 112H | Shrimp Chow Mein Hot Style | | | ↙ | ↙ | | | ↙ | | | ↙ | ↙ | ↙ | | ↙ | |
| 113H | Char Siu Chow Mein Hot Style | | | | ↙ | | | ↙ | | | ↙ | ↙ | ↙ | | ↙ | |
| 114H | Beef Chow Mein Hot Style | | | | ↙ | | | ↙ | | | ↙ | ↙ | ↙ | | ↙ | |
| 115H | Chicken Chow Mein Hot Style | | | | ↙ | | | ↙ | | | ↙ | ↙ | ↙ | | ↙ | |
| 116H | Pork Chow Mein Hot Style | | | | ↙ | | | ↙ | | | ↙ | ↙ | ↙ | | ↙ | |
| 117H | Mushroom Chow Mein Hot Style | | | | ↙ | | | ↙ | | | ↙ | ↙ | ↙ | | ↙ | |
| CURRY DISHES | | | | | | | | | | | | | | | | |
| (Includes Boiled Rice or Chips, Fried Rice 10p Extra) | | | | | | | | | | | | | | | | |
| FR | Chips | | | | | | | | | | | | | | | |
| | Boiled Rice | | | | | | | | | | | | | | | |
| FR | Fried Rice | | | | | | | ↙ | | | ↙ | | | | | |
| 119 | Curry Mixed Meat (Beef, chicken & pork) | | | ↙ | ↙ | | | | | | ↙ | ↙ | ↙ | | ↙ | |
| 120 | Curry Special (Char Siu, chicken & shrimps) | | | ↙ | ↙ | | | ↙ | | | ↙ | ↙ | ↙ | | ↙ | |
| 121 | Curry Duck | | | ↙ | ↙ | | | ↙ | | | ↙ | ↙ | ↙ | | ↙ | |
| 122 | Curry King Prawn | | | ↙ | ↙ | | | | | | ↙ | ↙ | ↙ | | ↙ | |
| 123 | Curry Shrimp | | | ↙ | ↙ | | | | | | ↙ | ↙ | ↙ | | ↙ | |
| 124 | Curry Beef | | | ↙ | ↙ | | | | | | ↙ | ↙ | ↙ | | ↙ | |
| 125 | Curry Chicken | | | ↙ | ↙ | | | | | | ↙ | ↙ | ↙ | | ↙ | |
| 126 | Curry Chicken Fillet Breast | | | ↙ | ↙ | | | | | | ↙ | ↙ | ↙ | | ↙ | |
| 127A | Curry Char Siu | | | ↙ | ↙ | | | ↙ | | | ↙ | ↙ | ↙ | | ↙ | |
| 127 | Curry Pork | | | ↙ | ↙ | | | | | | ↙ | ↙ | ↙ | | ↙ | |
| 128 | Curry Mushroom | | | ↙ | ↙ | | | | | | ↙ | ↙ | ↙ | | ↙ | |
| 129 | Curry Mixed Vegetable | | | ↙ | ↙ | | | | | | ↙ | ↙ | ↙ | | ↙ | |

| No. | | Fish | Molluscs | Crustaceans | Cereals containing Gluten | Eggs | Milk | Soybeans | Peanuts | Nuts | Sesame | Celery | Mustard | Lupin | Sulphites inc Wine | Comments |
|--|---|------|----------|-------------|---------------------------|------|------|----------|---------|------|--------|--------|---------|-------|--------------------|---|
| EGG FOO YUNG DISHES | | | | | | | | | | | | | | | | |
| (Chinese Omelette cooked with beansprouts, mushrooms, onion & peas) | | | | | | | | | | | | | | | | |
| 130 | Special Foo Yung | | | ↙ | | ↙ | | ↙ | | | ↙ | | | | | |
| 131 | King Prawn Foo Yung | | | ↙ | | ↙ | | | | | ↙ | | | | | Suitable for Coeliacs |
| 132 | Shrimp Foo Yung | | | ↙ | | ↙ | | | | | ↙ | | | | | Suitable for Coeliacs |
