



Meaning "Reborn", Avatar is unique compared to other Indian and Nepalese restaurants. We offer refined Indian and Nepalese dishes of today from diverse regions created by our talented chefs and presented with style. The menu remains true to classic Indian & Nepalese recipes

APPETISERS

- PAKORAS (ONION BHAJI) V** £3.25
Crispy nuggets of potato, onion and crushed coriander seeds shallow fried and served with a cool cucumber chutney
- VEGETABLE SAMOSA V N Gu** £3.25
Crispy fried crushed samosa stuffed with potato, peas & Nepalese spice, served with cucumber chutney
- CHILLI GARLIC MUSHROOM V N New** £4.25
Herbs, spices, coated fresh mushroom, sizzled with hint of chilli & garlic
- HONEY CHILLI POTATO V N New** £4.25
Deep fried baby potatoes, coated with corn flour, tossed Szechuan sauce, honey and sesame seeds
- VEGETABLES MANCHURIAN V Gu** £4.25
Deep fried freshly made vegetables balls tossed in special chilli & soy sauce
- PRAWN PURI** £4.95
Prawns cooked with nepalese spice served with puri bread
- PANEER TIKKA V** £4.25
Indian cottage cheese marinated with yogurt & spices & barbecued in clay oven
- TANDOORI WINGS N New** £4.25
Chicken wings marinated with yogurt, fresh herbs & spices, cooked in clay oven
- CHICKEN / LAMB TIKKA** £4.25 / £5.95
Garlic & thyme marinated tikka served with pickled chutney
- MOMO (CHICKEN) N Gu** £4.95
Dumpling served with tomato chutney, most popular appetiser in Nepal (please allow us 15-20 minutes)
- LAMB SHEEK KEBAB** £4.95
Robustly flavoured with ginger, coriander & pimento served with cucumber chutney
- RESHMI KEBAB New** £4.95
Chicken supreme marinated with coconut paster, Nepalese spice & herbs, cooked in a clay oven
- ORISSA STYLE CHILLI FRIED SQUID N** £6.95
Tossed in hot, sweet & sour spices, cucumber chutney.
- LAMB CHOPS** £7.95
Spiced with roasted coconut. Dill crushed black pepper flavourings with spiced yogurt
- TRIO OF TIKKA New** £7.95
More details please ask with member of staff (Chef's Special)

- GOAN STYLE BEEF** £7.95
Cuts of beef fillet soaked overnight in a yoghurt and marinate, spiced with crushed ginger, chillies and cloves then chargrilled to perfection
- CHILLI FISH N New** £6.95
Deep fried Tilapia fish tossed with capsicum, onion, ginger, & chilli
- SALMON TIKKA** £7.95
Infused with crush coriander seeds, chilli flakes grilled in woodfried tandoor served with spicy yogurt
- LASOONI JINGA N New** £7.95
Tiger prawn marinated with ginger, garlic & Nepalese spice, served with spicy yogurt sauce
- SEKUWA DUCK / LAMB / CHICKEN N New** £7.95 / £6.95 / £5.95
Grilled tikka infused with fenugreek & Nepalese spice, very popular snack in Nepal
- MIX PLATTER (Ideal for Two People)** £10.95
Onion Bhaji, Veg Samosa, Lamb Tikka, Reshmin Kebab
- SEAFOOD PLATTER (Ideal for Two People)** £14.95
Lasooni Jinga, Salmon Tikka, Fish Chilli, Squid



CHEF SIGNATURE DISHES

- MODU MURG** £9.95
Strips of chicken breast cooked with honey, mango and coconut in a creamy sauce, served with crispy parsnips, a wonderful dish (very mild)
- CHILLI CHICKEN / LAMB N** £9.95 / 10.95
Barbecued chicken or lamb cooked in nepalese spices touched with fresh green chillis, spring onions and peppers (fairly hot)
- RARA LAMB(N)** £9.95
Cooked with red chilli, spiced fried with shallots, ginger & coriander (fairly hot)
- MURGH CHATTINAD** £10.95
Boneless pieces of chicken tossed with onion, coconut, spicy gravy tempered with curry leaves & mustard seeds (fairly hot)
- CURRY LABABDAR (CHICKEN / LAMB)** £10.95
Boneless pieces of chicken tossed with onion, coconut, ginger & sweet chilli; served with saffron pilau rice (medium spice)
- OLD DESHI STYLE CHICKEN CURRY** £10.95
Honey and orange glazed chicken curry in rich tomato gravy with cream of coconut & fenugreek leaves served with saffron pilau rice (Mild)
- TANDOORI CHICKEN BREAST (Eating in only)** £11.95
Black lentil sauce and saffron pilau rice served with rocket
- ROGHAN JOSH STYLE LAMB SHANK (Eating in only)** £14.95
Over night marinated shank of lamb pot roasted with tomato, fresh herbs & spice
- WOOD-FIRE TANDOORI STEAK (Eating in only)** £15.95
Sirloin steak of beef marinated with tandoori spice. Grilled in wood fire tandoor, served with bombay style potato and salad (Medium Spicy)

