

Work and Wellbeing Day



Friday 26 April 2024

10:00am – 4:00pm

Sovereign Harbour Community Centre

Pevensey Bay Road

EASTBOURNE BN23 6JH

FREE entry

WayfinderWoman are proud to present their third
Work and Wellbeing Day.

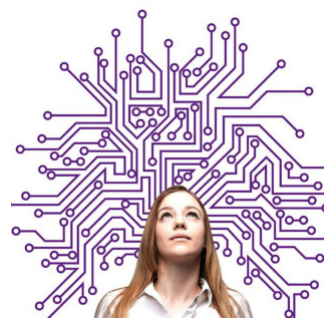
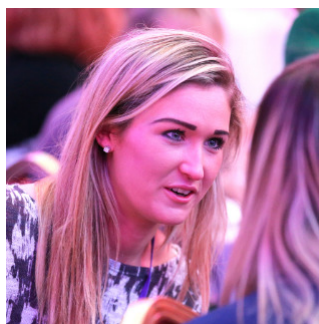
This woman's run charity helps build women's confidence and skills so they can stand tall and transform their lives.

Open to all, our 2024 event will be bigger and better than before. We're taking over the whole of the Sovereign Harbour Community Centre, based at the Innovation Park, Eastbourne opposite The Crumbles retail park. There's plenty of parking and the venue is fully accessible.

Wellbeing Hall We've gathered a range of entrepreneurs displaying wellbeing goods and services in the main hall ranging from candles and crystals to fitness and hands-on reiki or massage. Make sure you bring plenty of cash, cash is king for our entrepreneurs, as there'll be lots of goodies you'll want to buy to treat yourself, or a friend.

Employer Hall Want to meet prospective employers or get job advice? That's in the Centre too.

Speaker Hall Interested, or maybe concerned about how AI and tech will impact lives or jobs in the future? Then come and listen to eminent speakers talking about the pros and cons of technology.



Entry is free and there'll be light refreshments available in the café as well as a grand draw with wonderful prizes.

For any queries
email: info@wayfinderwoman.com or phone: 01323 886171.
www.wayfinderwoman.com