| 133 | Char Siu Foo Yung | | | | ↙ | ↙ | | ↙ | | | ↙ | | | | | |
| 134 | Chicken Foo Yung | | | | | ↙ | | | | | ↙ | | | | | Suitable for Coeliacs |
| 135 | Vegetable Foo Yung | | | | | ↙ | | | | | ↙ | | | | | Suitable for Coeliacs |
| 135A | Mushroom Foo Yung | | | | | ↙ | | | | | ↙ | | | | | Suitable for Coeliacs |
| CHOP SUEY DISHES | | | | | | | | | | | | | | | | |
| (Cooked with beansprouts & seasonal vegetables) | | | | | | | | | | | | | | | | |
| 136 | Special Chop Suey | | ↙ | ↙ | ↙ | | | ↙ | | | ↙ | | | | ↙ | |
| 137 | Roast Duck Chop Suey | | ↙ | | ↙ | | | ↙ | | | ↙ | | | | ↙ | |
| 138 | King Prawn Chop Suey | | ↙ | ↙ | ↙ | | | ↙ | | | ↙ | | | | ↙ | Suitable for Coeliacs if Soy sauce & Oyster sauce are omitted |
| 139 | Shrimp Chop Suey | | ↙ | ↙ | ↙ | | | ↙ | | | ↙ | | | | ↙ | Suitable for Coeliacs if Soy sauce & Oyster sauce are omitted |
| 140 | Char Siu Chop Suey | | ↙ | | ↙ | | | ↙ | | | ↙ | | | | ↙ | |
| 141 | Beef Chop Suey | | ↙ | | ↙ | | | ↙ | | | ↙ | | | | ↙ | Suitable for Coeliacs if Soy sauce & Oyster sauce are omitted |
| 142 | Chicken Chop Suey | | ↙ | | ↙ | | | ↙ | | | ↙ | | | | ↙ | Suitable for Coeliacs if Soy sauce & Oyster sauce are omitted |
| 143 | Pork Chop Suey | | ↙ | | ↙ | | | ↙ | | | ↙ | | | | ↙ | Suitable for Coeliacs if Soy sauce & Oyster sauce are omitted |
| 144 | Mushroom Chop Suey | | ↙ | | ↙ | | | ↙ | | | ↙ | | | | ↙ | Suitable for Coeliacs if Soy sauce & Oyster sauce are omitted |
| ENGLISH MUSHROOM DISHES (Cooked in a savoury gravy) | | | | | | | | | | | | | | | | |
| 145 | Special Mixed Meat & Mushrooms (Beef, chicken & pork) | | ↙ | | ↙ | | | ↙ | | | ↙ | | | | ↙ | Suitable for Coeliacs if Soy sauce & Oyster sauce are omitted |
| 146 | Roast Duck & Mushrooms | | ↙ | | ↙ | | | ↙ | | | ↙ | | | | ↙ | |
| 147 | King Prawn & Mushrooms | | ↙ | ↙ | ↙ | | | ↙ | | | ↙ | | | | ↙ | Suitable for Coeliacs if Soy sauce & Oyster sauce are omitted |
| 148 | Shrimp & Mushrooms | | ↙ | ↙ | ↙ | | | ↙ | | | ↙ | | | | ↙ | Suitable for Coeliacs if Soy sauce & Oyster sauce are omitted |
| 149 | Char Siu & Mushrooms | | ↙ | | ↙ | | | ↙ | | | ↙ | | | | ↙ | |
| 150 | Beef & Mushrooms | | ↙ | | ↙ | | | ↙ | | | ↙ | | | | ↙ | Suitable for Coeliacs if Soy sauce & Oyster sauce are omitted |
| 151 | Chicken & Mushrooms | | ↙ | | ↙ | | | ↙ | | | ↙ | | | | ↙ | Suitable for Coeliacs if Soy sauce & Oyster sauce are omitted |
