



JPF

First Aid

Health and Safety Level 1 Qualification Half Day Course

Course Information:

Unit: Introduction to Health and Safety for People at Work

This is an excellent introduction to health and safety in the workplace and will benefit any worker, in any industry or sector and accommodates induction training for the new employee very well.

All aspects of Health and Safety are important to a business whether you are an employee, contractor or supplier and this half-day course will benefit both the learner and the business, ensuring that the working environment is a safe and healthy one.

Duration:

This is a half-day classroom-based course and no previous experience is necessary.

Certification:

Assessment is on-going by the instructor along with a multi choice question paper.

The qualification does not have an expiry date but refresher training and keeping up to date with changes to policies, procedures and new legislation through ongoing CPD is vital.

Course content provided via Nuco Training as an Approved Instructor.

Content covered on the course:

- Understanding the importance of health, safety and welfare standards in the workplace
- Knowing how hazards and risks are controlled in the workplace
- Being aware of the main causes and effects of poor health and safety at work
- Understanding how health and safety information is communicated in the workplace

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Trainer/Assessor Registered Number 1088