



ego
mediterranean

LUNCH RAPIDO

Sicily, Italy

REGIONE SICILIANA

LUNCH RAPIDO

SALMON & DILL FISHCAKES

Poached salmon, potato & dill cakes with skin-on fries,
lemon mayonnaise & rocket

STEAK & ALE PIE

Shortcrust pastry topped ale braised beef & mushrooms,
hand cut chips & seasonal vegetables

TRADITIONAL FISH & CHIPS

Fresh beer battered cod loin, hand cut chips, minted pea purée & tartare sauce

GREEK CHICKEN WRAP

Spiced pan fried chicken with fattouche salad, tzatziki, rocket & skin-on fries

GOAT'S CHEESE & ROASTED VEGETABLE WRAP (v)

Roasted Mediterranean vegetables & goat's cheese with aioli,
rocket & skin-on fries

MOROCCAN LAMB WRAP

Spiced lamb köfte with fattouche salad, tzatziki, rocket & skin-on fries

STEAK FRITES

4oz prime rump with garlic butter, grilled vine plum tomato,
rocket & skin-on fries

KING PRAWN & CHILLI LINGUINE

King prawns pan fried with garlic & red chilli, tossed with linguine & fresh rocket

SPAGHETTI CARBONARA

Spaghetti tossed with pan fried pancetta, cream & Grana Padano

MINTED PEA & ASPARAGUS RISOTTO (v)

Arborio rice with minted pea purée, petits pois, asparagus, cream & chives

GREEK SALAD (v)

Cherry tomatoes, Kalamata olives, cucumber, red onion,
peppers, oregano, feta & house vinaigrette

DRINKS

275ml Kronenbourg 1664

125ml Marche Bianco / Rosso

125ml Bobal Rosado

Coke Zero / Diet Coke / Lemonade

330ml Still / Sparkling water

MAIN COURSE & DRINK £9.95

UPGRADE YOUR DRINK

DRAUGHT PINT £1.50

GLASS OF PROSECCO OR 250ML WINE £2.00

MONDAY TO SATURDAY UNTIL 4PM

(v) suitable for vegetarians