| 152 | Pork & Mushrooms | | ↙ | | ↙ | | | ↙ | | | ↙ | | | | ↙ | Suitable for Coeliacs if Soy sauce & Oyster sauce are omitted |
| BEANSPROUT DISHES | | | | | | | | | | | | | | | | |
| (Meat in a delicious sauce over beansprouts) | | | | | | | | | | | | | | | | |
| 153 | Roast Duck & Beansprouts | | | | ↙ | | | ↙ | | | ↙ | | | | ↙ | |
| 154 | King Prawn & Beansprouts | | ↙ | ↙ | ↙ | | | ↙ | | | ↙ | | | | ↙ | Suitable for Coeliacs if Soy sauce & Oyster sauce are omitted |
| 155 | Char Siu & Beansprouts | | | | ↙ | | | ↙ | | | ↙ | | | | ↙ | |
| 156 | Beef & Beansprouts | | ↙ | | ↙ | | | ↙ | | | ↙ | | | | ↙ | Suitable for Coeliacs if Soy sauce & Oyster sauce are omitted |
| 157 | Chicken & Beansprouts | | ↙ | | ↙ | | | ↙ | | | ↙ | | | | ↙ | Suitable for Coeliacs if Soy sauce & Oyster sauce are omitted |
| 158 | Pork & Beansprouts | | ↙ | | ↙ | | | ↙ | | | ↙ | | | | ↙ | Suitable for Coeliacs if Soy sauce & Oyster sauce are omitted |
| 159 | Char Siu, Chicken & Beansprouts | | | | ↙ | | | ↙ | | | ↙ | | | | ↙ | |

| No. | | Fish | Molluscs | Crustaceans | Cereals containing Gluten | Eggs | Milk | Soybeans | Peanuts | Nuts | Sesame | Celery | Mustard | Lupin | Sulphites inc Wine | Comments |
|--|---|------|----------|-------------|---------------------------|------|------|----------|---------|------|--------|--------|---------|-------|--------------------|---|
| BAMBOO SHOOTS & WATER CHESTNUT DISHES | | | | | | | | | | | | | | | | |
| (Crunchy vegetables in a savoury sauce) | | | | | | | | | | | | | | | | |
| 160 | Roast Duck, Bamboo Shoots & Water Chestnuts | ✓ | ✓ | ✓ | ✓ | | | ✓ | | | ✓ | | | | | |
| 161 | King Prawn, Bamboo Shoots & Water Chestnuts | | ✓ | | ✓ | | | ✓ | | | ✓ | | | | | Suitable for Coeliacs if Soy sauce & Oyster sauce are omitted |
| 162 | Char Siu, Bamboo Shoots & Water Chestnuts | | ✓ | | ✓ | | | ✓ | | | ✓ | | | | | |
| 163 | Beef, Bamboo Shoots & Water Chestnuts | | ✓ | | ✓ | | | ✓ | | | ✓ | | | | | Suitable for Coeliacs if Soy sauce & Oyster sauce are omitted |
| 164 | Chicken, Bamboo Shoots & Water Chestnuts | | ✓ | | ✓ | | | ✓ | | | ✓ | | | | | Suitable for Coeliacs if Soy sauce & Oyster sauce are omitted |
| 165 | Pork, Bamboo Shoots & Water Chestnuts | | ✓ | | ✓ | | | ✓ | | | ✓ | | | | | Suitable for Coeliacs if Soy sauce & Oyster sauce are omitted |
| ONION DISHES (Meat cooked in a delicious gravy over fried onions) | | | | | | | | | | | | | | | | |
