



## First Aid at Work – Level 3 – Qualification 3-Day Course – (Minimum of 18 hours)

### Course Information:

Unit 1 – Emergency First Aid in the Workplace  
Unit 2 – Recognition and Management of illness and injury in the Workplace

It is a requirement of the Health & Safety law that employers provide a safe and healthy environment to work in. If your assessment of first aid needs highlights the need for qualified first aiders, then this level 3 qualification will provide you with suitable, highly trained personnel.

This comprehensive three-day course covers a wide range of first aid emergencies, enabling all participants to deal with emergency situations with confidence in a prompt, safe and effective way. In addition, this course will include any protocol changes that may have arisen since their last training course.

This course will give the participants a qualification to the highest level of First Aid, meeting the statutory requirements of the Health and Safety (First Aid) Regulations 1981.

### Duration:

A minimum of 18 hours spread over at least three days. Ideally, the course should be run over three consecutive days, but we have the flexibility to accommodate your specific needs if you so desire providing it is completed within 10 weeks of starting the course and the training sessions last for a minimum of two hours.

### Certification:

Summative practical assessment is ongoing by the instructor each day, along with a written assessment for unit 2. A three-year Level 3 Award in First Aid at Work will be issued to the learner, subject to successful assessment. No external assessors are required.

Course content provided via Nuco Training as an Approved Instructor.

### Content covered on the course:

- Legalities, responsibilities and reporting
- Assessment of the situation
- Dealing with an unresponsive casualty
- Fractures and spinal injuries
- Control of bleeding
- Poisoning
- Burns
- Epilepsy
- Resuscitation and AED Awareness
- Bandaging
- Heart attack
- Head injuries
- Chest injuries
- Asthma
- Stroke
- Shock (including Anaphylaxis)
- Choking
- Eye injuries
- Sprains and strains
- Diabetes

