



# First Aid Requirements Report



Dear Diana,

Thank you for using our First Aid Requirements Calculator. As you know, having the correct first aid provision in the workplace is not only a legal requirement, it is incredibly important for the safety of you and your employees. We are therefore delighted to provide you with a breakdown of the first aid requirements for your company.

## **Ailgynnau Consulting Ltd (thebestof)**

Based on the information provided we recommend that you have the following provision in your workplace:

#### **Area 1 - Main Office**



#### 2 First Aiders trained in First Aid at Work

Recommended qualification: QA Level 3 Award in First Aid at Work (QCF).

This higher level of training is recommended as this area is remote from Emergency Medical Services. As per HSE advice, this includes 1 additional First Aider to cover foreseeable absences such as annual leave.

1 small size BS8599-1 First Aid Kit



# **Maynard Training Services Ltd**



#### Area 2 - Sales Office



#### 2 First Aiders trained in First Aid at Work

Recommended qualification: QA Level 3 Award in First Aid at Work (QCF).

This higher level of training is recommended as this area is remote from Emergency Medical Services. As per HSE advice, this includes 1 additional First Aider to cover foreseeable absences such as annual leave.

1 small size BS8599-1 First Aid Kit

#### **Additional Considerations**



#### **Annual Refresher Training**

It is an employer's duty to ensure that their first aiders remain competent to perform their role. One of the simplest ways to make sure that your first aiders maintain their skills is to provide them with refresher training on an annual basis. This not only helps them to remain confident and knowledgeable in their role, it also guarantees that they are kept up-to-date with any changes to first aid procedures.



#### Remote, Lone or Travelling Workers

You should consider providing a personal first aid kit and basic first aid training for all employees that work remotely, travel frequently, or work alone. It is also recommended that these employees should have access to a mobile phone or another method of communication for emergency situations.



#### **Automated External Defibrillators**

It is strongly recommended that employers consider providing an Automated External Defibrillator (AED) in their workplace. This is because the use of an AED dramatically increases the chance of survival for casualties in cardiac arrest. Currently, only **1 in 20** people survive a cardiac arrest, however, this figure rises significantly to **15 in 20** people when an AED is used during resuscitation.

This is a particularly significant for your workplace as you have identified the following issue(s):

- You identified that one or more of the people in your workplace suffers from heart problems.
- One or more areas of your workplace are remote from medical services.

#### **New First Aid Training Guidelines**



On 1st October 2013 the HSE introduced new regulations that require employers to carry out due diligence (investigations) on their first aid training provider in order to ensure that the training meets the necessary standards. However, as an employer you do not need to undertake any due diligence if your first aiders undertake **regulated first aid qualifications**. This is because regulated qualifications are accredited by an Awarding Organisation, which means that both the training provider and the qualifications have already been verified as meeting the required standards.

Maynard Training Services Ltd are accredited by leading Awarding Organisation Qualsafe Awards and are proud to offer **regulated first aid qualifications**. This means that you can book with us and rest assured that you have fulfilled your legal responsibilities for providing quality first aid training without having to undertake any due diligence.





Centre No.: 0905159

# **Book Today!**

To make sure that you have the correct first aid provision in your workplace, simply call 01267 235441 or visit www.maynardtrainingservices.com today. Alternatively, if you would like any further information or guidance, please contact us and we will be delighted to help.

Kind regards

#### **Maynard Training Services Ltd**



Please remember that it is important to review your First Aid requirements periodically (usually at least annually) or when circumstances change.





Centre No.: 0905159

# First Aid Requirements Calculator Submitted Information

Area 2 Office Lower Hazard Warehouse Higher Hazard Area 2

Please find below the information that you submitted in order for us to calculate your first aid requirements:

#### **Area 1 - Main Office**

Risk Level: Low

Number of Employees: 3 Number of Non-employees: 0

Number of shifts (including flexitime and out-of-hours working patterns) operating in this area: 0

Children or babies are not likely to be present in this area. This area is remote from Emergency Medical Services.

#### Possible workplace risks associated with this area:

- X Manual handling
- ✓ Slip and trip hazards
- X Machinery
- X Working at heights
- X Workplace transport
- X Electricity
- X Chemicals

- ✓ Fractures
- ✓ Sprains or strains
- X Spinal injuries
- X Chest injuries
- X Severe burns and scalds
- X Eye injuries
- Poisoning

#### Possible health problems that could occur within this area:

- X Asthma ✓ Anaphylaxis (allergic reaction)
- ✓ Heart problems X Epilepsy
- X Diabetes ✓ Stroke

#### Additional risks that people in this area may be exposed to:

- Confined spaces X The outdoor environment
- X Hydrofluoric acid X Extremes of heat and cold
- X Hydrogen cyanide X Open water/swimming pools



# QUALSAFE AWARDS REGISTERED CENTRE

Centre No.: 0905159

# **Maynard Training Services Ltd**

#### Area 2 - Sales Office

Risk Level: Low

Number of Employees: 2 Number of Non-employees: 1

Number of shifts (including flexitime and out-of-hours working patterns) operating in this area: 0

Children or babies **are not** likely to be present in this area.

This area is remote from Emergency Medical Services.



#### Possible workplace risks associated with this area:

X Manual handling
X Fractures

X Slip and trip hazardsX Sprains or strainsX MachineryX Spinal injuries

Working at heights
X Chest injuries

X Workplace transport
X Severe burns and scalds

X ElectricityX ChemicalsX Eye injuriesX Poisoning

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#### Possible health problems that could occur within this area:

✗ Asthma
✓ Anaphylaxis (allergic reaction)

✓ Heart problems✓ Stroke✗ Epilepsy✗ Diabetes

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#### Additional risks that people in this area may be exposed to:

X Confined spaces
X Hydrofluoric acid
X Hydrogen cyanide
X The outdoor environment
X Extremes of heat and cold
X Open water/swimming pools

#### **Additional Information**



#### Working arrangements may include:

✓ Frequent Travel
 ✓ Lone Working

✓ Remote Working

Please note that it is the employer's responsibility to ensure that their workplace meets with all current legal requirements. These recommendations are based on the information that you have provided and should be used as guidance. Please note that there may be other risks present that have not been identified and there may be other legal requirements that you need to consider. If you are in any doubt please refer to The Health and Safety (First-Aid) Regulations 1981.