- TANDOORI LAMB CHOPS (Eating in only)** £14.95
Chops of lamb, tandoori spice served in a pepper, fried onions and mint sauce with masala mashed potato (medium spicy)
- HARIYALI LAMB N** £9.95
Lamb cooked with fresh mints, spring onion & nepalese spices
- GURKHALI CHICKEN OR LAMB N** £9.95
Boneless chicken or lamb cooked nepalese herbs, yogurt & green chillies (medium-fairly hot)
- KATHMANDU DUCK N New** £14.95
Fresh fillets of duck cooked with onion, pepper, ginger & roasted garlic
- HIMALI CHICKEN N New** £14.95
Chicken breast stuffed with spinach, potato, cheese, served with garlic butter sauce and pilau rice.
- AVATAR SPECIAL LAMB** £10.95
Lamb cooked with fresh green peper, onion, tomato sauce with Nepalese spices.
- KATHMANDU CHICKEN N New (Eating in only)** £12.95
Fresh chicken supreme marinated with ginger, garlic, pan-fried, touched with coconut cream and tomato sauce,
- AVATAR SPECIAL VEGETABLE V N New** £8.95
Fresh aspara, mushroom & baby corn cooked in spicy sauce (Semi dry)
- CHILLI PANER MASALA V N** £8.95
Indian cottage cheese, tossed with onion, pepper, soya & chilli sauce
- CHICKPEA & AUBERGINE V N** £7.95



FRESH SEAFOOD DISHES

- NEPALESE MACHCHA SPECIAL N** £14.95
Marinated monk fish cooked with crushed mustard, touch of garlic, ginger and fresh coriander (medium—fairly hot)
- GOAN STYLE FISH CURRY** £14.95
Spice marinade pan—grilled fresh sea bass fillet then cooked with garlic, tomatoes and herbs (medium sauce)
- ROASTED WHOLE SEA BASS (Eating in only)** £14.95
Served on a bed of lightly spiced pine nuts, peppers and yogurt sauce; served with garlic spice spinach and salad.
- ROASTED SALMON** £15.95
With dill, mustard, honey & green chilli, served pan toasted green pea & sweet corn
- KING PRAWN DELIGHT** £15.95
Grilled king prawn served with corn sauce and lemon rice
- KARELLA STYLE BLACK TIGER PRAWNS (Eating in only)** £15.95
In a traditional south indian sauce with dijon, curry leaves, garlic and coconut cream, served with saffron rice.

WOOD FRIED TANDOORI DISHES

- PANEER SHASLIK Nu**..... £8.95
Cubes of cottage cheese with a spiced coating and char-grilled with peppers then drizzled with a cashew nut and basil sauce
- TANDOORI MIX GRILL** £12.95
Lamb chops, tandoori chicken, Reshmin kebab & lamb kebab
- TANDOORI KING PRAWN** £14.95
King prawn with various spices cooked in clay oven
- CHICKEN / LAMB TIKKA (Boneless)** £8.95 / £9.95
- CHICKEN / LAMB SHASLIK (Boneless)** £9.25 / £10.25
- TANDOORI CHICKEN (On the bone)** £9.95

TRADITIONAL DISHES

- KORMA** Cooked with coconut creamy sauce (very mild)
- PASSANDA Nu** Delicately flavoured sauce in yogurt, almonds & red wine (mild)
- KASHMIRI** Cooked with mixed fruit cocktail (mild)
- CURRY** Curry (med), madras (hot), vindaloo (very hot)
- BALTI** Medilm spice cooked with a special balti sauce (medium spice)
- BHUNA** Cooked with onion, tomatoes & fresh herb (medium spice)
- JAIFREZI** Cooked with onion & peppers with green chillis (fairly hot)
- SAAG** Cooked with spinach, garlic & herbs (medium spice)
- KARAI** Cooked with onion and pepper (medium spice)
- PATHIA** Cooked with onion, garlic & fresh lemon juice sweet & sour (fairly hot)
- DANSAK** Cooked with lentils sweet sour (fairly hot)
- DUPIAZA** Cooked with onions (medium sauce)
- ROGHAN JOSH** Cooked with tomatoes (medium sauce)

Above dishes available with

- VEGETABLE V** £6.95
- CHICKEN** £7.95
- LAMB** £8.95
- PRAWN** £8.95
- KING PRAWN** £12.95
- DUCK** £12.95
- CHICKEN / LAMB TIKKA** £8.95
- CHICKEN / LAMB / TIKKA MASALA** £8.95 / £9.95
Marinated & grilled chicken / lamb cooked in a yogurt, fresh cream & a tandoori sauce
- DUCK TIKKA MASALA** £12.95
Marinated & grilled duck cooked in a yogurt fresh cream and a tandoori sauce

V = Vegetarian N = Nepalese Nu = Nuts Gu = Gluten

All Pictures shown are for illustration purpose only

BRIYANI DISHES

Briyani dishes are cooked with basmati rice complimented with mixed vegetable curry sauce (cucumber chutney)

VEGETABLE (V)	£8.95
CHICKEN	£9.95
CHICKEN TIKKA	£10.95
LAMB	£9.95
PRAWN	£9.95
KING PRAWN	£12.95



VEGETABLE SIDE DISHES (V)

