



# Vitality Spa Infrared Sauna Retreat

Our lovely 30 minute individual retreat includes:

- ✿ 15 minutes use of our infrared sauna
- ✿ Waterfall shower
- ✿ Changing cubicle
- ✿ Tropic Body Wash
- ✿ Morphosis Shampoo & Conditioner
- ✿ Hair dryer
- ✿ Drinking water
- ✿ Relaxation lounge

£10\*

Contact Sam on:  
07763697729

\*£10 per booking, must be booked a minimum of 24hrs prior, one person only per booking, must bring your own towel and swimwear. Available to book on selective days only. Does not include use of other facilities, payment upfront non refundable. 3% booking fee for all card transactions. Located inside Crayg Ward Hair Clinic Cannock.