



JPF
First Aid

First Aid at Work – Level 3 – Re-qualification 2-Day Course – (Minimum of 12 hours)

Course Information:

Unit 1 – Emergency First Aid in the Workplace
Unit 2 – Recognition and Management of illness and injury in the Workplace

This 2-day First Aid at Work course is designed for those who currently hold a First Aid at Work qualification and is due to expire.

Please discuss with JPF First Aid any queries you may have with regards to expiry dates and staff still being able to complete a 2-day re-qualification course.

The important thing to remember is that as soon as the certificate expires, the First Aider is no longer considered competent to act as a First Aider in the workplace which may well leave the employer with a shortfall of First Aiders. Therefore, it would be advisable to arrange their re-qualification before the certificate expires.

Duration:

A minimum of 12 hours spread over at least two days. Ideally, the course should be run over two consecutive days, but can be spread over a longer time period if you so desire, providing it is completed within 7 weeks of starting the course and the training sessions last for a minimum of two hours.

Certification:

Summative practical assessment is ongoing by the instructor each day, along with a written assessment for unit 2. A three-year Level 3 Award in First Aid at Work will be issued to the learner, subject to successful assessment. No external assessors are required.

Course content provided via Nuco Training as an Approved Instructor.

Content covered on the course:

- Legalities, responsibilities and reporting
- Assessment of the situation
- Dealing with an unresponsive casualty
- Fractures and spinal injuries
- Control of bleeding
- Poisoning
- Burns
- Epilepsy
- Resuscitation and AED Awareness
- Bandaging
- Heart attack
- Head injuries
- Chest injuries
- Asthma
- Stroke
- Shock (including Anaphylaxis)
- Choking
- Eye injuries
- Sprains and strains
- Diabetes



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