GARLIC SPICED SPINACH	£4.25
Fresh spinach cooked with roasted garlic and onion	
PALAK PANEER	£4.25
Fresh spinach stir fried with garlic, cumin & homemade paneer, finished with cream	
KADHAI PANEER	£4.25
Home cooked paneer cooked with kadhai masala with onion and peppers	
DAL MAKHANI	£4.25
A black lentil delicacy simmered overnight with fresh tomato puree, garlic, ginger finished with cream and butter	
YELLOW LENTILS	£4.25
Yellow lentils simmered with ginger, garlic, tomato, green chillies and finished with fresh coriander	
JAIPUR CRISPY OKRA	£4.25
Cooked with carom seed, tomatoes & garlic	
MUMBAI STYLE POTATOES	£4.25
Baby potatoes cooked with tomato & gravy	
CHANNA MASALA	£4.25
Chickpeas gently cooked & simmered in curry sauce and mango powder	
MUSHROOM BHAJI	£4.25
Button mushrooms cooked with tomato & onion	
ALOO GOBI	£4.25
Cauliflower florets and potatoes tossed with cumin and turmeric	
SAAG ALOO Spinach & potato	£4.25

ACCOMPANIMENTS

STEAMED BASMATI RICE	£2.50
SAFFRON FLAVOURED PILAU FRIED RICE	£3.25
DARJEELING STYLE EGG FRIED RICE	£3.25
MUSHROOM RICE	£3.25
GARLIC FRIED RICE	£3.20
COCONUT RICE	£3.25
SPECIAL FRIED RICE	£3.50
KEEMA RICE	£3.50
CHIPS	£2.50
RAITA; CUCUMER, TOMATO & MINT YOGURT	£2.50
GREEN SALAD	£3.50
PAPADUMS Plain or Spicy	Each £0.75
HOME MADE CHUTNEY TRAY	Per Person £0.75

BREADS

PLAIN NAAN	£2.50
GARLIC AND CORIANDER NAAN	£2.95
PESHAWAR NAN WITH MANGO AND COCONUTS	£3.25
CHEESE AND CHILLI NAN	£3.25
KEEMA NAN	£3.25
VEGETABLE AND SHALLOTS FILLED NAN	£3.25
TANDOORI ROTI (Wholemeal bread)	£2.50
CHAPATI (Wholemeal bread)	£1.95
PARATHA	£2.50
VEGETABLE STUFFED PARATHA	£3.25



FOOD ALLERGY NOTICE

Please be advised that food prepared here may contain this ingredients: Milk, egg, wheat, soya, peanuts, nuts, fish and shellfish

SUNDAY BUFFET

(1 pm - 4.30pm)
Selection of Starters, Main Course, Vegetables, Rice, Naan, Salad & Desserts

£9.95 Adult £5.95 Children

SET MEAL

(NO DISCOUNT ON SET MEALS)

SET MEAL FOR 2 – £26.00

2 Papadoms, Pickle Tray

(Starter)

Onion Bhaji, Chicken Tikka

(Main Course)

Chicken Rogon Josh, Chicken Tikka Masala, Sag Aloo, 2 Saffron Pilau Rice, Plain Nan

SET MEAL FOR 4 – £48.00

4 Papadoms, Pickle Tray

(Starter)

2 Onion Bhaji, Chicken Tikka, Lamb Tikka

(Main Course)

Chicken Tikka Masala, Nepalese Lamb Curry Prawn Bhuna, Chicken Karai, Bombay Aloo, Tarka Dal, 4 Saffron Pilau Rice, 2 Plain Naan

EARLY OFFER

Sunday- Thursday before 7.30pm

ONE COURSE MEAL - £8.95

Main Course & Rice or Nan Bread

TWO COURSE MEAL- £10.95

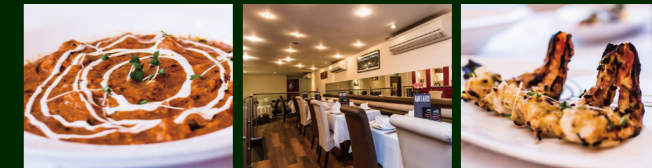
Stater, Main Course & Rice or Naan Bread

THREE COURSE MEAL-11.95

Stater, Main & Rice or Naan Bread & Dessert or Coffee

Avatar Dining

Nepalese & Indian Cuisine



DELIVERY SERVICE AVAILABLE

SUNDAY- THURSDAY

Minimum order £20.00 (within 3 miles)

10% DISCOUNT ON COLLECTION

WEDNESDAY BANQUET NIGHT

3 COURSE MEAL FOR £12.95 only

(Just Choose from our A La Carte menu)

OPEN 6 DAYS A WEEK

SUN:	1.00 PM - 10.00 PM
TUE - THU:	5.00 PM - 11.00 PM
FRI & SAT:	5.00 PM - 11.30 PM

Large car park available rear of restaurant

We arrange for indoor and outdoor catering
Please give us ring or email us if you have any queries

Tel: 01858 462752 /410488

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