



Emergency First Aid at Work – Level 3 – Qualification 1-Day Course – (Minimum of 6 hours)

Course Information:

Unit 1 – Emergency First Aid in the Workplace

Where a risk assessment of First Aid needs identifies that there is a requirement for Emergency First Aid at Work practitioners in the workplace, then this national Award in Emergency First Aid at Work satisfies the requirements of the regulatory body for First Aid – the Health and Safety Executive (HSE).

All learners will receive the skills and knowledge to provide the organisation with Emergency First Aider's that can provide treatment to their casualties in a prompt, safe and efficient manner.

Duration:

A minimum of six contact hours in the classroom, consisting of practical and theoretical activities, plus some pre-course activity could be required. Ideally, the course should be run over one day, but can be spread over a longer time period if you so desire, providing it is completed within 4 weeks of starting the course and the training sessions last for a minimum of two hours.

Certification:

Practical assessment is ongoing by the instructor. A three-year Level 3 Award in Emergency First Aid at Work will be issued to the learner, subject to meeting the required criteria. The HSE strongly recommend that an annual refresher course of 3 hours is also completed within the 3-year certificate timeframe.

Course content provided via Nuco Training as an Approved Instructor.

Content covered on the course:

- Responsibilities and reporting
- Assessment of the situation
- Dealing with an unresponsive casualty
- Basic hygiene in First Aid
- Resuscitation and AED Awareness
- Anatomy
- Minor injuries
- Bleeding control
- Burns
- Choking
- Epilepsy
- Shock

