

AVOCADO

BREAKFAST

MAKING SUPER FOODS SUPER TASTY

Eggs, Steak & Spinach£4.49

[Champions Classic]

Low carb, high protein
what's not to love.

Poached egg & crushed£3.95 **avocado wholegrain bagel**

New York whole grain bagel
[EMPIRE], served with crushed
avocado and a delicious poached
egg with parsley.

Super Whole grain£1.99 **rolled oats**

Whole grain Oats with crushed
nuts and a mix of dried & fresh super
fruits with almond milk.

Breakfast Super shakes£2.99

Strawberry/Chocolate whey protein,
Blueberries, Goji berries,
milled flaxseed, almonds,
brazil nuts, walnuts & Co-Enzyme Q10
[vegan protein option]
with a choice of 50gs blended oats.





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www.AvocadoHealthBar.co.uk

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