

# Herts Healthy Homes

A free information and support service  
that helps you to stay healthy and safe  
in your own home



Hertfordshire County Council, the NHS (Herts Valleys and East & North Herts Clinical Commissioning Groups) and Hertfordshire's Public Health are working in partnership with the 10 district councils and the voluntary sector.

supported by



# Herts Healthy Homes can help you stay well throughout the year by providing support with:



A home visit to give advice and practical support to help you stay well and active



Advice on paying your bills and budgeting



Draught proofing/emergency heaters



Fire safety and home security checks

**If you, or someone you know, needs help or support to stay healthy and well at home call HertsHelp on **0300 123 4044** and quote **HOME1****

(local rate, calls cost no more than a national rate call to a 01 or 02 number) Mon - Fri 8am to 6pm

Visit [www.hertsdirect.org/hertshelp](http://www.hertsdirect.org/hertshelp)  
Email [info@hertshelp.net](mailto:info@hertshelp.net)