| 166 | King Prawn & Onion | | ✓ | ✓ | ✓ | | | ✓ | | | ✓ | | | | | Suitable for Coeliacs if Soy sauce & Oyster sauce are omitted |
| 167 | Beef & Onion | | ✓ | | ✓ | | | ✓ | | | ✓ | | | | | Suitable for Coeliacs if Soy sauce & Oyster sauce are omitted |
| 168 | Chicken & Onion | | ✓ | | ✓ | | | ✓ | | | ✓ | | | | | Suitable for Coeliacs if Soy sauce & Oyster sauce are omitted |
| 169 | Pork & Onion | | ✓ | | ✓ | | | ✓ | | | ✓ | | | | | Suitable for Coeliacs if Soy sauce & Oyster sauce are omitted |
| TOMATO DISHES (Savoury & fruity dish) | | | | | | | | | | | | | | | | |
| 170 | King Prawn & Tomato | ✓ | | ✓ | ✓ | | | | | | ✓ | ✓ | | | | |
| 171 | Beef & Tomato | ✓ | | | ✓ | | | | | | ✓ | ✓ | | | | |
| 172 | Chicken & Tomato | ✓ | | | ✓ | | | | | | ✓ | ✓ | | | | |
| 173 | Pork & Tomato | ✓ | | | ✓ | | | | | | ✓ | ✓ | | | | |
| OMELETTE DISHES (Include Chips & Peas) | | | | | | | | | | | | | | | | |
| 174 | Spanish Omelette | | | ✓ | ✓ | ✓ | | ✓ | | | ✓ | | | | | |
| 175 | King Prawn Omelette | | | ✓ | ✓ | ✓ | | ✓ | | | ✓ | | | | | Suitable for Coeliacs |
| 176 | Shrimp Omelette | | | ✓ | ✓ | ✓ | | ✓ | | | ✓ | | | | | Suitable for Coeliacs |
| 177 | Chicken Omelette | | | | ✓ | ✓ | | ✓ | | | ✓ | | | | | Suitable for Coeliacs |
| 178 | Ham Omelette (Shoulder Meat) | | | | ✓ | ✓ | | ✓ | | | ✓ | | | | | Suitable for Coeliacs |
| 179 | Mushroom Omelette | | | | ✓ | ✓ | | ✓ | | | ✓ | | | | | Suitable for Coeliacs |
| 179A | Plain Omelette | | | | ✓ | ✓ | | ✓ | | | ✓ | | | | | Suitable for Coeliacs |
| ENGLISH DISHES (Includes Chips) | | | | | | | | | | | | | | | | |
| Grills with Black Pepper Sauce instead of Gravy 20p Extra | | | | | | | | | | | | | | | | |
| 180 | Sirloin Steak | | | | ✓ | | ✓ | ✓ | | | ✓ | | | | | ✓ |
| 182 | Mixed Grill | | | | ✓ | | ✓ | ✓ | | | ✓ | | | | | ✓ |
| 184 | Chicken Maryland (Fillet breast) | | | | ✓ | ✓ | ✓ | ✓ | | | ✓ | | | | | ✓ |
| 185 | Roast Spring Chicken | | | | ✓ | | ✓ | ✓ | | | ✓ | | | | | ✓ |
| 180B | Sirloin Steak with Black Pepper Sauce | | | | ✓ | | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | | | | ✓ |
| 182B | Mixed Grill with Black Pepper Sauce | | | | ✓ | | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | | | | ✓ |

| No. | | Fish | Molluscs | Crustaceans | Cereals containing Gluten | Eggs | Milk | Soybeans | Peanuts | Nuts | Sesame | Celery | Mustard | Lupin | Sulphites inc Wine | Comments |
