



## About the founder of Ace Children's Occupational Therapy Ltd

Alison Cairns qualified in 1989 & has a background in Neurology & physical disabilities. She has worked as an HCPC registered Occupational Therapist with children since 1998. Alison founded Ace Children's OT in 2012 and currently sees children in Independent Private Practice, but also works within educational establishments. The children have a wide range of conditions and she specialises in Autistic Spectrum Conditions.

Within the portfolio of services, Alison delivers training within school environments and is proud to be associated with the "Foundations Teaching School Alliance" in Hampshire.

**Alison Cairns Dip COT, BSc (Hons), Member of SI Network, BAOT, CYPF and COTSS-IP**



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## About Ace Children's Occupational Therapy Ltd.

We are a group of highly specialised Paediatric Occupational Therapists covering Hampshire, Berkshire, Sussex & Surrey (including Newbury, Reading, Chichester, Petersfield, Basingstoke, Farnborough, Guildford, and Farnham). Recently, we have started covering Greater London.

All OT's are HCPC registered and carry full insurance. We provide **assessment and treatment** of children with developmental, neurological, and chromosomal disorders, including:

- **Autistic spectrum conditions (ASC)**
- **Downs Syndrome**
- **ADHD / ADD**
- **Developmental Coordination Disorder (DCD)**
- **Dyspraxia**
- **Sensory Processing Disorders**
- **Physical Difficulties eg Cerebral Palsy**
- **Learning Difficulties**

The Founder, Alison Cairns, is supplemented by a team of highly specialised Paediatric OT practitioners. The team are all accredited Sensory Integration practitioners, with both Alison and one other OT being trained to an Advanced Practitioner level. This OT also holds Bobath accreditation.

The team also deliver assessments for seating and home adaptation.

## What is a Paediatric OT?

A Paediatric or Children's Occupational Therapist assesses the child's motor and sensory needs and provides fun, educational, and play based therapy to help the

child reach their maximum potential. We see children aged 0-19 years. Our OT's are all highly experienced Paediatric OT practitioners.

You can **refer directly** to arrange an assessment or for treatment for your child's needs. Generally we are able to carry out an initial assessment within 2-4 weeks of the referral.

## What is Sensory Integration?

Sensory Integration is relating to the way a child is able to assimilate information from the world around them, organise it, and interpret it. From this point the child can then use the information to:

- **play**
- **communicate**
- **learn**

This can involve learning how to:

- **use their body**
- **pay attention**
- **be successful within social situations**

Using skills and knowledge from neuro-developmental theories, the Occupational Therapist helps the child develop these skills where they have disorders affecting their sensory and motor systems enabling them working towards **achieving their full potential**. Our OT's are trained in Sensory Integration Theory and Practice.

## Services Provided

### Assessment

An assessment will usually cover the activities most relevant to the child's age and development. It normally includes:

- **Drawing and/or handwriting**
- **Fine motor skills including tools use**
- **Gross motor skills**
- **Sensory processing**
- **Visual perception**
- **Self-care and activities of daily living tasks relevant to age**

**Ace Children's Occupational Therapy** aims to support the child and family through appropriate assessment and interventions. An assessment will usually last for 1.5 hours. All assessments are carried out in a child friendly way where the child is mostly engaged relevant to their age, needs, and developmental levels; for example home, pre-school or college. A **detailed written report** is produced with recommendations in all cases. More detailed assessments can be undertaken **for tribunals and Educational Health and Social Care plan applications**.

### Treatment

We can undertake treatment sessions within the school, home or clinic environment. Typically we work on a half-termly or termly basis, working with written objectives to evidence outcomes. We can carry out **reviews, transitional visits and attend meetings** to support the child and family. Treatment sessions can be weekly, fortnightly or monthly.

We also supply **parent advice sessions and training** undertaken for individuals, groups, schools, and other organisations.



### Further Information

To contact us for **no obligation advice** please contact us using the information shown overleaf