## Hawthorns

### Care With A Difference

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www.averyhealthcare.co.uk





Aldridge Care and Retirement Home offers the highest quality residential care in beautiful and spacious surroundings.

## A Warm Welcome Awaits You

The Hawthorns Care and Retirement Home Aldridge is set in a desirable conservation area nestled in a semi-rural setting. A care home which offers a warm welcome and real comfort in surroundings which boast high-quality furnishings and stylish décor. The home is situated adjacent to The Croft, a pleasant village green enjoyed by walkers, residents and visitors to Aldridge. The Hawthorns is conveniently located for a short walk to the Parish Church, cricket club and local amenities which includes a variety of independent shops, post office, coffee shop and high street banks.

Owned by award-winning national care provider, Avery Healthcare, Hawthorns Aldridge is part of a nationwide portfolio of homes and provides a stunning environment in which to enjoy the best of care in your retirement.

The home nurtures an atmosphere of care and companionship, all delivered by skilled and suitably qualified staff who are happy to 'go the extra mile' to make your move to the Hawthorns as easy and enjoyable as possible.

Our resident's well-being is our primary concern, and we ensure they receive the very best support tailored to individual needs. Well-balanced delicious meals, cooked by our award-winning chef, are offered through carefully designed and freshly prepared menu choices and table service every day. A range of healthy and enjoyable exercise sessions are offered along with daily activities and outings to places of interest. Our Well-being programme is all part of a supportive lifestyle that helps residents enjoy their later years in style. Whatever you enjoy doing, we are confident you will find something to satisfy your interests at Hawthorns Aldridge. Hairdressing, beauty therapy and pamper services are available in our salon and therapy room or you may enjoy watching a film, shown in our cinema. The welcoming café areas, with freshly baked cakes, biscuits and hot beverages, provide a social atmosphere and are open throughout the day for friends, families and visitors. The spacious rooftop terrace provides another outside area to enjoy on a sunny day as well as a giant chess board and full-length bowling green. For those wanting some quiet time, the library offers a variety of books to enjoy, and our lounges offer a comfortable place to relax.

#### **High-Quality Living**

Our beautifully appointed rooms and one-bedroom apartments are very spacious and furnished to a high standard, with many ground floor rooms offering patio doors opening on to the beautiful, landscaped gardens. Each room has a double bed for single occupancy and a choice of twin beds or double beds for couples, all with en-suite shower rooms and a flat screen TV. Wi-Fi is freely available throughout the home to help keep residents in touch with their family and friends and stay online to enjoy the benefits of internet connection.

#### Life in the Home

Our patios and garden are a delight all year round. A team of gardeners have created a space that offers something for everyone, with mature trees, shrubs and flowers for all seasons. With its raised beds, bird feeders, herb planters and greenhouse, the garden is ideal for those green-fingered residents, who through our Gardening Club in the summer months, can enjoy tending the plants and flowers.

Of course, the garden can equally be enjoyed by those who simply want to relax on the patio and take in the sights and fragrances, or delight in taking afternoon tea and cake outside.







#### Your Well-being

As an active home, we have a dedicated Well-Being Team who produce an interesting and varied programme of activities and events each day. These activities form the basis for our Well-being programme and are designed to support the resident's well-being through Social, Physical and Psychological development.

With a great choice of activities, there is always something going on, and if our residents have a personal interest then we will do our best to support that too.

#### **Restaurant Dining**

Dining is one of the highlights of the day, a time when residents come together and socialise in one of our restaurants. Our award-winning chef consults with residents to understand their preferences and locally sourced, freshly prepared ingredients are a match for any high-quality restaurant. Our professional culinary team are always keen to serve adventurous dishes to complement traditional fare, and they enjoy in delighting our residents with a menu that offers something to please everyone. Popular attractions for our residents are the many museums, parks and local amenities in Aldridge making it easier for residents to maintain independence without wandering too far from home.



#### Philosophy of Care

We treat each and every resident as an individual, based upon their own unique needs and preferences. We enrich their lives and know that their choices are an important part of this. Hawthorns gives each resident and their family the opportunity to be involved in planning, developing, and assessing their needs to ensure that we identify and satisfy each individuals' wishes and expectations. We know that resident well-being and quality of life is more than just the care they receive, but the relationships they develop, their surroundings, interests, and overall happiness. You can rest assured that you or your loved one can expect to receive the very best care and quality of life at Hawthorns Aldridge.

#### **Our Dedicated Dementia Community**

Avery's Dementia Care Community is designed to build upon a resident's capabilities and help them to live an active and fulfilling life. People living with dementia often find it difficult to communicate, which can lead to a feeling of isolation. Our Dementia Care Team helps residents re-engage and reconnect with their families, friends and the wider community. We work closely with the family to understand the resident's life, and our trained staff are chosen for their empathetic and positive approach.









Hawthorns Aldridge is your home from home; a place where residents enjoy a great quality of life, with a combination of first class care and personalised well-being and activities.

#### What Next?

Come along and see for yourself our beautiful home in this fabulous location. Visit us and talk to our staff, our residents and family members to get a real sense of the community we have at the Hawthorns. Please contact us to arrange an appointment, or simply call in.

### Call: 01922 452087

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