|--|--|------|----------|-------------|---------------------------|------|------|----------|---------|------|--------|--------|---------|-------|--------------------|---|
| SALT & PEPPER DISHES (Spicy dry dish) | | | | | | | | | | | | | | | | |
| 187M | Salt & Pepper Special Mixed Meat (Beef, chicken & pork) | | | ✓ | ✓ | ✓ | | | | | ✓ | | | | ✓ | |
| 186 | Salt & Pepper King Prawn | | | ✓ | ✓ | ✓ | | | | | ✓ | | | | ✓ | |
| 187B | Salt & Pepper Beef | | | ✓ | ✓ | ✓ | | | | | ✓ | | | | ✓ | |
| 187 | Salt & Pepper Chicken | | | ✓ | ✓ | ✓ | | | | | ✓ | | | | ✓ | |
| 187P | Salt & Pepper Pork | | | ✓ | ✓ | ✓ | | | | | ✓ | | | | ✓ | |
| VEGETABLE DISHES (Large container) | | | | | | | | | | | | | | | | |
| 188 | Mixed Vegetables Szechuan Style | ✓ | | | ✓ | | | ✓ | | | ✓ | ✓ | | | | |
| 189 | Mixed Vegetables & Black Pepper Sauce | | | | ✓ | | | ✓ | | | ✓ | ✓ | | | ✓ | |
| 190 | Mixed Vegetables & Cashew Nuts | | ✓ | | ✓ | | | ✓ | | ✓ | ✓ | ✓ | | | ✓ | Suitable for Coeliacs if Soy sauce & Oyster sauce are omitted |
| 191 | Mixed Vegetables & Chilli | ✓ | | ✓ | ✓ | | | | | | ✓ | ✓ | | | | |
| 192 | Mixed Vegetables Satay | | | ✓ | ✓ | | | ✓ | ✓ | | ✓ | ✓ | ✓ | | ✓ | |
| 193 | Mixed Vegetables & Black Bean Sauce | | ✓ | | ✓ | | | ✓ | | | ✓ | ✓ | | | ✓ | Suitable for Coeliacs if Soy sauce & Oyster sauce are omitted |
| 194 | Mixed Vegetables & Sweet & Sour Sauce | ✓ | | | ✓ | | | | | | ✓ | ✓ | | | | |
| DESSERTS | | | | | | | | | | | | | | | | |
| D1 | Banana Fritter with Syrup | | | | ✓ | | | | | | | | | | | |
| D2 | Pineapple Fritter with Syrup | | | | ✓ | | | | | | | | | | | |
| EXTRA PORTIONS | | | | | | | | | | | | | | | | |
| P1 | Chips | | | | | | | | | | | | | | | Suitable for Coeliacs |
| P2 | Boiled Rice | | | | | | | | | | | | | | | Suitable for Coeliacs |
| P3 | Fried Rice | | | | ✓ | ✓ | | ✓ | | | ✓ | | | | | Suitable for Coeliacs if Soy sauce is omitted |
| P4 | Prawn Crackers | | | ✓ | | | | | | | | | | | | Suitable for Coeliacs |
| P5 | Noodles | | | | ✓ | | | ✓ | | | ✓ | | | | | |
| P6 | Mushrooms | | ✓ | | ✓ | | | ✓ | | | ✓ | | | | ✓ | Suitable for Coeliacs if Soy sauce & Oyster sauce are omitted |
| P7 | Beansprouts | | | | ✓ | | | | | | ✓ | | | | ✓ | Suitable for Coeliacs |
| P8 | Mixed Vegetables | | ✓ | | ✓ | | | ✓ | | | ✓ | | | | ✓ | Suitable for Coeliacs if Soy sauce & Oyster sauce are omitted |
| P9 | Bamboo Shoots & Water Chestnuts | | ✓ | | ✓ | | | ✓ | | | ✓ | | | | ✓ | Suitable for Coeliacs if Soy sauce & Oyster sauce are omitted |
| P10 | Fried Onions | | | | ✓ | | | ✓ | | | ✓ | | | | ✓ | Suitable for Coeliacs if Soy sauce is omitted |
| P11 | Pancake Roll | | | ✓ | ✓ | ✓ | | ✓ | | | ✓ | | | | ✓ | |
| VPR | Veggie Pancake Roll | | | ✓ | ✓ | ✓ | ✓ | ✓ | | | ✓ | | | | ✓ | |
| P12 | Curry Sauce | | | ✓ | ✓ | ✓ | | ✓ | | | ✓ | ✓ | ✓ | | ✓ | |
| P13 | Sweet & Sour Sauce | ✓ | | | ✓ | ✓ | | | | | ✓ | ✓ | | | | |
| P14 | Barbecue sauce | | | | ✓ | ✓ | | ✓ | | | ✓ | ✓ | | | | |
| P15 | Chilli Sauce | ✓ | | ✓ | ✓ | ✓ | | | | | ✓ | ✓ | | | | |
| P16 | Salt & Pepper Chips | | | ✓ | ✓ | ✓ | | | | | ✓ | | | | ✓ | Suitable for Coeliacs |
| P17C | Chips with Curry Sauce | | | ✓ | ✓ | ✓ | | | | | ✓ | ✓ | ✓ | | ✓ | |
| P17S | Chips with Sweet & Sour Sauce | ✓ | | | ✓ | ✓ | | | | | ✓ | ✓ | | | | |
| P17B | Chips with BBQ Sauce | | | | ✓ | ✓ | | ✓ | | | ✓ | ✓ | | | | |
| P18C | 3 in 1 (Chips & Fried Rice with Curry Sauce) | | | ✓ | ✓ | ✓ | ✓ | ✓ | | | ✓ | ✓ | ✓ | | ✓ | |
| P18S | 3 in 1 (Chips & Fried Rice with Sweet & Sour Sauce) | ✓ | | | ✓ | ✓ | | ✓ | | | ✓ | ✓ | | | | |
| P18B | 3 in 1 (Chips & Fried Rice with BBQ Sauce) | | | | ✓ | ✓ | | ✓ | | | ✓ | ✓ | | | | |
| P19C | 3 in 1 with Chicken (Chips & Fried Rice with Curry Sauce) | | | ✓ | ✓ | ✓ | ✓ | ✓ | | | ✓ | ✓ | ✓ | | ✓ | |
| P19S | 3 in 1 with Chicken (Chips & Fried Rice with Sweet & Sour Sauce) | ✓ | | | ✓ | ✓ | | ✓ | | | ✓ | ✓ | | | | |
| P19B | 3 in 1 with Chicken (Chips & Fried Rice with BBQ Sauce) | | | | ✓ | ✓ | | ✓ | | | ✓ | ✓ | | | | |
| P20C | 3 in 1 with Beef (Chips & Fried Rice with Curry Sauce) | | | ✓ | ✓ | ✓ | | ✓ | | | ✓ | ✓ | ✓ | | ✓ | |
| P20S | 3 in 1 with Beef (Chips & Fried Rice with Sweet & Sour Sauce) | ✓ | | | ✓ | ✓ | | ✓ | | | ✓ | ✓ | | | | |
| P20B | 3 in 1 with Beef (Chips & Fried Rice with BBQ Sauce) | | | | ✓ | ✓ | | ✓ | | | ✓ | ✓ | | | | |

| No. | SPECIAL CANTONESE BANQUETS | Fish | Molluscs | Crustaceans | Cereals containing Gluten | Eggs | Milk | Soybeans | Peanuts | Nuts | Sesame | Celery | Mustard | Lupin | Sulphites inc Wine | Comments |
|-----|---|------|----------|-------------|---------------------------|------|------|----------|---------|------|--------|--------|---------|-------|--------------------|---|
| DA | (A) FOR 2 PERSONS | | | | | | | | | | | | | | | |
| | Chicken & Sweet Corn Soup | | | | | ✓ | | | | | ✓ | | | | | Suitable for Coeliacs |
| | Prawn Crackers | | | ✓ | | | | | | | | | | | | Suitable for Coeliacs |
| | Barbecued Spare Ribs in Sauce | | | | ✓ | | | ✓ | | | ✓ | | | | | |
| | Sweet & Sour Pork Balls | ✓ | | | ✓ | | | | | | ✓ | ✓ | | | | |
| or | Sweet & Sour Pork Cantonese Style | ✓ | | | ✓ | ✓ | | | | | ✓ | ✓ | | | | |
| | Wandering Dragon | | ✓ | ✓ | ✓ | | | ✓ | | | ✓ | | | | ✓ | Suitable for Coeliacs if Soy sauce & Oyster sauce are omitted |
| | Yung Chow Fried Rice | | | ✓ | ✓ | ✓ | | ✓ | | | ✓ | | | | | Suitable for Coeliacs if Char siu & Soy sauce are omitted |
| DB | (B) FOR 3 PERSONS | | | | | | | | | | | | | | | |
| | Hot & Sour Soup | ✓ | | ✓ | ✓ | ✓ | | ✓ | | | ✓ | ✓ | ✓ | | | |
| | Crispy Pork Spring Rolls | | ✓ | | ✓ | ✓ | ✓ | ✓ | | | ✓ | | | | | |
| | Salt & Pepper Spare Ribs | | | ✓ | ✓ | ✓ | | | | | ✓ | | | | ✓ | |
| | Sweet & Sour Chicken Balls | ✓ | | | ✓ | ✓ | | | | | ✓ | ✓ | | | | |
| or | Sweet & Sour Chicken Cantonese Style | ✓ | | | ✓ | ✓ | | | | | ✓ | ✓ | | | | |
| | Beef & Baby Sweet Corn | | ✓ | | ✓ | | | ✓ | | | ✓ | | | | ✓ | Suitable for Coeliacs if Soy sauce & Oyster sauce are omitted |
| | King Prawn & Broccoli | | ✓ | ✓ | ✓ | ✓ | | ✓ | | | ✓ | | | | ✓ | Suitable for Coeliacs if Soy sauce & Oyster sauce are omitted |
| | Yung Chow Fried Rice | | | ✓ | ✓ | ✓ | | ✓ | | | ✓ | | | | | Suitable for Coeliacs if Char siu & Soy sauce are omitted |
| DC | (C) FOR 4 PERSONS | | | | | | | | | | | | | | | |
| | Shrimp Meat & Sweet Corn Soup | | | ✓ | | ✓ | | | | | ✓ | | | | | Suitable for Coeliacs |
| | Sesame King Prawn Toast | | | ✓ | ✓ | ✓ | | ✓ | | | ✓ | | | | | |
| | Kin Do Spare Ribs | ✓ | | | ✓ | ✓ | | | | | ✓ | ✓ | | | | |
| | Sweet & Sour King Prawn Balls | ✓ | | ✓ | ✓ | ✓ | | | | | ✓ | ✓ | | | | |
| or | Sweet & Sour King Prawn Cantonese Style | ✓ | | ✓ | ✓ | ✓ | | | | | ✓ | ✓ | | | | |
| | Beef & Chinese Mushrooms | | ✓ | | ✓ | ✓ | | ✓ | | | ✓ | | | | ✓ | Suitable for Coeliacs if Soy sauce & Oyster sauce are omitted |
| | Chicken & Cashew Nuts | | ✓ | | ✓ | ✓ | | ✓ | ✓ | | ✓ | ✓ | | | ✓ | Suitable for Coeliacs if Soy sauce & Oyster sauce are omitted |
| | Satay Pork | | | ✓ | ✓ | ✓ | | ✓ | ✓ | | ✓ | ✓ | ✓ | | ✓ | |
| | Yung Chow Fried Rice | | | ✓ | ✓ | ✓ | | ✓ | | | ✓ | | | | | Suitable for Coeliacs if Char siu & Soy sauce are omitted |